## Co-Curricular Programming for Women’s Center Events

### Fall 2017 Calendar

<table>
<thead>
<tr>
<th>Date/Time/Place</th>
<th>Event Description</th>
<th>Course/Career Connections</th>
<th>Projected Outcomes</th>
<th>Potential Discussion Questions/Activities, Suggested Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>August 29</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00-5:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Baker 403</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*This is a social, relaxing event, and is not intended to be a program offered for faculty seeking opportunities for their students to develop intercultural competence in a structured way.

---

**International Women’s Coffee Hour**

There are over 100 countries represented by OHIO students, faculty, and staff. This coffee hour is an opportunity for international women, and their allies, to meet others, discuss current events, play games, practice English or other languages, and listen to music from all over the world.

This program is supported by the Women’s Center and International Student and Faculty Services.

Students, faculty, staff, and community members from all fields and backgrounds are welcome to attend.

1. Network with others invested in providing a welcoming environment for international women on campus and in our community
2. Practice English in a supportive environment

Last updated on 8/16/17. To stay up to date with the co-curricular guide, please visit: https://www.ohio.edu/womenscenter/teachingguide.cfm
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Event Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>5:30 – 7:00 PM</td>
<td>Alden 319 (Friends of the Library room)</td>
<td><strong>Mentoring Women: A Toolkit for Success and Support</strong></td>
<td>This interactive workshop will focus on ways to effectively mentor undergraduate and graduate women. Mentorship can be a crucial element to women’s successes, and can be a personally rewarding activity for those who function as their mentors.</td>
</tr>
</tbody>
</table>

Open to everyone interested in learning more about mentoring. Geared towards those who have experience as a professional mentor, or is hoping to become a mentor.

1. Renew dedication to mentoring
2. Discuss common pitfalls for mentors and mentees
3. Detail the gendered issues that female mentees face (like salary negotiation or feeling torn between family and paid employment)
4. Evaluate one’s own mentoring skills
5. Assess what one can do to improve as a mentor

**Recommended Readings:**

| Thursday | **Thirsting for Knowledge Thursday: Writing Your Own Superhero**  
Led by Sarah Minor, PhD Candidate in Creative Writing at Ohio University and Assistant Professor of Nonfiction at the Cleveland Institute of Art.  

This interactive program will explore the ways in which traditional forms of storytelling have relied on systems and structures that have historically excluded women. Using her focus on the intersection of visual art and text, Sarah Minor will explore experimental and nontraditional forms of writing with participants as a way of demonstrating how visual and digital texts might help women craft their own space and stage for their voices.  

Co-sponsored with the LGBT Center. | 1. Evaluate traditional forms of storytelling for diversity and inclusion  
2. Explore new methods of storytelling and determine what method may allow you to explore your own superhero story about yourself  
3. Improve media literacy  
4. Define “visual and digital texts”  
5. Differentiate between traditional and nontraditional forms of storytelling | Recommended reading:  
Sarah Minor’s website: [http://www.sarahceniaminor.com/](http://www.sarahceniaminor.com/)  

Recommended assignment:  
Utah State has an online assignment that you can modify for your own purposes, focused on creating oneself as a superhero (grading rubric included):  
[https://usu.instructure.com/courses/304803/assignments/1543441?module_item_id=2228464](https://usu.instructure.com/courses/304803/assignments/1543441?module_item_id=2228464) |

| Tuesday | **Take Back the Night Campus Feedback Session**  
We encourage all members of | 1. Analyze programmatic | Have students research on CDC programs that have been |
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 12</td>
<td>5:30 – 6:30 PM</td>
<td>Baker 230</td>
<td>We invite campus members to attend this discussion on Take Back the Night programming so that feedback can be considered for the 2018 event.</td>
</tr>
<tr>
<td>AND</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thursday</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>September 14</td>
<td>12:00 – 1:00 PM</td>
<td>Baker 403</td>
<td>We invite campus members to attend this discussion on Take Back the Night programming so that feedback can be considered for the 2018 event.</td>
</tr>
</tbody>
</table>

From a career perspective, the following areas may find this particularly useful for professional development:
- Community Engagement
- Diversity Certificate
- Social Work
- Women’s, Gender, Sexuality Studies
- Counseling and Psychology
- Education
- Efforts to support sexual assault survivors and prevent sexual assault.
- Contribute to Take Back the Night programming design.
- Consider intersectionality as a key component to prevention efforts.


Workshop: "Art with a Purpose: Pens to Pictures Workshop and Film Screening"  
In addition to our sponsoring groups,  

Last updated on 8/16/17. To stay up to date with the co-curricular guide, please visit: https://www.ohio.edu/womenscenter/teachingguide.cfm
**The use of filmmaking in social justice**

**Monday**

**September 18**

**6:30 PM**

**Schoonover 450**

**Film Screening: the five inaugural short films created with women in Dayton Correctional Institution in 2016**

**Tuesday**

**September 19**

**6:30 PM**

**Athena Cinema**

Pens to Pictures is a filmmaking collaborative that teaches and empowers incarcerated women to make their own short films, from script to screen. During its inaugural year in 2016, five films were made in partnership between women in Dayton Correctional Institution (DCI) and the Ohio, Indiana, Illinois and Pennsylvania artist communities.

Join founder, Chinonye Chukwu, and two of the inaugural participants (Jamie Ochs and Beverly Fears) for the workshop and film showing at the Athena. The five short inaugural films will be shown on September 19th. Please note that some of the shorts include scenes of drug use and sexual assault.

Co-sponsored with the Women’s Center; Cutler Scholars Program; the Multicultural Center; Making and Breaking the Law Theme; Center for Law, Justice & Culture; the LGBT Center; College of Fine Arts Film Division; Ebony Minds; BSCPBL; Diversity Studies Certificate; Interdisciplinary Arts; Honors

we encourage those studying the following to attend:

- Criminology
- English, Creative Writing
- Medicine
- Media Arts and Studies
- Nursing
- Patton College of Education
- Playwriting
- Pre-Law
- Public Health
- Social Work
- Sociology
- Theater
- Screenwriting and Production
- Communications
- Journalism
- Sociology

Pictures can provide positive change to the lives of incarcerated women.

2. Expand societal consciousness around incarcerated populations and the systemic oppressions that can contribute to their incarceration.

3. Provide local area student artists and community professionals the opportunity to further cultivate their craft and connect it to social justice advocacy.

4. Investigate potential advocacy work to end mass incarceration.

Learning outcomes modified from the Pens to Pictures goals section on their website: http://www.penstopictures.org/our-mission

Research news coverage on the issues discussed, and write a response paper applying theory from your discipline to explain or help understand any systemic problems observed. Women in and Beyond the Global. (2017). Retrieved from: http://www.womeninandbeyond.org/

**Recommended Readings:**


http://www.sunypress.edu/p-5135-razor-wire-women.aspx
| Saturday  
| September 30  
| 10:00 am  
| West State Street Park  |

**National Eating Disorder Association (NEDA) Walk**

Join us on September 30th for Athens, Ohio's second annual National Eating Disorders Awareness Walk! Help us raise funds and awareness for eating disorder advocacy, research, treatment, and recovery. This year's walk will feature inspirational speakers, live music, yoga, and much more!

The walk will take place at West State Street Park with check-in beginning at 10:00am and the official walk ceremony kicking off at 11am. Register today at https://nedawalk.org/athensoh2017 to ensure you get a t-shirt the day of the walk!

Please register to attend: https://nedawalk.org/athensoh2017

Organized by Ohio University graduate student Shelby Martin, we recommend that everyone attend, as eating disorders affect whole communities.

Women’s, Gender, and Sexuality Studies

Law, Justice, and Culture Certificate – NEDA is a member organization of the Eating Disorders Coalition for Research, Policy, and Action which has fought for legislation that will improve access to eating disorder treatment.

Nutrition

Nursing

1. Through listening to survivor stories, participants will identify common themes in eating disorder experiences (which are not universally experienced by those with eating disorders)

2. Define the various types of eating disorders

3. Recognize the different organizations available on campus and in the community that aid in the treatment and recovery of those with eating disorders

**Suggested Activity:**

Volunteer as a class or student group. Volunteer information is available here: https://orgsync.com/130803/forms/195042

Practice your fundraising skills by supporting the NEDA walk. You can walk as a class, student group, or with friends or family.

**Please pre-register!** For more information: http://goo.gl/2g3Dv1

**Suggested Readings:**


The Eating Disorders Coalition for Research, Policy & Action (EDC) represents member organizations to lobby for legislation that positively
the Women’s Center is proud to be amongst their co-sponsors.
To contact Shelby with any questions or to join as a co-sponsor, please email sm221714@ohio.edu

<table>
<thead>
<tr>
<th>Medicine</th>
<th>Psychology</th>
<th>Physical education</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>– as we support health and well-being of those we work with, how can we also provide help for those with eating disorders?</td>
</tr>
<tr>
<td>Public Health</td>
<td>Social Work</td>
<td>Counseling</td>
</tr>
</tbody>
</table>

We strongly encourage all women in STEM student group executive board members to attend in order to provide information to fellow group members Those interested in leadership development programs

| 1. Become familiar with strategies to prepare for professional success while still in university |
| 2. Familiarize oneself with common obstacles and pitfalls that can be addressed |
| 3. Gain confidence in entering a male-dominated |

Recommended Reading:

Recommended Assignment:
1. Up to 50 participants will receive a free copy of Accelerate Your Impact by JJ DiGeronimo. Have

Wednesday
October 4
6:00 PM
Schoonover 450
Please register in advance of this event at: https://orgsync.com/130803/forms/267882

Strategies to Pave Your Professional Path with JJ DiGeronimo
In this interactive roundtable discussion, JJ DiGeronimo will share some of her action-based strategies from over two decades in tech-based roles and companies. Many professional women aspire to advance their career. Yet many encounter a sea of obstacles because they don’t have “the playbook” to navigate corporate cultures and industries.

Those interested in leadership development programs

1. Become familiar with strategies to prepare for professional success while still in university
2. Familiarize oneself with common obstacles and pitfalls that can be addressed
3. Gain confidence in entering a male-dominated

Recommended Reading:

Recommended Assignment:
1. Up to 50 participants will receive a free copy of Accelerate Your Impact by JJ DiGeronimo. Have
Join us as JJ discusses a series of proven initiatives that high-impact women and men leverage to accelerate their professional paths. Through personal anecdotes, examples, and stories from those who have stumbled, fallen and succeeded, JJ will share this playbook with you so that you can focus on specific actions to maximize your talents and make your professional goals a reality.

Co-sponsored with the School of Information and Telecommunication Studies; Women in Information and Telecommunication Studies; the Women's Center; Scripps College Diversity Committee; Women in Information Systems; Society of Women Engineers; and AAUW - Student Group.

| Thursday          | **Thirsting for Knowledge Thursday: Navigating the Boys’ Club in Male-Dominated Career Paths** | Athletics                                      | 1. Discover potential barriers to success for women in male-dominated fields  
2. Consider actionable steps | Recommended Reading:  
Young, Valerie (2011). *The Secret Thoughts of Successful Women: Why Capable People Suffer from the Imposter Syndrome and How to...* |  
**All STEM fields**  
College of Business  
Management Information Systems  
Voinovich School of Leadership and Public Affairs |  
**workforce within STEM** |  
**students write a response paper utilizing the information provided in the talk and her book.** |  
Have students submit their “playbook”, or their plan for preparation and advancement, while they’re at university. |
Join Dr. Heather Lawrence-Benedict, Associate Professor of Sports Administration within the College of Business and recipient of the Breaking Barriers Award at the 2017 Women’s Achievement Dinner, for an interactive presentation on the barriers that women face within male-dominated careers and what actionable steps can be taken to respond.

Dr. Lawrence-Benedict’s professional experience prior to academia is in the sport industry in sport facility management and college football and baseball operations (both male-dominated sport industry segments).

Management
Information Systems
Sports Administration
Criminology
Graduate College
All STEM fields
Philosophy
Sport Journalism
Women’s, Gender and Sexuality Studies

that participants can take to manage and respond to barriers

3. Become aware of your personal values, and your willingness to “bend” for the culture of the job

4. Identify your own superpowers that can get you through any situation


Potential Discussion Question:
Help students prepare for what to do if they face race or gender based discrimination in the workplace.

Recommended Viewing: Nine for IX: ‘Let Them Wear Towels”:
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Venue</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td><strong>Workshop: How to Write a Competitive AAUW Fellowship</strong></td>
<td>Baker 403</td>
<td>The American Association of University Women (AAUW) advances equality for women and girls through advocacy, education, philanthropy, and research. Preference for the fellowship is given to women who show prior commitment to the advancement of women and girls through civic, community, or professional work. Women who are US citizens/permanent residents currently seeking their PhD.</td>
</tr>
</tbody>
</table>
|           |                                                                      |               | 1. Review the guidelines and tips for successful applications  
|           |                                                                      |               | 2. Become familiar with scholarship opportunities through the AAUW  
|           |                                                                      |               | 3. Increase knowledge of the AAUW  
|           |                                                                      |               | 4. Develop a strategy to be a competitive applicant if attending well in advance of your application submission. |
| Thursday  | **"A Guide to Upsetting Rape Culture": Lecture**                     | Online        | We encourage every member of campus and the Athens community to attend this.  
|           | **The Monument Quilt**                                               |               | 1) Examine the outcomes of public healing spaces  
|           |                                                                      |               | 2) Recognize the way in which rape impacts all populations in different  
|           |                                                                      |               | 1) Why does FORCE argue that the Monument Quilt memorial is important? |

Last updated on 8/16/17. To stay up to date with the co-curricular guide, please visit: https://www.ohio.edu/womenscenter/teachingguide.cfm
October 12
7:00 PM
Schoonover 145

Quilt Display:
Friday
October 13
9:00 AM – 7:00 PM
Peden Stadium

Rain Location:
Indoor Tennis Courts (106 S Green Drive)

Speakers on topics of sexual assault will be incorporated in the quilt showing at 9AM, Noon, 3:30PM and 6:30PM event. We especially encourage faculty to bring their students during their course on October 13th, and supervisors to bring their staff. It’s not required to sign-up, but you may get updates and ask for a sign-in sheet for your students here: https://orgsync.com/130803/forms/268353

In addition to our co-sponsors’ constituents, we encourage the following communities to participate:
Criminology
Learning communities
Psychology
Sociology

ways, and the populations that it disproportionately impacts
3) Consider activism as a method of healing for survivors
4) Differentiate between the theme of mainstream public discussions of sexual violence and the lifting-up of survivor narratives from diverse populations
5) Increase awareness of men as survivors
6) Queer understandings of sexual violence
7) Examine intersectionality of oppression as it relates to “rape as a tool to uphold oppression”
8) Recognize the number of those impacted by sexual assault by demonstrating the personal stories that statistical numbers represent

Co-sponsored with the Women’s Center; Multicultural Center; LGBT Center; BSCP; Center for Law, Justice & Culture; Diversity Studies Certificate; Division of Student Affairs; Department of Social and Public Health; United Campus Ministries; Cutler Scholars Program; Honors Tutorial College; Multicultural Faculty In-Residence; Ohio Athletics; College of Fine Arts; Political Science; Psychology; Women's, Gender and Sexuality Studies; and Between Love and Hate Theme.

The Monument Quilt: a public healing space by and for survivors of rape and abuse. The Monument Quilt is an on-going collection of stories from survivors of rape and abuse. Written, stitched, and painted onto red fabric, our stories are displayed in city and town centers to create and demand public space to heal. The quilt resists the popular and narrow narrative of how sexual violence occurs by telling many stories, not one. The quilt builds

2) How is this quilt similar and different to the AIDS Memorial Quilt?
3) What actions can we take to make campus safer?

The Monument Quilt website
Campus Sexual Assault Toolkit
The Memorial of Shame (India)

Recommended workshop:
Invite Better Bystanders to provide a bystander intervention workshop in your class (offered through Health Promotion at the Campus Involvement Center, contact bystander@ohio.edu in order to schedule).
A new culture where survivors are publicly supported, rather than publicly shamed.

To date, over 1,000 collected quilt squares have been displayed in 22 different cities across the US. As the quilt continues to grow, survivors, loved ones and supporters are encouraged to make a square.

Volunteers should register here: https://orgsync.com/130803/forms/268351

Women’s, Gender, and Sexuality Studies

Modified outcomes based on the Monument Quilt’s Values page: https://themonumentquilt.org/about/values/

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 16</td>
<td><strong>Love Yourself Week: No Make-Up Monday</strong></td>
<td>Join us at our table to take off your makeup and engage with the beginning of love yourself week. Make-up has the possibility to be a transformative, uplifting, art form, but it can also be oppressive and contribute to feelings of self-doubt. This program is an opportunity for us to encourage all first year students to participate as part of their first year experience with their Learning Communities.</td>
</tr>
</tbody>
</table>
| Monday 16  |                                                                                                 | 1. Analyze beauty norms within different cultures  
2. Explore new definitions of ‘beauty’  
3. Improve students’ media literacy by examining altered photographs, video |
|            |                                                                                                 | 1. What is ‘beauty’?  
2. What impact do social constructions of beauty within Ohio have on the people who live here?  
3. Is taking off one’s make-up a political act?  
4. Is wearing make-up a political act? Can it ever be transgressive? |
to come together as a society to say that make-up should not be required for women to feel beautiful.

Co-sponsored with the Women’s Center; I AM THAT GIRL; Women’s Panhellenic Association; and The Positivity Project

<table>
<thead>
<tr>
<th><strong>Recommended Readings:</strong></th>
</tr>
</thead>
</table>

Selby, Jenn. 2014. “12 Years A Slave star Lupita Nyong’o on racism in beauty: ‘Every day I woke up hoping my skin was a little lighter.’” March 5. *The Independent.* [http://www.independent.co.uk/news/people/news/lupita-nyong-o-on-racism-in-beauty-every-day-i-woke-up-hoping-my-skin-was-a-little-lighter-9171487.html](http://www.independent.co.uk/news/people/news/lupita-nyong-o-on-racism-in-beauty-every-day-i-woke-up-hoping-my-skin-was-a-little-lighter-9171487.html)

<table>
<thead>
<tr>
<th><strong>Recommended Viewing:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Jean Kilbourne’s Killing Us Softly. Available in Alden</td>
</tr>
<tr>
<td>Day</td>
</tr>
<tr>
<td>----------</td>
</tr>
<tr>
<td>Monday</td>
</tr>
<tr>
<td>Tuesday</td>
</tr>
</tbody>
</table>

Last updated on 8/16/17. To stay up to date with the co-curricular guide, please visit: https://www.ohio.edu/womenscenter/teachingguide.cfm
<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
<th>Department/Study Area</th>
<th>Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 AM – 5:00 PM</td>
<td>Baker 3rd Floor Atrium Lounge (South)</td>
<td>Stop by Baker’s 3rd floor south atrium lounge to view photography by Mariah Jarrett, an OHIO student, showcasing women doing what makes them feel beautiful. Personal stories will accompany each photo in order to deepen the viewer’s understanding of the diversity of beauty. You can view Mariah’s photography at: <a href="https://www.mariahjarrettphotography.com">https://www.mariahjarrettphotography.com</a></td>
<td>College of Fine Art Nutrition Psychology Sociology Women’s, Gender, Sexuality Studies</td>
<td>Co-sponsored with the Women’s Center; I AM THAT GIRL; Women’s Panhellenic Association; and The Positivity Project.</td>
</tr>
</tbody>
</table>

**Wednesday October 18 12:00 – 1:00 PM**  
**Baker 354**  
**Love Yourself Week, Dine-n-Discuss: Queering and Queerying Body Positivity**  
Bring your own lunch, and prepare yourself for a discussion on body positivity through a queer lens. We will explore how body positivity movements have helped LGBTQ folks claim and reclaim their bodies on their own.  
1. Examine the language of the body positivity movement and analyze its inclusiveness for trans, non-binary, and genderqueer individuals.  
2. Consider how intersectionality, or someone’s various identities, can play a role in one’s body image.  

terms. We will also explore how these movements have often neglected the experiences of queer bodies, especially trans, non-binary, genderqueer, and other gender creative identities and communities.

Co-sponsored with the Women’s Center; I AM THAT GIRL; Women’s Panhellenic Association; The Positivity Project; and the LGBT Center

<table>
<thead>
<tr>
<th>Pre-Med</th>
<th>Psychology</th>
<th>Sociology</th>
<th>Social Work</th>
<th>Women’s, Gender &amp; Sexuality Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>relationship with their body.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>3. Develop an understanding of the</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>importance of creating a society</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>that respects trans and genderqueer</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>bodies.</td>
</tr>
</tbody>
</table>

Nationality and Cultural Imperialism’, *Fat Studies: An Interdisciplinary Journal of Body Weight and Society* 1: 1, 61-74


**Love Yourself Week: Scale Smashing**

Help us challenge beauty norms and the reliance of a number on the scale to determine self-worth and health. This is an opportunity to smash and/or re-purpose a scale!

Co-sponsored with the Women’s Center; I AM THAT GIRL; Women’s Panhellenic Association; and The Positivity Project

<table>
<thead>
<tr>
<th>Education</th>
<th>Counseling</th>
<th>Psychology</th>
<th>Sociology</th>
<th>Women’s, Gender and Sexuality Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1. Foster discussion of media</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>representation of “healthy” bodies</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>2. Challenge misogynist and racist</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>standards of beauty</td>
</tr>
</tbody>
</table>

**Thursday October 19**

11:00 AM – 2:00 PM

Howard Park at Ohio University
Located on the corner of College Street and Union Street, between coordinates H-3 and I-3 on the campus map, and marked as feature #143.

<table>
<thead>
<tr>
<th>Education</th>
<th>Counseling</th>
<th>Psychology</th>
<th>Sociology</th>
<th>Women’s, Gender and Sexuality Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Discuss the benefits of using a Health at Every Size approach, rather than focusing on ending the ‘obesity epidemic’.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. What is a &quot;normal&quot; body? Is there such a thing?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. In what ways do people try to change their body? Why do they want to change their bodies? Or, rather, why do we encourage people to want to change their bodies?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Activity: Have students search for online images of Carol Rossetti's body postcards. What ideas are her postcards challenging? Whose bodies does she talk about?

Activity: Analyze the following body positive campaigns:

a. JCPenny:

b. Lane Bryant:

c. Dove’s Real Beauty Sketches:

d. The #AerieMen campaign

Recommended Readings:
Friday
October 20
9:00 AM – 5:00 PM
Outdoor Tables
Baker Fourth Floor

**Love Yourself Week: Compliments and Letter Writing**

Join us at the outdoor tables on the Baker Center fourth floor for compliments and a letter writing activity.

Co-sponsored with the Women’s Center; I AM THAT GIRL; Women’s Panhellenic Association; and The Positivity Project

We encourage all first year students to participate as part of a first year experience

1. Learn how to accept a compliment and compliment others without focusing on external physical traits
2. Strengthen self-confidence and awareness of one’s own positive attributes

**Recommended Reading:**


**Applied Activity:**

Have students create a list of their personal and professional strengths. Ask them to consider areas that they can improve, and create a plan as to how that can become a strength.


http://theconversation.com/a-big-fat-fight-the-case-for-fat-activism-7743


Last updated on 8/16/17. To stay up to date with the co-curricular guide, please visit: https://www.ohio.edu/womenscenter/teachingguide.cfm
<table>
<thead>
<tr>
<th>Friday</th>
<th><strong>Women in Business Conference</strong></th>
<th>College of Business</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 27</td>
<td>Sponsored by the Athens Area</td>
<td>Graduate College</td>
</tr>
<tr>
<td>All Day</td>
<td>Chamber of Commerce.</td>
<td></td>
</tr>
<tr>
<td>Ohio University Inn &amp; Conference Center</td>
<td>There is a registration fee for this program.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>For more information, please</td>
<td></td>
</tr>
<tr>
<td></td>
<td>visit their website at</td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="http://www.athenschamber.com">www.athenschamber.com</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td>The morning keynote speaker</td>
<td></td>
</tr>
<tr>
<td></td>
<td>will be Nicole J. Phillips.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The afternoon keynote speaker</td>
<td></td>
</tr>
<tr>
<td></td>
<td>will be Beatrice Selotlegeng.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Thursday</th>
<th><strong>Thirsting for Knowledge</strong></th>
<th>Recommended Readings:</th>
</tr>
</thead>
<tbody>
<tr>
<td>November 2</td>
<td><em>Thursday: The Handmaid’s Tale, a lens to view current issues</em></td>
<td>The Handmaid’s Tale by Margaret Atwood.</td>
</tr>
<tr>
<td>12:00 – 1:00 PM</td>
<td>Featuring Katherine Meine,</td>
<td>Berlatsky, Noah (2017). Both versions of The Handmaid’s Tale have a problem with racial erasure. <em>The Verge</em>. June 15.</td>
</tr>
<tr>
<td></td>
<td>Armor Correctional (Milwaukee,</td>
<td>Dockterman, Eliana (2017). The Differences Between The</td>
</tr>
<tr>
<td></td>
<td>Wisconsin) and Instructional</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Academic Staff in the College of Nursing at UW Oshkosh, via video chat, Winsome Chunnu, Strategic Director for Diversity and Inclusion and Multicultural</td>
<td></td>
</tr>
<tr>
<td></td>
<td>History Department</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Playwriting</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Creative Writing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Criminology</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Diversity Certificate</td>
<td></td>
</tr>
<tr>
<td></td>
<td>LGBT Studies</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Film</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Screenwriting and Production</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1. Consider parallels between handmaid’s experiences within the show/book and pregnant women on parole/in prison.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2. Discuss the “othering” within the show’s representation of who is chosen to serve in leadership positions and those who are subservient</td>
<td></td>
</tr>
<tr>
<td></td>
<td><em>Recommended Readings:</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td><em>The Handmaid’s Tale</em> by Margaret Atwood.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dockterman, Eliana (2017). The Differences Between The</td>
<td></td>
</tr>
</tbody>
</table>

Last updated on 8/16/17. To stay up to date with the co-curricular guide, please visit: https://www.ohio.edu/womenscenter/teachingguide.cfm
Recommended Activities:

1) Discuss Bruce Miller’s statement: “what’s the difference between making a TV show about racists and making a racist TV show? Why would we be covering [the story of handmaid Offred, played by Mad Men’s Elisabeth Moss], rather than telling the story of the people of color who got sent off to Nebraska?”

2) Research the protest groups that have been using the imagery from the show to make a point. Write a response paper about the effectiveness of their protest, and the applicability (or not) of using the imagery for the show for their cause.

| Tuesday November 14 | AAUW Start Smart Salary Negotiation Workshop | We strongly encourage all | 1. Provide students with the skills needed to | 1. What is the gender wage gap? |
**ALSO OFFERED ON:**

**Monday, December 4**

- **5:30 – 7:30 PM**
  - Baker 235
  - Co-sponsored with the Graduate College.
  - This two-hour AAUW workshop provides students with the skills needed to negotiate their first salary.
  - This program counts towards a She Leads OHIO requirement (the Women’s Center's professional leadership program). For more information, please visit our website.

  Please register online at: https://orgsync.com/130803/forms/268359

- **5:00 – 7:00 PM**
  - Walter 235
  - Graduating seniors to attend in order to be prepared for the salary negotiation process; however, all are welcome to attend.

- **2.** Does the wage gap only concern women?
- **3.** How will you articulate your worth in a job interview or salary negotiation?

**Recommended Readings:**

- AAUW’s website on career and workplace issues for women
- Alison Griswold, “Paid in Prestige”. Institute for Women’s Policy Research

---

**Sunday, November 19**

- **1:00 – 5:30 PM**
  - Baker 240/242 (contract pending)
  - Elect Her: Campus Women Win
  - Brought to Athens, Ohio by Running Start, and the Women’s Center, this program is to emphasize the importance of women running for office. To nominate a student to attend the program please visit: http://tinyurl.com/Ohio_Elect_Her
  - All students are encouraged to participate because we want them to run for student office – and because of the transferrable skills this program provides.
  - Political Science

  1) Identify the steps to run for student office
  2) Analyze the gendered issues that face women who run for government
  3) Articulate a media strategy for a campaign
  4) Create a campaign platform

**Exercise.** Have students design their own political campaign: identify the issues that are important to them; strategize a media campaign; predict how opponents and journalists may address their political run.

  Elect Her website (AAUW)
Co-sponsors forthcoming.

If you are interested in co-sponsoring this program, please contact the Women’s Center.

This program counts towards a She Leads OHIO requirement (the Women’s Center’s professional leadership program). For more information, please visit our website.

Voinovich School Leadership and Public Affairs
College of Business
Pre-Law

Thursday
November 30
5:30 – 7:00 PM
Baker 230

**Stay out of your own way: How Gender Stereotypes Threaten Our Success**

This one and a half hour, interactive workshop will highlight the ways in which women have traditionally undersold their skills and provide opportunities for participants to self-reflect on their own experiences. We will discuss the social expectations put on women, which can complicate women’s desire to do self-promotion. Through analyzing descriptors of women’s professional accomplishments, body language, and verbal inflections, participants will be encouraged to investigate.

We strongly encourage participation from students who are looking for employment, internships, or are in their senior seminar. All are welcome to attend.

College of Business
Communications
Women’s Gender, and Sexuality Studies
All STEM fields

1. Provide students with the skills needed to advertise themselves in the workplace
2. Understand how different presentation styles function within an interview setting
3. Instruct students how to demonstrate confidence in themselves
4. Identify common traps for women, like apologizing, etc.
5. Explore the use of “hedging” and speech inflection in

1) What are different gendered communication styles?
2) How can you demonstrate confidence during an interview?
3) What are your skills?

improved ways of communicating professionally. This program counts towards a She Leads OHIO requirement (the Women’s Center’s professional leadership program). For more information, please visit our website.

<table>
<thead>
<tr>
<th>Communicating confidence</th>
<th>The Top 5 Mistakes Women Make in Academic Settings, from The Professor is In.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women Urged to stop underselling themselves</td>
<td>Gender free job ads</td>
</tr>
<tr>
<td>Why It's Harder for Women to 'Brag' about Themselves at Work – And Why We Really Need To</td>
<td>Not Sorry video</td>
</tr>
<tr>
<td>Ban Bossy video</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tentative Spring 2018 Schedule: Save the Date</th>
</tr>
</thead>
</table>

Please check the Women’s Center's website in December 2017 for confirmation of Spring 2018 programs.

Thursday, February 1: World Hijab Day

Saturday, February 10: Women in Graduate School Day Conference featuring keynote Gloria Burgess (contract pending, http://www.gloriaburgess.com/): For information about last year’s conference, please visit this link: https://www.ohio.edu/womenscenter/womeningradschoolconference.cfm

Monday, February 19, 5:30-7:00PM, Baker 230: Stay out of your own way: How Gender Stereotypes Threaten Our Success (also offered April 11, 12:00-1:30PM, Baker 230)

Tuesday, February 27, 11:00-1:00PM, Baker 230: AAUW Start Smart Salary Negotiation Workshop (also offered on March 29, 5-7PM, Baker 230; April 18, 11-1PM, Baker 230). Please register online at: https://orgsync.com/130803/forms/268359

Thursday, March 1: Keynote Speaker, Sara Safari (contract pending; http://www.sarasafari.com/), co-sponsored with the Women’s Center; Voinovich School of Leadership and Public Affairs; Electrical Engineering; Center for Campus and Community Engagement; College of Business; Multicultural

Last updated on 8/16/17. To stay up to date with the co-curricular guide, please visit: https://www.ohio.edu/womenscenter/teachingguide.cfm
Thursday, March 8: **International Women’s Day**

Wednesday, March 21, 6:30PM, Walter Rotunda: **Women’s Achievement Dinner**, co-sponsored with Sigma Lambda Gamma National Sorority, Inc., and Order of Omega

Wednesday, April 4th – 5th: **Take Back the Night Programming**

---

**Ongoing Programming:**

The first Friday of each month, from 3-5PM, the Women’s Center and Multicultural Center will host “Soulful Sisters”, a women of color leadership and professional development group. Fall 2017 meetings will be held in the Friends of the Library Room in Alden, except for a networking event on December 1st. Spring 2018 will be held in the Multicultural Center’s Multipurpose Room. We encourage students to attend every session in order to have a cohort experience, but they are welcome to join at any time. If you know a student that would benefit from this, please encourage them to attend. This program is not intended for observation, but active participation.

The Young Women Leaders Program assigns mentors to seventh and eighth grade girls at Athens Middle School. Participants interested in any facet of the program are required to take PCOE 2301C in the Fall semester.

The Women’s Mentoring Program paired 70 mentees with mentors for the 2017-2018 academic year. If you know a student that could benefit from this program, please encourage them to apply by early spring 2018 (applications are currently available through orgsync under the Women’s Center). If you are interested in serving as a mentor, please apply: [https://orgsync.com/130803/forms/233924](https://orgsync.com/130803/forms/233924)

Women Leading OHIO is a professional and leadership development program for early career faculty and staff. For more information, please visit: [https://www.ohio.edu/womenscenter/programs/women-leading-OHIO.cfm](https://www.ohio.edu/womenscenter/programs/women-leading-OHIO.cfm)