CAREER EXPLORATION PROJECT

**Career & Leadership Development Center**

Name:

**Instructions:**

* Write down each of your major, minor and certificate concentrations
* Identify five internship/job postings related to job fields you are interested in and qualified for, along with the other details listed in the worksheet
* Answer the reflection questions at the end of the worksheet

1. **Major/Minor/Certificate Concentrations**
   1. (Add your major here)
   2. (Add your second major or minor here, if applicable)
   3. (Add any additional minors or certificates here, if applicable)
2. **Internship Postings of Interest** (Posts that reflect your major, minor, and/or certificate areas of study)
   1. **Posting One**
      1. Title, Company:
      2. Location:
      3. Source (site):
      4. Skills listed in the post you possess:
      5. Experiences you have the posting requests or prefers:
      6. 3 things that interest you about the opportunity:
   2. **Posting Two**
      1. Title, Company:
      2. Location:
      3. Source (site):
      4. Skills listed in the post you possess:
      5. Experiences you have the posting requests or prefers:
      6. 3 things that interest you about the opportunity:
   3. **Posting Three**
      1. Title, Company:
      2. Location:
      3. Source (site):
      4. Skills listed in the post you possess:
      5. Experiences you have the posting requests or prefers:
      6. 3 things that interest you about the opportunity:
   4. **Posting Four**
      1. Title, Company:
      2. Location:
      3. Source (site):
      4. Skills listed in the post you possess:
      5. Experiences you have the posting requests or prefers:
      6. 3 things that interest you about the opportunity:
   5. **Posting Five**
      1. Title, Company:
      2. Location:
      3. Source (site):
      4. Skills listed in the post you possess:
      5. Experiences you have the posting requests or prefers:
      6. 3 things that interest you about the opportunity:
3. **Reflection** (Answer all questions in complete sentences)
   1. What were the most helpful resources in completing this activity?
   2. What surprised you when you completed this research?
   3. What type of experience do you feel is most important for you to get from your next internship?
   4. When do you intend to participate in your next internship?