



OHIO
UNIVERSITY

Division of Student Affairs

Counseling and Psychological Services
Hudson Health Center 3rd Floor
1 Ohio University Drive
Athens OH 45701-2979

T: 740-593-1616
F: 740-593-0091
www.ohio.edu/counseling

Emergencies/Crisis

- Your counselor will need to know the location/address in which you will consistently be during counseling sessions and will need to know if this location changes.
- Your CPS provider and you will develop a plan that you will follow in the event of an emergency that includes at least one emergency contact, your local crisis hotline telephone number, and your local emergency mental health telephone number. Your provider will have access to these numbers, as well.
- Emergency Contact Plan includes:
 - Emergency contact name, phone number, and address
 - Client's phone number and current address, including county
 - Contact information for local law enforcement
 - Contact information for mental health crisis service providers operating in client's county of residence
- When you are in an emergency or experiencing a crisis, you **should not** try to contact your provider via Telehealth. Your provider may not check their messages outside the scheduled appointments.
- In an Emergency, immediately call 911 or the National Suicide Hotline at 1-800-784-2433 or utilize the emergency plan you and your provider developed.
- During after-hours you may also call CPS afterhours emergency number (740-593-1616) and press 1 to speak with a counselor. You may also seek help from a local hospital or local suicide hotlines.