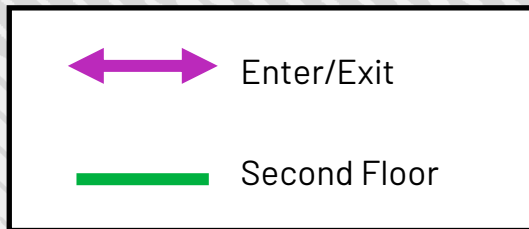


Convocation Center Movement Route



Distance: To log one mile, navigate the exterior hallway of Convocation Center 5.5 times.

WellWorks
A CHSP initiative

Tips for a Successful Indoor Movement Break:

- Keep an eye out for doors opening.
- When traveling with more than one person, keep voices low so as not to disrupt your colleagues who are working.
- Pay special attention when going around corners so that you do not run into people coming from the opposite direction.

