JATASALA

CLDC Well Being: Tracking Goal Pursuit



STUDENT LEARNING OUTCOME

Students will be able to set and accomplish worthwhile goals by engaging in meaningful experiences.



The Assessment Process

- 1. Student Pre-Assessment Survey
- 2. Coach Survey During and/or after coaching session
- 3. Student Post-Assessment Survey
- 4. Student One Week Follow-up Survey

Additionally, items related to the session itself, including coach ratings, benefit, and action step development and anticipated completion.



January '20

Designed Assessment Tool

March '20

Planned to launch study, Monday after spring break

July '20

Launched the study for online and telephone coaching appointments

November '20-Februrary '21

Clean, Organize, Review & Finalize Report of Assessment

November '19 Presented

Assessment Plan

February '20

Submitted IRB Research Proposal

March-June '20

Delayed study due to Covid-19

July-November '20 Collect Data

Data Analysis
& Statistical Procedures

The CLDC is currently collecting data via Handshake's survey tool and plans to complete the data collection phase in early November.

Descriptive statistics will be reported regarding topic(s) of focus, coach ratings, action step development, action step

motivation, action step confidence and action step completion.

- Pre-post Paired T-tests Career
- Coaching Pre versus one month
- Paired T-tests Correlation
- Multiple Regression



CLDC Staff

