

Ohio University Division of Student Affairs

STUDENT LIFE GUIDE



FALL 2020

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The Division of Student Affairs (DOSA) remains committed to our mission, vision and values, especially now as we navigate through the COVID-19 pandemic. While things may look and feel different, our departments are committed to caring, educating; and empowering students; fostering inclusive communities; and making OHIO strong. Now more than ever, it is critical that OHIO students discover their potential and make a meaningful impact so that as they go out into the world, they are prepared and ready to make a difference.

This guide provides reopening plans for the Division of Student Affairs. All plans are in line with university, federal, state; and local guidance. We will continue to update this guide as plans change and as we have further updates regarding fall planning. Updates in this guide include:

- Campus safety guidelines
- Space utilization
- Dining and culinary services
- Residential experience
- Student programming
- Career and leadership development
- Well-being

While we have included updates for our Division, other resources available to students include:

- www.ohio.edu/coronavirus/fall-planning
- www.ohio.edu/coronavirus/faq
- www.ohio.edu/hr/resources/coronavirus-updates-faculty-staff

CAMPUS SAFETY GUIDELINES

Daily Symptom Checks

Each day before you come to campus, you are required to monitor your health through the [campus symptom checker](#). If you receive a “red status,” do not come onto campus. Instead, begin to self-isolate and seek medical attention.

Prevention

PERSONAL PROTECTION

All OHIO [students, faculty and staff will be provided two reusable masks](#), a digital thermometer and hand sanitizer upon arrival to campus. We are thrilled to see so many students abiding by and reinforcing the mask mandate amongst your peers.

Tracing & Space Sanitation

INCIDENT REPORT

If within 48 hours of being on campus you experience symptoms, test positive for COVID-19, or come in contact with someone who has, [fill out an incident report](#). This will help OHIO conduct necessary contact tracing and cleaning of those spaces.

CLEANING PROTOCOLS

The University is taking additional cleaning protocols to clean and disinfect high-traffic areas. Each department is responsible for frequently disinfecting their own personal workspace and engaging in regular hand washing and hand sanitizing.

Health Resources

OHIOHEALTH HOTLINE

If you become ill, call the new hotline to report your symptoms, ask questions, and gain access to resources such as testing. The hotline will operate 9 a.m. to 9 p.m. on weekdays and 9 a.m. to 5 p.m. on weekends, and can be reached at (877) 682-6819.

SPACE UTILIZATION

Remote Working Environments

All non-essential staff should continue working remote whenever possible. Essential personnel returning to campus are expected to abide by the safety precautions listed above as well as any new work rules that may be implemented to ensure campus safety. Meetings should continue to be held in a virtual environment (Microsoft Teams, Zoom, etc.) whenever possible.

The University's flex-place and flex-time policy is still available to support staff when possible and approved by staff supervisors.

Learning Spaces

All learning spaces will have reduced maximum occupancy including classrooms, laboratories, studio/creative activity spaces, workshops, practice rooms, and group learning/study rooms (e.g., conference or seminar rooms) to ensure safe distancing.

Common Spaces

All common spaces will be evaluated and reconfigured to meet relevant public health safety protocols.

Meeting Spaces

All meetings should be held utilizing virtual connection options (e.g., Microsoft Teams). If a meeting space is required, participants must ensure physical distancing and other health and safety precautions (e.g., cleaning, wearing masks, etc.).

Elevators

Elevators will be marked to indicate the maximum number of individuals permitted, following university guidelines. Elevators will be subject to interruption for scheduled cleaning of high-touch spaces. Individuals are encouraged to use the stairs whenever possible.

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Lactation Rooms

Lactation rooms will be cleaned and disinfected on the same schedule as public bathrooms, with supplies provided for users to disinfect space before and after use.

CULINARY SERVICES

Culinary Services is committed to providing the finest quality food and service at reasonable costs to our students and guests. Meal plans offer flexibility, exceptional value and convenience. Staff are committed to following all federal, state and local guidance regarding health and safety while continuing to provide students with food diversity and balanced nutrition options.

Safety

To ensure patron safety, the following precautions will be taken as facilities reopen:

- All staff members have and will continue to receive training to assist in keeping the community safe.
- Culinary Services will offer carryout and to-go options initially with strategic introduction of dine-in options, as determined to be safe and appropriate.
- Culinary and retail venues will transition to cashless to expedite transactions and reduce contact. Forms of acceptable payment will include all meal plan options, Bobcat Cash, and debit and credit cards.
- All Culinary Services venues will implement additional sanitation practices, protocols and personal protective equipment.
- Plexiglas partitions have been added at guest and staff interaction points throughout facilities.
- Each venue will have designated entrances and exits with identified traffic flow and social distancing signage.
- Planning has begun for additional outdoor seating across campus.

Venues

Dining venues will offer a variety of service options. [Visit ohio.edu/food/location-hours](https://ohio.edu/food/location-hours) for up to date facility information and operational hours.

NELSON COURT

Located on South Green, Nelson Court will offer to-go service. Students will be able to enter the dining court, select menu items from any of the

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concepts and employees will provide the meal in a green, reusable or disposable to-go container.

WEST 82 FOOD COURT

Located on the first floor in Baker University Center, West 82 Food Court, will offer two service options:

To-Go Service: Menu items may be ordered in-person

OHIO EATS: Menu items may be ordered and scheduled for pickup from the Maggie Davis Room (just west of West 82 Food Court seating area)

OHIO ToGo

In the space formerly known as Let's Get Ramen, next to the West 82 Food Court entrance, OHIO ToGo will provide three styles of service:

- Individually pre-packaged, grab and go sandwiches, salads, sides and beverages to create a personal meal
- Pre-packaged family sized, grab and go containers of food for families or small group gatherings on-the-go
- Pick up point for pre-ordered, pre-packaged catering for carryout
- OHIO To Go will be open Monday through Friday 10:30 a.m. – 5 p.m.
- Pre-packaged catering for carryout can be ordered through the [OHIO ToGo, online ordering system](#).

NELSON MARKET

Grocery items may be ordered and scheduled for pickup using the app, [OHIO EATS](#).

BOYD MARKET

Located on West Green in Boyd Hall, Boyd Market will open Thursday, September 24. Grocery items may be ordered and scheduled for pickup using the app, [OHIO EATS](#).

FRONT ROOM COFFEEHOUSE

Located on the fourth floor of Baker University Center, Front Room Coffeehouse will provide three styles of service:

To-Go Service: Menu items may be ordered in-person.

OHIO EATS: Menu items may be ordered and scheduled for pickup.

OHIO EATS Meals: Select a complete meal and schedule a pickup day and time.

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For complete information [visit www.ohio.edu/food/ohio-eats](http://www.ohio.edu/food/ohio-eats).

CURBSIDE COMMUNITY MEALS

Culinary Services offers Curbside Community Meals, a convenient meal service available through the Central Food Facility at 120 S. Shafer Street.

Ohio University students and employees, as well as community members may order lunches or dinners online by noon for the following day's pickup.

For complete information, and to place an order, [visit bit.ly/OHIOTOGO](http://bit.ly/OHIOTOGO) and click on Curbside Community Meals from the pulldown tab on the left hand side of the page.

[Visit ohio.edu/food/location-hours](http://ohio.edu/food/location-hours) for up to date facility information and operational hours.

RESIDENTIAL EXPERIENCE

Ohio University Housing & Residence Life is committed to making the residence halls “home” for all residential students. The residential experience has been cited by research as one of the most important college experiences, contributing to critical learning and student development. To ensure that we are bringing Bobcats back to campus as safely as possible, a number of critical strategies will be employed for the fall 2020 semester.

SINGLE ROOM ASSIGNMENTS

Because Ohio University limited the number of students returning to on campus housing during Phase 2 and in support of de-densifying rooms on campus, Housing & Residence Life assigned all students into a single room but maintained the double room rate based on hall type

LIVING EXPECTATIONS

All students will be encouraged to work together as Bobcats to prevent the spread of COVID-19, following all local, state, and federal guidelines. Students will also be expected to follow additional expectations and guidelines for housing outlined by the University.

Residents will be expected to follow the expectations and guidelines outlined in the Housing & Residence Life Student Housing Handbook available via www.ohio.edu/housing.

Face masks will be required in all common areas, such as lobbies, study spaces, laundry facilities, etc.

HALL ACCESS

Student electronic access to residence halls will be limited to their own residence hall community. For the health and safety of our University community, visitors that do not live in a particular residence hall will not be permitted after student move-in. Overnight guests are also prohibited.

HALL PROGRAMMING

Programming will continue to be provided to residents as a hallmark of the residential experience. Virtual connection tools will be used to facilitate programming when possible, or small groups will convene in a physically

distant manner.

HAND HYGIENE

Students are encouraged to maintain good hygiene, including washing their hands with soap and water for at least 20 seconds, especially after visiting a public place, using the restroom, blowing their nose, coughing, sneezing or touching their face. If soap and water are not available, hand sanitizer that contains at least 70% alcohol should be used. Hand sanitizing stations will be located in each residence hall lobby and each student will be provided a bottle of hand sanitizer after they move in.

REUSABLE OR SHARED ITEMS

Reusable or shared items, such as kitchen supplies, board games, sports equipment, etc. will not be available. Cleaning supplies will be provided in shared kitchen facilities, along with appropriate cleaning instructions.

LAUNDRY ROOMS

Students should maintain physical distancing and wear face masks while using laundry facilities. Students should launder items as appropriate in accordance with the manufacturer's instructions. If possible, launder items using the warmest appropriate water setting for items and dry items completely. Students should clean and disinfect clothes hampers and baskets according to guidance from the Centers for Disease Control and Prevention (CDC). Students should take clothes back to their room to fold. Proper hand hygiene sanitation should always be followed.

OFF-CAMPUS HOUSING, INCLUDING SORORITY AND FRATERNITY HOUSING

Students living off-campus area are highly encouraged to follow all federal, state and local guidelines as well as University guidance regarding personal safety practices and physical distancing. As a reminder, all students are asked to:

- Wear a mask anytime you are in public that fully covers your nose, mouth and chin.
- Not host or attend parties where you cannot have six feet between you and others.
- If you are told to quarantine or self-isolate due to symptoms or exposure—do it!
- Hold yourself and your peers accountable for these actions and set a

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good example.

ISOLATION AND QUARANTINE

In order to keep the campus open, it is imperative that all students do what is asked to prevent transmission of COVID-19. In addition to other behaviors, students are expected to report symptoms, be tested when indicated, follow isolation/quarantine requirements, and work with contact tracers when indicated. If a person is under mandatory isolation or quarantine under the direction of public health officials, compliance is enforceable by law. On campus Isolation and quarantine housing will only be available to students residing on campus fall and spring semester.

Quarantine (as defined by the CDC): Separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

Isolation (as defined by the CDC): Separates sick people with a contagious disease from people who are not sick. Students are required to follow the OHIO Quarantine & Isolation plan.

STUDENT PROGRAMMING

Meetings

At this time, student organizations are encouraged to hold meetings virtually. If orgs have less than ten people attending the meeting, they may attempt an in-person meeting, while practicing social distancing and mask wearing. At all meetings and events that an organization is hosting, card swipe must be enabled to track attendance.

Special Weekends

Parents Weekends and other highly programmed weekends hosted by the University will be postponed and will return should the environment allow programming in the spring semester. Therefore, organizations that host events for fundraising purposes during these special weekends should note that those programs will not be happening during fall semester.

Campus Involvement Center

The Campus Involvement Center (CIC) will be open five days a week and in-person staffed two days a week. Students have the option of in-person or virtual meetings with CIC staff in order to conduct organization business. [Click here to book an appointment.](#)

INVOLVEMENT CALCULATOR

The Campus Involvement Center created the Involvement Calculator, a tool to help students find student organizations aligned with their interests. Students can [create an account on Bobcat Connect](#), the central hub for all recognized OHIO student organizations, and complete the Involvement Calculator form. After this form is completed, a staff member from CIC will review it and respond via email with a personalized list of up to five organizations. [Questions can be directed to involvement@ohio.edu.](mailto:involvement@ohio.edu)

CAREER AND LEADERSHIP DEVELOPMENT

The Career and Leadership Development Center (CLDC) is open and all staff will be working remotely during fall 2020.

EVENTS

The CLDC will host all fall recruitment events virtually. Event details can be accessed through [Handshake](#). Use your OHIO ID and password to login. Employers are encouraged to [contact Katie Hankins](#), event and recruitment coordinator, with questions.

COACHING

All 30-minute coaching services are available by telephone and Microsoft Teams for students and alumni. These services include mock interviews, career coaching and leadership coaching. Please schedule all appointments through [Handshake](#). If you have difficulty scheduling on Handshake, call the CLDC at (740) 593-2909.

Drop-in coaching will resume in fall semester through Zoom. [To access drop-in coaching, join via this Zoom link](#). Drop-ins are available Monday-Thursday from 1-7 p.m. and on Fridays from 1-5 p.m. (EDT). Drop-ins will not be held on days the University is closed or when classes are cancelled.

DIVERSITY AND INCLUSION DROP-IN CAREER CORNER

Join an upcoming Diversity and Inclusion Drop-In Career Corner. Career Coach Tamika Williams offers 10-minute appointments to address career-related needs. Sessions are frequently used for quick resume feedback or general questions about career development. [Visit this event page for specific dates and the link to join a session on Zoom](#). You can also schedule 30-minute coaching appointments anytime with [Tamika Williams, the CLDC's assistant director for diversity and inclusion](#).

CAREER AND LEADERSHIP WORKSHOPS

Popular career and leadership workshops are available in both live, remote and pre-recorded formats. Beginning Tuesday, September 8, the CLDC will host live workshop facilitations from 6-8 p.m. through fall semester, each Tuesday night. A list of upcoming facilitations are available on the [Handshake](#) events calendar or the [Ohio University Calendar of Events](#). For

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any questions about leadership workshops, please [contact Lindsey Ward, the associate director for leadership, inclusion and staff training](#).

CAREER CLOSET

The CLDC offers 30-minute, virtual Career Closet appointments to support students who have questions about how to dress for interviews or virtual career fairs, how they should dress for work, and any other professional dress related questions. All appointments are being held via Microsoft Teams and scheduled through [Handshake](#).

CONTACT

Any questions should be directed to [Imants Jaunarajs, executive director](#). You can also email the CLDC directly via careerandleadership@ohio.edu.

WELL-BEING

Ohio University and the Division of Student Affairs recognize the enormous impact a global pandemic has on students, including concerns for personal well-being and loved ones. Students may experience increased anxiety, worry, fear, and may become easily overwhelmed. There are steps students can take on a day-to-day basis to manage these difficulties. Counseling and Psychological Services (CPS) has developed a [list of psychological health tips to manage coronavirus concerns](#).

We, as a nation, are also confronting the race-related violence and the relentless traumatic and unjust impact of racial profiling, stereotyping, discrimination and oppression on mental health and well-being. For those affected by race-related violence, as well as for those who want to learn more and support social justice and equity, CPS has assembled a [list of recommended resources and readings](#).

It is during these difficult times that the Division of Student Affairs urges every Bobcat to pay attention to and take care of their mental health.

Counseling and Psychological Services

Counseling and Psychological Services (CPS) will continue to provide professional mental health services and will rely on telehealth to deliver those services. Telehealth includes two options, two-way video conferencing or meeting via phone. CPS will provide individual and group counseling, consultation and referral services, psychiatric services, Coping Clinic, outreach presentations, and 24/7 crisis interventions.

For crisis management and to initiate all other services, students are directed to call (740) 593-1616. Counselors are available to provide phone consultations Monday–Friday, from 9:45 a.m.–3:15 p.m. Students also have the option of calling during these hours to schedule an appointment to initiate mental health services.

CPS offers numerous resources for students, including the self-help therapy tool, [WellTrack](#), [anxiety and depression workshops](#), and many other well-being resources such as managing stress related to COVID-19, grief and loss, and mindfulness meditations. [To access the full library of CPS resources,](#)

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[visit the main website.](#)

Cats' Cupboard

The Cats' Cupboard food pantry provides students access to fresh, frozen, and shelf stable food options to help with hunger. Due to COVID-19, the Cats' Cupboard Food Pantry is offering twice monthly pick up of preordered bags of food. This service will be provided to students by appointment. Students who need assistance with food can [sign up by completing this form](#): bit.ly/CatsSignUpFall.

To learn more, and for frequently asked questions, [visit the Cats' Cupboard website.](#)

Recreation

In addition to all available federal, state, local and University guidelines, Campus Recreation also follows the guidance of national sports governing bodies to re-open recreation facilities. The indoor facilities will be open with a focus on cardio and strength experiences, individual activity and programming that can be offered with physical distancing practices in place.

MASK REQUIREMENT

Masks are required in all Campus Recreation facilities, including during physical activity. Masks may be removed when entering the water to swim at the Aquatic Center. [See University Mask Policy.](#)

PHYSICAL DISTANCING AND FACILITY CAPACITY

- Available fitness equipment will be distanced at least six feet apart following state guidelines.
- A minimum of six feet of physical distance will be maintained in all activity spaces.
- Facility occupancy will be limited. Hours and availability may be limited.
- Equipment checkout will not be available. Users may bring their own equipment for personal use only.

SPACE CLOSURES

- Some sport activity spaces (courts, turf fields, etc.) will be closed or repurposed to support adherence to guidelines.

- Meeting room spaces will remain closed except for approved reservations and common areas will offer limited seating.

CLEANING EXPECTATIONS

Campus Recreation will follow cleaning and disinfection guidelines outlined in the facilities section in addition to the following:

- Staff in facilities will clean equipment and other high touch spaces regularly throughout the day. All spaces will also be cleaned and disinfected nightly.
- Cleaning supplies will be available to patrons and will be strongly encouraged to use on equipment both pre- and post-workout.

ACTIVITIES, PROGRAMS AND SERVICES

In conjunction with the availability of appropriate facility spaces, the following will be permitted with physical distancing guidelines in place:

- Activities with limited or no physical contact, such as cardio, strength training, running, jogging, walking, swimming, table tennis, pickleball, tennis and badminton.
- Limited use of court or turf space for individual users.
- Access to personal training services.
- Access to tennis courts.

The following will not be permitted until allowed by state and University guidance:

- Access to the indoor rock climbing wall.
- Activities with high contact or in confined spaces (e.g., basketball and volleyball – indoor and outdoor, racquetball, squash and soccer).

Intramural and Club Sports

Intramural Sports will continue to run virtual programs and phase in individual and group programs as guidance allows.

Campus Recreation will work with each sport club to determine appropriate standards and a general schedule to return to practice.

Travel and competitions will not occur until restrictions are lifted and proper planning, and appropriate distancing and safety guidelines can be met.

Outdoor Trips and Programming

Outdoor Pursuits will continue to run virtual programs and on-campus programming that can maintain physical distancing. Off-campus trips will resume when University travel restrictions are lifted and appropriate distancing and safety guidelines can be met.

Virtual Group Fitness Classes

Students can take part in virtual group fitness classes from the comfort of home. New classes are offered each month, and the [schedule can viewed online](#).

Group Fitness Classes

Outdoor group fitness classes will be offered on the front lawn of Ping Center. These classes are part of a monthly rotating group fitness schedule. They will be socially distanced with a maximum number of nine participants. Occurrence of the class may depend on weather.

In October, group fitness classes will be offered indoors, while still practicing social distancing. The group fitness class [schedule can viewed online](#).

E-Sports Series

E-Sports events, leagues, and tournaments are offered in partnership with the Bobcat E-Sports Club. [Download the OHIO Rec app](#), or [visit IMLeagues](#), for information regarding registration, games offered, and schedules.

Well-Being Coaching

Well-being coaching is a free, virtual service that enables participants to identify their ideal life now and in the future. Coaching is strengths-focused, and includes the creation of a realistic plan to achieve well-being goals.

Online Fitness Coaching

Certified, personal trainers are available to support health and fitness goals and provide much needed accountability. This service includes a fitness assessment, personalized programming, and weekly check-ins with a personal trainer.

Additional Services

- Day lockers are not available for use.
- Locker rooms will be closed initially.
- Lost and found items will not be kept.

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- Water fountains will not be accessible.

Survivor Services

The Survivor Advocacy Program (SAP) provides confidential support and advocacy services to student survivors of sexual assault, sexual harassment, dating or domestic violence, and stalking. The department works to increase student survivors' access to support and resources through survivor-centered advocacy and empowerment.

SAP works to give power and control back to the survivors, and they are never expected to disclose details they are not ready to share. At the Survivor Advocacy Program, survivors will be believed and supported.

SAP recognizes that violence doesn't stop in the presence of a global pandemic, and remains committed to serving student survivors within the remote work environment.

Learn more about the Survivor Advocacy Program by [visiting the website at www.ohio.edu/survivor](http://www.ohio.edu/survivor).

REMOTE SERVICES

Survivor advocates are available for remote meetings throughout the fall semester and beyond. [Use this link to book an appointment with an advocate.](#)

MINDFULNESS EXERCISES

SAP offers free, [mindfulness exercises through their YouTube channel.](#)