SALAL - CLDC Well Being: Tracking Goal Pursuit

**STUDENT LEARNING OUTCOME**

Students will be able to set and accomplish worthwhile goals by engaging in meaningful experiences.

**The Assessment Process**

1. **Student Pre-Assessment Survey**
2. **Coach Survey – During and/or after coaching session**
3. **Student Post-Assessment Survey**
4. **Student One Week Follow-up Survey**

Additionally, items related to the session itself, including coach ratings, benefit, and action step development and anticipated completion.

**TIMELINE**

- **January '20**
  - Designed Assessment Tool
- **March '20**
  - Planned to launch study, Monday after spring break
- **July '20**
  - Launched the study for online and telephone coaching appointments
- **November '19 - February '21**
  - Clean, Organize, Review & Finalize Report of Assessment
- **February '20**
  - Submitted IRB Research Proposal
- **March-June '20**
  - Delayed study due to Covid-19
- **July-November '20**
  - Collect Data

**Data Analysis & Statistical Procedures**

The CLDC is currently collecting data via Handshake’s survey tool and plans to complete the data collection phase in early November.

Descriptive statistics will be reported regarding topic(s) of focus, coach ratings, action step development, action step motivation, action step confidence and action step completion.

- Pre-post Paired T-tests Career
- Coaching Pre versus one month
- Paired T-tests Correlation
- Multiple Regression

**TEAM MEMBERS**

- CLDC Staff