

## Coping Clinic Schedule Fall 2020

<b>Coping Clinic Schedule Fall 2020</b>	
<b>Date</b>	<b>Topic</b>
Monday, September 14, 2020	Open Discussion
Tuesday, September 15, 2020	Managing Uncertainty & Anxiety
Wednesday, September 16, 2020	Coping with Loneliness & Isolation
Thursday, September 17, 2020	Setting Yourself Up For Academic Success
Monday, September 21, 2020	Setting Yourself Up For Academic Success
Tuesday, September 22, 2020	Open Discussion
Wednesday, September 23, 2020	Managing Uncertainty & Anxiety
Thursday, September 24, 2020	Coping with Loneliness & Isolation
Monday, September 28, 2020	Coping with Loneliness & Isolation
Tuesday, September 29, 2020	Setting Yourself Up For Academic Success
Wednesday, September 30, 2020	Open Discussion
Thursday, October 1, 2020	Managing Uncertainty & Anxiety
Monday, October 5, 2020	Managing Uncertainty & Anxiety
Tuesday, October 6, 2020	Coping with Loneliness & Isolation
Wednesday, October 7, 2020	Setting Yourself Up For Academic Success
Thursday, October 8, 2020	Open Discussion
Monday, October 12, 2020	Open Discussion
Tuesday, October 13, 2020	Managing Uncertainty & Anxiety
Wednesday, October 14, 2020	Coping with Loneliness & Isolation
Thursday, October 15, 2020	Setting Yourself Up For Academic Success
Monday, October 19, 2020	Setting Yourself Up For Academic Success
Tuesday, October 20, 2020	Open Discussion
Wednesday, October 21, 2020	Managing Uncertainty & Anxiety
Thursday, October 22, 2020	Coping with Loneliness & Isolation
Monday, October 26, 2020	Coping with Loneliness & Isolation
Tuesday, October 27, 2020	Setting Yourself Up For Academic Success
Wednesday, October 28, 2020	Open Discussion
Thursday, October 29, 2020	Managing Uncertainty & Anxiety
Monday, November 2, 2020	Managing Uncertainty & Anxiety
Tuesday, November 3, 2020	Coping with Loneliness & Isolation

Wednesday, November 4, 2020	Setting Yourself Up For Academic Success
Thursday, November 5, 2020	Open Discussion
Monday, November 9, 2020	Open Discussion
Tuesday, November 10, 2020	Managing Uncertainty & Anxiety
Wednesday, November 11, 2020	<b>No Coping Clinic - Veteran's Day</b>
Thursday, November 12, 2020	Setting Yourself Up For Academic Success
Monday, November 16, 2020	Setting Yourself Up For Academic Success
Tuesday, November 17, 2020	Open Discussion
Wednesday, November 18, 2020	Managing Uncertainty & Anxiety
Thursday, November 19, 2020	Coping with Loneliness & Isolation
Monday, November 23, 2020	Coping with Loneliness & Isolation
Tuesday, November 24, 2020	Setting Yourself Up For Academic Success
Wednesday, November 25, 2020	<b>No Coping Clinic - Center Closed</b>
Thursday, November 26, 2020	<b>No Coping Clinic - Thanksgiving Day</b>
Monday, November 30, 2020	Managing Uncertainty & Anxiety
Tuesday, December 1, 2020	Coping with Loneliness & Isolation
Wednesday, December 2, 2020	Setting Yourself Up For Academic Success
Thursday, December 3, 2020	Open Discussion
Monday, December 7, 2020	Open Discussion
Tuesday, December 8, 2020	Managing Uncertainty & Anxiety
Wednesday, December 9, 2020	Coping with Loneliness & Isolation
Thursday, December 10, 2020	Setting Yourself Up For Academic Success
Monday, December 14, 2020	Setting Yourself Up For Academic Success
Tuesday, December 15, 2020	Open Discussion
Wednesday, December 16, 2020	Managing Uncertainty & Anxiety
Thursday, December 17, 2020	Coping with Loneliness & Isolation