CAREER EXPLORATION PROJECT

**Career & Leadership Development Center**

**Lesson Topic**: Career Exploration – What kind of careers can I do with this major?

**Facilitation Time**: 60-90 minutes depending on how much work-time you provide

**Instructor Preparation**: Print or provide access to Career Exploration Project worksheet, login to your own [Handshake](https://ohio.joinhandshake.com/) account so you are familiar with its basic navigation, review “[What can I do with this Major](https://ohiouniversitycareertools.campuscareerinnovations.com/resources/what-can-i-do-with-this-major/)?” and [O\*Net](https://ohiouniversitycareertools.campuscareerinnovations.com/resources/occupational-information-network-onet/) (both highlighted in the PowerPoint) so you can help students utilize both sites, and contact the Career & Leadership Development Center at [careerandleadership@ohio.edu](mailto:careerandleadership@ohio.edu) with any questions about this lesson or its materials. If you would like to learn more about how you could use other CLDC tools to best fit your instructional goals, fill out our [Faculty Partner Form](https://ohio.qualtrics.com/jfe/form/SV_2lufz4vs6V91cDX) to initiate formal involvement with the CLDC in your class.

**Student Preparation**: If possible, ask students to bring a laptop or tablet to class for research (a smart phone will work as a back-up, but may be more difficult)

**Lesson Plan**:

* 1. Describe the purpose and goals for this activity.
     1. **Purpose**: This is a great opportunity for students to explore academic areas they are interested in to learn more about different courses of study. Additionally, students will be able to discover career paths associated with their major(s) of interest.
     2. **Goals**: Introduce students to career exploration information. Following this activity, students will be able to navigate job search websites, identify careers relevant to their major and reflect on what they like about internships/jobs of interest.
  2. Use the Career Exploration PowerPoint (available on CLDC website) to engage students in internship research. The PowerPoint features facilitation notes for all elements of the lesson. Provide up to 30-60 minutes of work time for students to explore resources and work on the worksheet. At the end of the activity, ask students to identify internship interests so all students learn more about each other’s interests.
     1. Provide students with a hard copy or electronic version of the Career Exploration Project.
     2. Give students time through each introduction of research tools to explore sites independently or in small groups.
     3. At the conclusion of the activity, give students time to discuss what they gained from the activity and to ask questions about next steps.
     4. Any additional time can be used for students to work on completing their project worksheet in class.
  3. Review the Career Exploration Project worksheet (available on CLDC website) with students.
  4. Students will complete all fields to demonstrate research for their area(s) of study (this includes minors and certificates). Students will identify 5 different internship/job opportunities related to their areas of study and complete the reflection fields on the worksheet.