CPS numbers 2016-17

### Race/Ethnicity
- Self-identify (please...)
- White
- Multi-racial
- Native Hawaiian or...
- Hispanic / Latino/a
- Asian American /...
- American Indian or...
- African American /...

### Sexual Orientation
- Self-identify (please...)
- Questioning
- Bisexual
- Gay
- Lesbian
- Heterosexual / Straight

### Academic Status
- Graduate /...
- Senior
- Junior
- Sophomore
- Freshman / First-year

### Severity of presenting problems
- Number that represents how severe you feel your problems are

### Reason for drop-in
- Check all reasons that apply
- Other
- I am so upset that I cannot attend classes
- I must make a major life decision within days (e.g. leave...)
- I have just experienced an overwhelming loss or trauma...
- I am having thoughts of suicide or doing serious harm to...
2016-2017 BY THE NUMBERS

- 461 students saw our psychiatrists regarding psychotropic medications
- 211 students participated in group therapy
- 1,310 students received ongoing therapy
- 700 students came in for drop in sessions for immediate/urgent consult, interim care, or one time consultation
- 192 students participated in the BASICS program
- 43 students received crisis interventions
  - 30 of these were after hours
- 202 students were assisted by our Counselors-in-Residence during the evening hours (5pm-10 pm, Sunday to Friday)

CPS Clients...

  22% were First Generation students
  12% were referred by a friend
  9% were registered with Student Accessibility Services
  6% were athletes
  7% were International Students
  18% were graduate/professional school students
  40% reported finances as “often” or “always” stressful
  35% reported that they needed to reduced their drug and alcohol use
  32% reported engaging in self-injurious behavior in the past
  42% reported considered suicide at least once in their life time
  13% reported attempting suicide at least once in their life time
  12% were hospitalized at least one time
  40% reported at least one traumatic experience in their past

More numbers...

Self referred: 50.3%
Referred by Friend: 11.5%
Physician: 6.2%
Referred by parent: 6.1%
Faculty/advisor: 3.8%
Prior treatment: 24%
Prior medication: 9.8%