Ice skating is for fun and enjoyment for everyone. Skating can be enjoyed in many ways. Regardless of your skill level, there are elements of risk in ice skating. Use good judgement, show courtesy to others, and anticipate dangerous situations before they arise. The following rules are basic elements of safety and courtesy:

- Participants must pay or check in at the Front Desk prior to skating.
- All participants must sign a waiver before entering the ice.
- Bird Arena staff will be on the ice as ‘Skate Guards’ if participants need any assistance.
- Helmets are strongly recommended for all participants. Please request a helmet at the Front Desk free of charge.
- No rough housing or playing tag, chase, or “crack-the-whip”.
- No metal, plastic, hard hair accessories or jewelry permitted while skating.
- Long pants, layers, and gloves are recommended while on the ice.
- No sticks, pucks, or balls.
- No banging/hitting the glass at any time.
- Children 17 years or younger must be accompanied by an adult.
- No weaving around other skaters or the cones.
- No excessive roughness, speed skating, or skating against the designated skating pattern.
- No one is allowed on the ice without skates.
- No intentional sliding or diving on the ice.
- No kicking or chipping of the ice or dasher boards.
- No more than 2 people may skate together (no chains)
- Do not sit or lean over the boards.
- Skaters are not permitted in the team bench areas or penalty box.
- Ice skates are not allowed in bleachers or spaces without rubber flooring.
- No carrying children at any time on the ice.
- No personal items such as headphones, handbags, phones, cameras, etc. on the ice.
- All exits and doors must remain clear at all times.
- No food or drink, tobacco, or alcohol products are permitted on the ice or inside the facility at any time.
- Please skate in counter clockwise motion unless otherwise instructed by Bird Arena staff.
- Report any dangerous situations or behavior to Bird Arena staff immediately.
- Skaters participating in open skate are doing so at their own risk.
- Younger and inexperienced skaters should skate near the boards.
- Use of profanity or obscene gestures is strictly prohibited.
- No personal music is to be played inside the facility.
- All ice surface doors must remain closed during resurfacing.
- No chairs or learn to skate devices allowed on the ice.
- Bird Arena reserves the right to stop any behavior or actions considered to be unsafe. You may be asked to sit out for a certain amount of time and/or leave the ice.
- Bird Arena/Campus Recreation is not responsible for lost, damaged, or missing items. All skaters & spectators must act responsibility while on the ice and in the rink- Disruptive behavior may result in dismissal from the program without reimbursement.

There are elements of risk that good judgement and personal awareness can help reduce. You are ultimately responsible for your personal safety. Use caution, and skate in control. Respect other skaters. It is part of your responsibility to avoid other skaters and hazards. Failure to use good judgment, to skate responsibly, or to follow the rules will result in the loss of skating privileges.