

Seven Word Life Motto

The Seven Word Life Motto is a statement that describes how you want to live your life every day.

Why Life Motto? (from dictionary.com):

- A motto is (1) a maxim adopted as an expression of the guiding principles of a person, and (2) a sentence or phrase expressing the spirit or purpose of a person.

Why seven words?

- In numerology circles, the number “7” is seen as being spiritual, reflective, introspective, and possessing wisdom and completeness.

“Your Life Motto is the engine that drives and directs your life.” - Bill Johnson

PRINCIPLES

Your principles guide actions and decisions, identify what's most important, the things that drive you, that move you. Place a check next to or circle all of the words that resonate with you the most.

Note: If there are words that are not listed that are important to you, add them to your list.

Achievement	Service	Innovation	Leisure	Justice
Accomplishment	Environment	Spirituality	Honesty	Security
Responsibility	Nature	Religion	Trust	Wealth
Promotion	Competition	Excellence	Integrity	Respect
Hope	Leisure	Faith	Self-Help	Money
Independence	Creativity	Persistence	Humor	Love
Beauty	Self-Expression	Competence	Leadership	Curiosity
Balance	Fairness	Family	Learning	Authenticity
Courage	Equality	Loyalty	Compassion	Forgiveness
Power	Control	Friends	Gratitude	Safety
Stability	Diversity	Harmony	Health	Soul
Risk	Happiness	Inner	Exercise	
Challenge	Adventure	Peace	Wisdom	
Helping Others	Humility	Recreation	Recognition	
Travel	Fun	Education	Fame	

STRENGTHS

Your strengths are the things you're good at, the things that people say you do well, things that you do that are natural and come really easy for you. Place a check next to or circle all of the words that resonate with you the most. *Note: If there are words that are not listed that are important to you, add them to your list.*

Accurate	Courageous	Futuristic	Love	Self-Assured
Achievement	Creative	Generous	Observant	Self-Control
Action-Oriented	Dedicated	Harmony	Open-Minded	Spontaneous
Adaptable	Curious/Inquisitive	Honest	Optimistic/Positive	Straightforward
Adventurous	Determined	Humorous	Organized	Strategic
Ambitious	Disciplined	Idealistic	Patient	Tactful
Analytical	Empathy	Independent	Perseverance	Team-Oriented
Appreciative	Energetic	Work Well w/ Others	Persuasive	Thoughtful
Authentic/Genuine	Enthusiastic	Intelligent	Playful	Trustworthy
Caring	Excellence	Inspiring	Practical	Versatile
Cautious	Fair	Introspective	Predictable	Warm
Communication	Flexible	Leadership	Problem-Solver	Wisdom
Competitive	Focused	Learning	Recognition	
Considerate	Forgiving	Lively	Respectful	
Consistent	Friendly	Logical	Responsible	

INSPIRATION

Inspiration words are words that motivate you, words that excite you, words that may be used to describe you, words that make you feel great. Place a check next to or circle all of the words that resonate with you the most. *Note: If there are words that are not listed that are important to you, add them to your list.*

Achieve	Dream	Empower	Patience	Strong
Appreciate	Wish	Imagine	Rewarding	Great
Refreshing	Embrace	Courage	Vision	Thrive
Exciting	Laugh	Inspire	Play	Generous
Holistic	Explore	Love	Meaningful	Alive Brilliant
Believe	Worthy	Lead	Reflect	Delicious
Magic	Delightful	Live	Relax	Grand
Outstanding	Best	Success	Unique	Outrageous
Peaceful	Beautiful	Amazing	Renew	Paradise
Interesting	Freedom	Joy	Fun	Precious
Satisfied	Grow	Special	Strive	Special
Create	Fulfilling	Service	Smile	Timeless
Cherish	Possible	Hope	Treasure	Wow
Wise	Happy	Pleasure	Transform	Wonder
Discover	Heavenly	Passion	Natural	

LIFE MOTTO TABLE

LIMIT YOUR CHOICE OF WORDS UP TO FIVE FOR EACH CATEGORY

As you receive the answers for your principles, your strengths, and your words of inspiration, narrow down your choice for words for each category to five words and put them in the appropriate boxes in the table below. Make sure to choose the words that stick out and resonates the most with you.

Principles (5)	Strengths (5)	Inspiration (5)
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CONSTRUCTING YOUR LIFE MOTTO

Your Life Motto is the story of your present and future. It must be EXACTLY seven (7) words - no more, no less. Remember that your life motto described how you want to live your life every day, starting today. Your Seven-Word Life Motto can be:

- One statement
- A series of statements
- Seven individual words
- Or any combination of statements and/or words that work best for you. If you aren't sure what to write, ask for help in constructing your motto.

Bill's Life Motto:

How I live my life every day:

Dream Big. Live with Purpose. Inspire Others.

How I serve others in my work:

Achieving more than one ever thought possible!

Life Motto Examples:

- Weaknesses are just your few strengths unconquered.
- Lead others, serve others, and maintain integrity.
- Be lovely, be loyal, and live enchantingly.
- God has your back, just keep faith.
- Remain receptive. Let faith be your guide.
- Today makes you who you are tomorrow.
- Appreciate Life. Maintain health. Remember to play.
- Be happy. Be strong. Be free. Always.
- Discover daily. Lead with integrity, optimism, love.
- Live every day like it's my last.
- Magic is something I create every day.

Use the space below to write your Seven Word Life Motto:

After you finish your Seven-Word Life Motto, how does it make you feel when you read it and say it—in one word? Write it below.