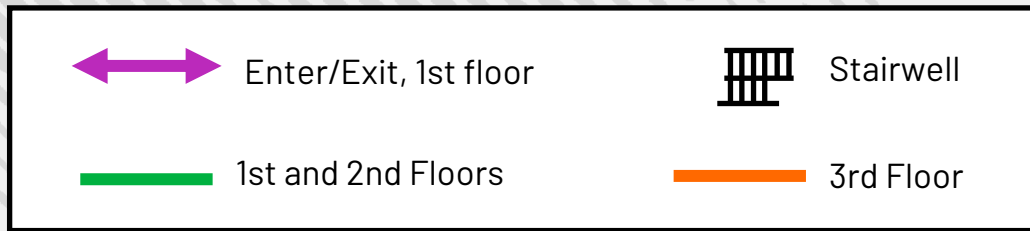
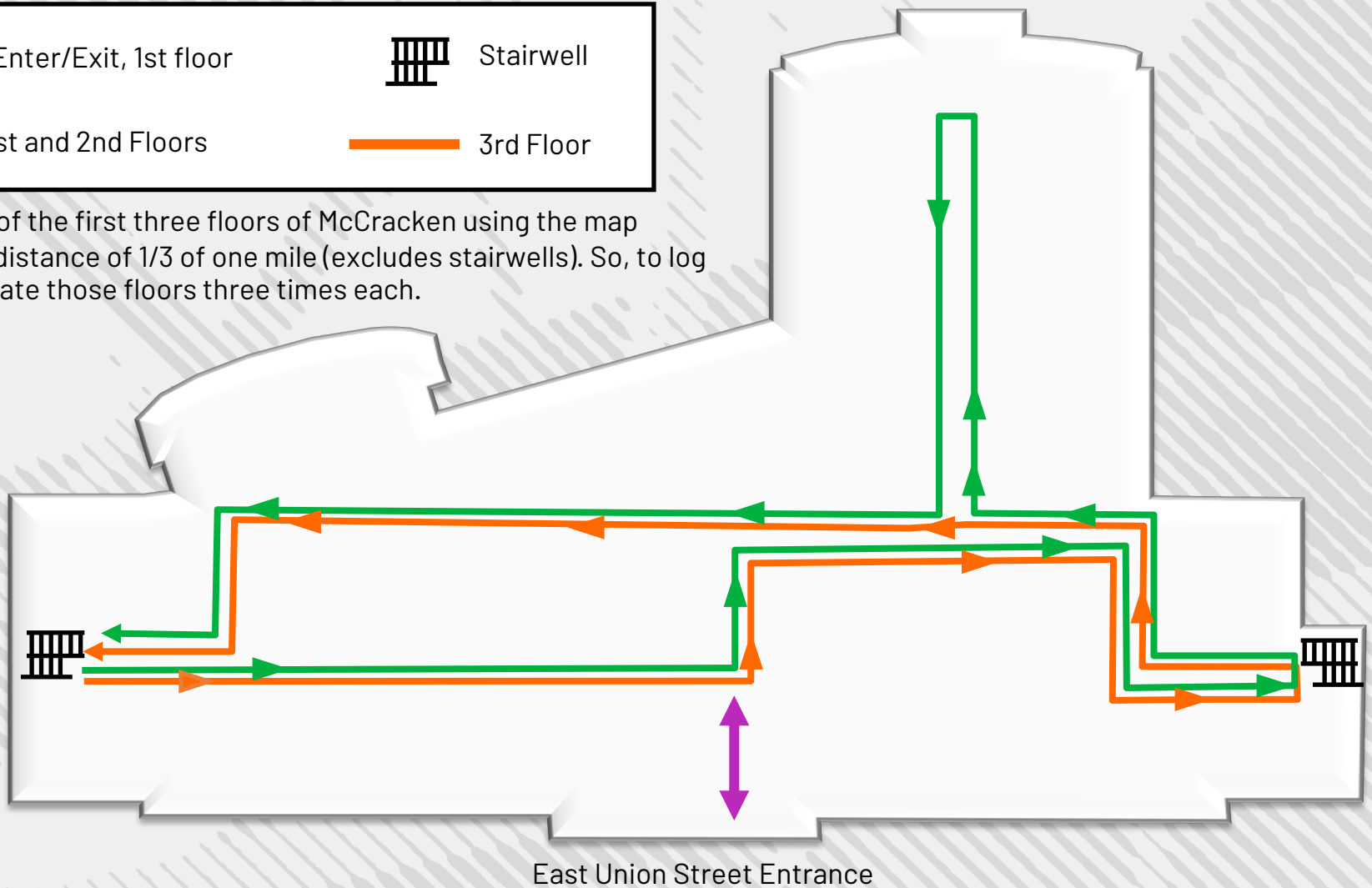


McCracken Hall Movement Route



Distance: Each of the first three floors of McCracken using the map below is a total distance of 1/3 of one mile (excludes stairwells). So, to log a full mile, navigate those floors three times each.



Tips for a Successful Indoor Movement Break:

- Keep an eye out for doors opening.
- When traveling with more than one person, keep voices low so as not to disrupt your colleagues who are working.
- Pay special attention when going around corners so that you do not run into people coming from the opposite direction.

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