Dear Incoming Bobcat,

If you have a history of ADD or ADHD (attention deficit/hyperactivity disorder), please review and understand the following before coming to campus. In order to help provide the most appropriate care for you after your arrival in Athens, we want to alert you to our care management guidelines for students with this diagnosis. Please consider the following two options to determine the appropriate course of action:

A. **You have not been previously diagnosed with ADD/ADHD** by a physician, psychologist, or other qualified health care professional.
   - You must be evaluated before medications will be considered. This evaluation includes comprehensive testing and assessment by trained professionals and is called “neuropsychological testing.” This evaluation can be done at the Ohio University Psychology and Social Work Clinic or elsewhere. Generally, such an evaluation is not covered by health insurance. We advise checking with your insurance company to see if your plan covers assessment for ADD/ADHD. Testing for ADD/ADHD typically takes several visits.

B. **You have been previously diagnosed with ADD/ADHD** by a physician, psychologist, or other qualified health care professional.
   - You must provide documentation of the diagnosis from the clinician who made the diagnosis; however, outside documentation alone may not necessarily be considered diagnostic. Minimally, documentation must be on letterhead that is dated, typed, and signed by a physician, psychologist, or other qualified health care provider. **Supporting documentation from a family member alone is insufficient.**
   - **Documentation requirements:**
     - Must be in the form of an evaluation, treatment summary, and/or (neuro) psychological assessment supporting the diagnosis. Progress notes alone are not sufficient. The diagnostic report should, where appropriate, include:
       - History of onset of the diagnosis
       - Methodologies used to determine the diagnosis
       - Assessment of possible comorbid diagnoses including learning disorders, mood disorders, anxiety disorders
       - Observer information from parents/adults documenting past and current symptoms in two or more settings
       - Diagnostic statement
       - If medications have been prescribed, a record of this must also be provided
       - Description of the current functional limitations of the disabling condition as they relate to the major life activities affected by the diagnosis
       - Suggested accommodations
   - If documentation is insufficient to support the services requested, you must complete neuropsychological testing. This evaluation includes comprehensive testing and assessment by trained professionals. This evaluation can be done at the Ohio University Psychology and Social Work Clinic or elsewhere. Generally, such an evaluation is not covered by health insurance. We
advise checking with your insurance company to see if your plan covers assessment for ADHD. Testing for ADHD typically takes several visits, and there is often a waiting period of several weeks for an appointment. **Please plan accordingly.**

**Medication Treatment**

If prescription medication is going to be prescribed by a Campus Care provider based on documentation of an ADD/ADHD diagnosis or based on the results of an evaluation that includes testing and assessment, you will be scheduled with a physician in our Family Practice Clinic. As a part of your care, you must sign the “Controlled Substance Agreement.” This can be reviewed and signed at the time of your first visit with the Campus Care physician. The purpose of this agreement is to assure compliance with all applicable state and federal laws regarding controlled medications and to prevent misunderstandings about certain medications. Lost or stolen medications will not be replaced. Periodic urine drug screening may occur. Students who are prescribed stimulants cannot be using marijuana or other illegal drugs. Medications for ADD/ADHD are potentially lethal. Giving or selling medications to others is against the law and strictly forbidden. Campus Quick Care medical providers will not prescribe or refill any medications for ADD/ADHD. This can only be done with a provider in our second floor Family Practice Clinic. Again, please plan accordingly and contact our office for an appointment at a minimum of two weeks before needing a refill.

**Requesting Classroom Accommodations**

Students with ADD/ADHD should register with Ohio University’s Student Accessibility Services if they will need accommodations. They will require you to submit supporting documentation that has been completed by a qualified health care professional and an additional form outlining the specific accommodations requested. They can also connect students with several on-campus resources for improving test-taking, note-taking, study-skills and attention management. Visit the Student Accessibility Services website at [https://www.ohio.edu/uc/sas/contact.cfm](https://www.ohio.edu/uc/sas/contact.cfm) for additional information.

We look forward to meeting you and wish you the best in your upcoming studies at Ohio University!

Sincerely,

Physicians and Nurse Practitioners of Ohio University Campus Care