BOBCATS WHO CARE IMPACT REPORT

2019

REACH
PARTICIPANT FEEDBACK
ADDITIONAL IMPACT
INTRO

Beginning in March and continuing through May 2019, 92 Ohio University faculty and staff across Athens and regional campuses participated in Bobcats Who Care gatekeeper training. Sponsored by the Ross Griffin Memorial Foundation, the trainings aim to increase knowledge and skill related to crisis intervention and suicide prevention.

Participants ranged from Graduate College staff to faculty in business and health to academic advisors and library staff, among others.

PARTICIPANT FEEDBACK

<table>
<thead>
<tr>
<th>PROMPT</th>
<th>AVG. PRE</th>
<th>AVG. POST</th>
<th>AVG. CHANGE</th>
<th>% IMPROVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>I AM AWARE OF VARIOUS RISK FACTORS RELATED TO SUICIDE</td>
<td>5.5</td>
<td>9</td>
<td>3.5</td>
<td>90%</td>
</tr>
<tr>
<td>I KNOW HOW TO ASK SOMEONE IF THEY ARE THINKING ABOUT SUICIDE</td>
<td>4</td>
<td>9</td>
<td>5</td>
<td>93%</td>
</tr>
<tr>
<td>I FEEL COMFORTABLE ATTEMPTING TO EMOTIONALLY CONNECT WITH STUDENTS IN CRISIS</td>
<td>6</td>
<td>8.5</td>
<td>2.5</td>
<td>84%</td>
</tr>
<tr>
<td>I AM FAMILIAR WITH THE AVAILABLE REFERRAL RESOURCES FOR DISTRESSED STUDENTS</td>
<td>6</td>
<td>9.5</td>
<td>3.5</td>
<td>85%</td>
</tr>
<tr>
<td>I FEEL ABLE TO ASSIST DISTRESSED STUDENTS IN ACCESSING AVAILABLE REFERRAL RESOURCES</td>
<td>6</td>
<td>9</td>
<td>3</td>
<td>84%</td>
</tr>
</tbody>
</table>

The table above represents data gathered following the trainings. Of the 92 participants, there were 86 completed and usable pre- and post-tests from which data is drawn. Each of these questions is asked on a 10-point scale in which 1 = "not at all true" and 10 = "very true."

“INCREASINGLY HELPFUL! I FEEL PREPARED TO IDENTIFY WARNING SIGNS AND HELP SOMEONE AT RISK. THANK YOU TO THE ROSS GRIFFIN MEMORIAL FOUNDATION!”

“THE TRAINING WAS VERY BENEFICIAL FOR MY UNDERSTANDING OF SUICIDE AND WAYS I CAN BE EFFECTIVE TO PREVENT IT.”

“I THINK IT IS EXCEPTIONALLY USEFUL TO WORK TO DESTIGMATIZE SUICIDE AND SUICIDAL BEHAVIORS.”

“This training helped me focus on ways I can assist students in crisis. It is so important, and I appreciate the opportunity to do the training.”
ADDITIONAL IMPACT

Several participants were so impacted by the training, they successfully lobbied their department to request a training for all staff in their department. A total of eight (and counting) additional trainings have been requested, scheduled and/or held since the first round of trainings was completed. Each training requires a minimum of 10 participants. While these additional trainings were not directly funded by the Ross Griffin Memorial Foundation, they would not have taken place without the support for the first round of trainings.

“I THINK THE ROLE-PLAY WAS INCREDIBLE. IT PERFECTLY SHOWED THE CHALLENGES THAT GO ALONG WITH THESE QUESTIONS AND CONVERSATIONS.”

“I FEEL MUCH BETTER PREPARED TO HELP STUDENTS IN CRISIS.”

92 FACULTY/STAFF IMPACTED directly in initial trainings

84–90% AVERAGE IMPROVEMENT in preparedness based on survey responses

8+ ADDITIONAL TRAININGS INSPIRED impacting at least 80 more participants