



So... you're
undecided...



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Agenda

- Introduction
- Myths about choosing a Major
- Choosing a major – it's a process
- Identify your interests
- Exploration
- Next steps



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Common Myths



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Everyone else knows their major!

80%

of students entering college admit that they're not certain what they want to major in.

50%

of college students change their majors at least once



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There is one "right" major for everyone.

- ▶ FALSE.

There are over 270 majors at Ohio University. Each of us has abilities, interests and values that match up with more than one of these majors. You may discover a major that's perfect for you, but that doesn't mean you couldn't enjoy other majors, too. Similarly, people can enjoy a number of possible jobs and careers.

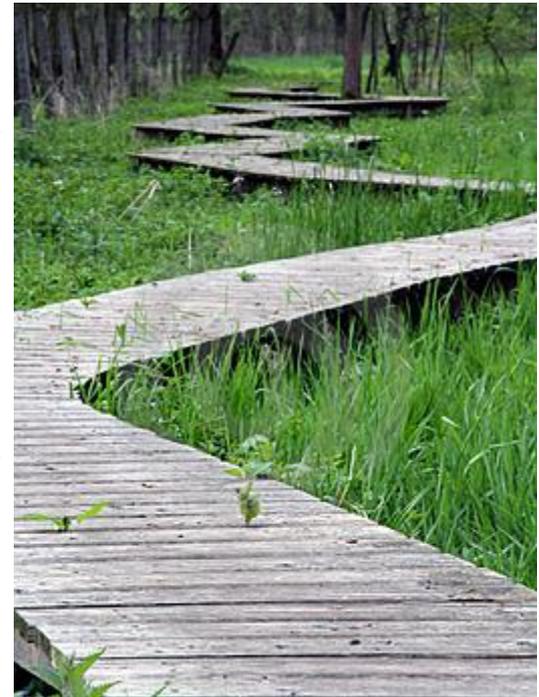


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My major will determine my career path



VS

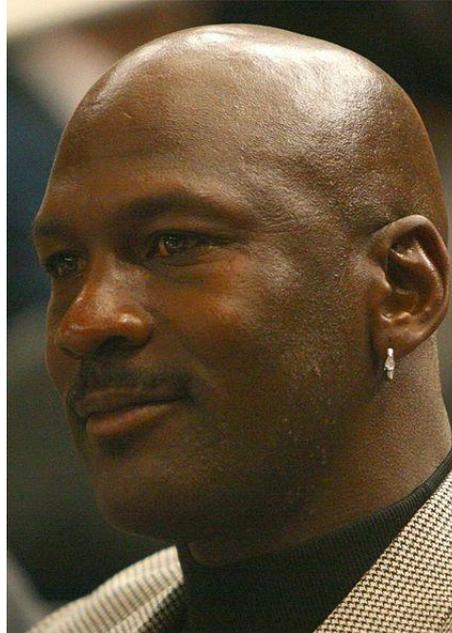


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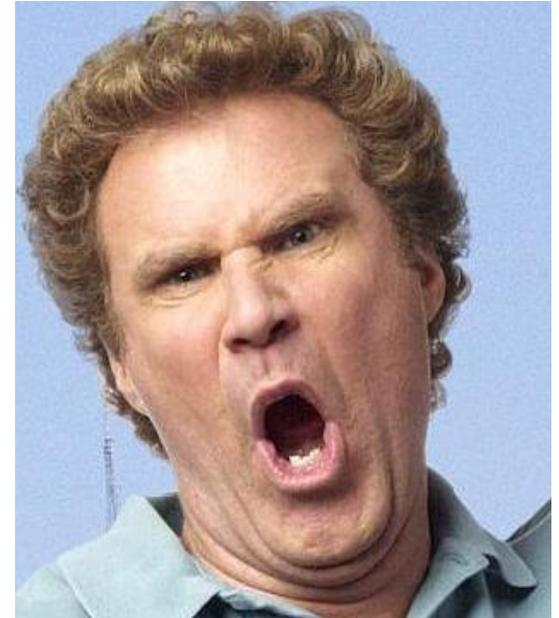
Major = Career



History



Cultural
Geography



Sports
Information



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"How does a liberal arts degree relate to a career?"

<http://www.cas.ohiou.edu/undergrad/content/career/libartcar.asp>

Key Skills of Liberal Arts Majors:

- Writing
- Speaking
- Research and information retrieval
- Analytical thinking
- Creative thinking
- Learning and synthesizing new ideas



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In today's fast evolving world, leaders across the spectrum of vocations and professions need a broad imaginative and critical capacity, not a prematurely narrow point of view. In terms of the actual world, a solid liberal arts and sciences education will generally prove the most practical preparation for many demanding, high-level careers, or for the several careers that an increasing number of adults will eventually pursue. No particular concentration or area of study is inherently a better ticket to security, leadership, or personal satisfaction than another. Students should be encouraged to follow their passions and interests, not what they guess (or what others tell them) will lead to a supposedly more marketable set of skills.

The Value of a Liberal Arts Education

http://www.admissions.college.harvard.edu/about/learning/liberal_arts.html



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If I haven't chosen a major yet, I don't need to do anything now. I'll just take General education Tier I and II courses my first year and wait until I've completed those requirements to think about choosing a major.

FALSE



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Why?

- First, it's difficult to stay motivated to go to class and earn the best possible grades if you don't have a clear goal—even if that goal changes.
- Second, it takes time to collect the information to make a careful choice of major.



- You will probably complete or nearly complete your Tier I and II general education courses by the end of the first year, and you will register for next fall's courses in April.
- If you haven't been working to make an informed decision, what will you register for in April to take next fall?



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----- COLUMN 1 -----

EMAIL:
CAMPUS:
LEVEL:
COLLEGE: University College
PLAN: Major CODE: ND1201 CATALOG: 2011-12
Undecided

----- ADVISOR(S) -----
MAJOR ADVISOR: Kimberly Jeffers (jeffersk@ohio.edu)

Transcripted hours and gpa listed below might differ from those applied toward your degree. Hours and gpa listed under general graduation requirements are used to certify graduation.
SEMESTER ATTEMPT EARNED GPA POINTS
TRANSCRIPT: | 12.66 | 13.99 | 3.035 | 38.44 |

IN-PROGRESS HOURS*: 3.0 Undergraduate (Fall Semester 2012-13)
*excludes audited, withdrawn, no report (NR), and completed hours

-----> AT LEAST ONE REQUIREMENT HAS NOT BEEN COMPLETED. <-----

THE FOLLOWING REQUIREMENT WAS DETAINED AND WILL NOT BE

* THIS UNDECIDED PROGRAM IS LIMITED TO FRESHMAN AND SOPHOMORE *
* STANDING ONLY. YOU MUST DECLARE A MAJOR PRIOR TO COMPLETING *
* 40 CREDIT HOURS. *

NO GENERAL GRADUATION REQUIREMENT - COMPLETE 120 SEMESTER HOURS AT THE 1000-LEVEL OR ABOVE (135 HOURS FOR STUDENTS EARNING TWO BACCALAUREATE DEGREES). THE FOLLOWING LIMITS WILL APPLY: 1) NO MORE THAN 13.33 HOURS TAKEN WITH THE PASS/FAIL GRADING OPTION AND 2) NO MORE THAN 6 HOURS OF DEVELOPMENTAL COURSES. 2.0 GPA REQUIRED.

EARNED: 14.00 HOURS
12.66 HOURS ATTEMPTED 38.44 POINTS 3.035 GPA
--> NEEDS: 106.00 HOURS 2.000 GPA

1) NO MORE THAN 6 HOURS OF DEVELOPMENTAL COURSES WILL APPLY. BEGINNING FALL SEMESTER 2012-13, DEVELOPMENTAL COURSES WILL BE LISTED WITH THE LETTER 'D' BETWEEN THE SUBJECT AND NUMBER, E.G. MATHD005.

2.70 HRS COMPLETED
Wil2 ENG 150 0.0 D >X QTR : ENG 150
Sp12 ENG D150 2.6 C+ QTR : ENG 150

HOURS APPLIED WITHOUT RESTRICTION
11.40 HRS COMPLETED

***** CONTINUED ON COLUMN 2 PAGE 1 *****

----- COLUMN 2 -----

NO UNIVERSITY RESIDENCY
COMPLETE A MINIMUM OF 30 HOURS AT OHIO UNIVERSITY.
EARNED: 14.00 HOURS
--> NEEDS: 16.00 HOURS

PLACEMENT
ENGLISH COMPOSITION PLACEMENT
PLXX PLEN150 0.0 DEVELOPMENTAL ENGLISH PLCT
MATH PLACEMENT
PLXX PLMPL1 0.0 MATH LEVEL 1 PLACEMENT
READING PLACEMENT
PLXX PLRDLV3 0.0 READING LEVEL 3 PLACEMENT

NO GENERAL EDUCATION TIER I FIRST-YEAR ENGLISH COMPOSITION
- 1) COMPLETE A FIRST YEAR ENGLISH COMPOSITION COURSE. NOTE: ENG 1610 IS RESERVED FOR NON-NATIVE SPEAKERS OF ENGLISH.
NEEDS: 1 COURSE
SELECT FROM: ENG 1510 ,1610

OK GENERAL EDUCATION TIER I QUANTITATIVE SKILLS
Sp12 MATH1200 3.3 A- QTR : MATH113

NO GENERAL EDUCATION TIER I JUNIOR COMPOSITION
-R 1) COMPLETE ONE JUNIOR COMPOSITION COURSE (J).
NEEDS: 1 COURSE
SELECT FROM: ART 3000J AVN 3250J CLWR 3050J
CONS 3450J ECON 3100J EDHP 3930J ENG 3060J,3070J,
ENG 3080J,3090J,3100J,3040J ET 3000J ETM 3700J
FILM 3440J HC 3000J HIST 3111J HLTH 3400J
IART 3600J JOUR 4410J MGT 3100J,4000J ML 3210J,
ML 3270J NRSE 3700J PBI0 4180J,4181J PHIL 3010J
POLS 3050J PROM 3250J REC 3700J SAM 3250J
SOC 3560J
- OR) COMPLETE 2 JUNIOR COMPOSITION EQUIVALENCY COURSES (JE) WITHIN YOUR PROGRAM OF STUDY. ALL JE COURSES ARE LISTED BELOW, BUT COURSES OUTSIDE YOUR PROGRAM OF STUDY MUST BE APPROVED BY THE DEPARTMENT OR SCHOOL. COURSES MUST BE TAKEN FALL 2012-13 OR LATER.
NEEDS: 4.00 HOURS 2 COURSES
SELECT FROM: CE 4200 CHE 2010 ,4110 COMS 3400 ,
COMS 3500 ,3600 EDEC 4200 ISE 2100 ,3340
JOUR 3310 ,3500 ,3630 ,3700 ,4650 ,4700 ME 3510 ,
ME 4080

NO GENERAL EDUCATION TIER II - COMPLETE 21 HOURS WITH AT LEAST 2 HOURS FROM EACH OF THE 6 DISTRIBUTION AREAS. NO MORE THAN 2 DISTRIBUTION AREAS MAY BE SATISFIED WITH COURSES FROM THE SAME DEPARTMENT/SCHOOL. NO MORE THAN 8 OF THE 21 HOURS MAY BE FROM THE SAME DEPARTMENT/SCHOOL. NO MORE THAN 2 COURSES MAY BE FROM THE MAJOR DEPARTMENT OR AREA OF CONCENTRATION.
EARNED: 3.40 HOURS 1 SUBREQT
--> NEEDS: 17.60 HOURS 5 SUBREQTS

***** CONTINUED ON COLUMN 3 PAGE 2 *****

----- COLUMN 3 -----

- 1) APPLIED SCIENCE & MATHEMATICS (2AS) - COMPLETE 2 HOURS.
NEEDS: 2.00 HOURS 1 COURSE
SELECT FROM: BIOS 2050 ,2200 ,2210 ,2215 ,2250 ,2350
CHEM 1010 CS 2300 CSD 1000 EE 1014 EH 2000
ET 2300 ,2800 ETM 1100 GEOL 1400 ,2600 ,2600
GEOL 1350 ,1700 ,2150 ,2310 HLTH 2000 ,2020
ISE 1100 ,3040 ITS 1010 ,2010 MATH 1350 OR
MATH 2301 ,2302 OR 2301Y(Fa13-Su13),
MATH 2302Q(Fa13-Su13) NUTR 1000 ,1100 PBIO 1030 ,
PBIO 2010 ,2140 ,3140 PSC 1350

- 2) CROSS-CULTURAL PERSPECTIVES (2CP) - COMPLETE 2 HOURS.
NEEDS: 2.00 HOURS 1 COURSE
SELECT FROM: AH 2130 ,3310 ,3400 ANTH 1010 ,2020
CLAR 1110 CLWR 3330 ,3340 ,3350 COMS 1100
DANC 3550 ,4550 ENG 3310 ,3320
FOREIGN LANGS: AKAN 1110 ,1120 ,2110 ,2120
ARAB 1110 ,1120 ,2110 ,2120 CHIN 1110 ,1120 ,
CHIN 2110 ,2120 FR 1110 ,1120 ,2110 ,2120
GER 1110 ,1120 ,2110 ,2120 GK 1110 ,1120
HIND 1110 ,1120 ,2110 ,2120 INDO 1110 ,1120 ,
INDO 2110 ,2120 ITAL 1110 ,1120 ,2110 ,2120
JPN 1110 ,1120 ,2110 ,2120 JPC 2500 KHMR 1110 ,
KHMR 1120 ,2110 ,2120 KIKU 1110 ,1120 ,2110 ,
KIKU 2120 LAT 1110 ,1120 MALA 3110 ,3120 ,
MALA 3530 PORT 3110 ,3120 ,3180 ,3190
RUS 1110 ,1120 ,2110 ,2120 SOMA 1110 ,1120 ,
SOMA 2110 ,2120 SPAN 2110 ,2120 ,3349
SUDN 1110 ,1120 ,2110 ,2120 SWAH 1110 ,1120 ,
SWAH 2110 ,2120 THAI 1110 ,1120 ,2110 ,2120 ,
THAI 3110 ,3120 VIET 1110 ,1120 ,2110 ,2120
WOL 1110 ,1120 ,2110 ,2120 ZULU 1110 ,1120 ,
ZULU 2110 ,2120 GEOL 1310 HIST 1320 ,1330 ,
HIST 2460 ,323A ,3230 ,3231 ,3293 ,3371 ,3410 ,
HIST 3411 ,3450 ,3451 ,3452 ,3520 ILL 3090
INST 1100 ,1114 ,1400 ,1600 ,2100 MDIA 3175
MUS 1210 PBIO 2170 POLS 4400 RFPD 1100
RHT 1200

- 3) FINE ARTS (2FA) - COMPLETE 2 HOURS.
NEEDS: 2.00 HOURS 1 COURSE
SELECT FROM: AH 2110 ,2120 ART 1100 ,1600
DANC 1700 ,2700 ,2710 ,4710 ,4711 ,4750 FAR 1500
FILM 2010 ,2020 IART 1170 ,1180 MUS 1000 ,1200
OR 1250 ,1240 THAR 1130 ,1710 ,1720 ,1730 ,2710 ,
THAR 2711

- 4) HUMANITIES AND LITERATURE (2HL) - COMPLETE 2 HOURS.
Fa13 CLAS2340 3.0 0.0 W
NEEDS: 2.00 HOURS 1 COURSE
SELECT FROM: AAS 1100 ,1500 ,2100 ,2110 ,2500 ,3500
CAS 1110 ,1120 CLAS 2300 ,2310 ,2340 ,2520 ,2530 ,
CLAS 2540 ,2550 CLWR 1010 ,2210 ,2220 ,3310
CLWR 3320 COMS 1010 ,1030 ENG 1600 ,2010 ,2020
FILM 2030 GK 2110 ,2120 HIST 1210 ,1220 ,1221
HUM 2070 ,2080 ,2170 ILM 2901 ,2902 ,2903 ,2904 ,
ILML 2905 ,2906 JS 1000 ,2100 LAT 2110 ,2120
ML 2330 PHIL 1010 ,1300 ,2160 ,2320 ,2400 ,2600 ,
PHIL 3100 ,3110 ,3120 ,3140 VICO 1000 WGS 1000

----- COLUMN 4 -----

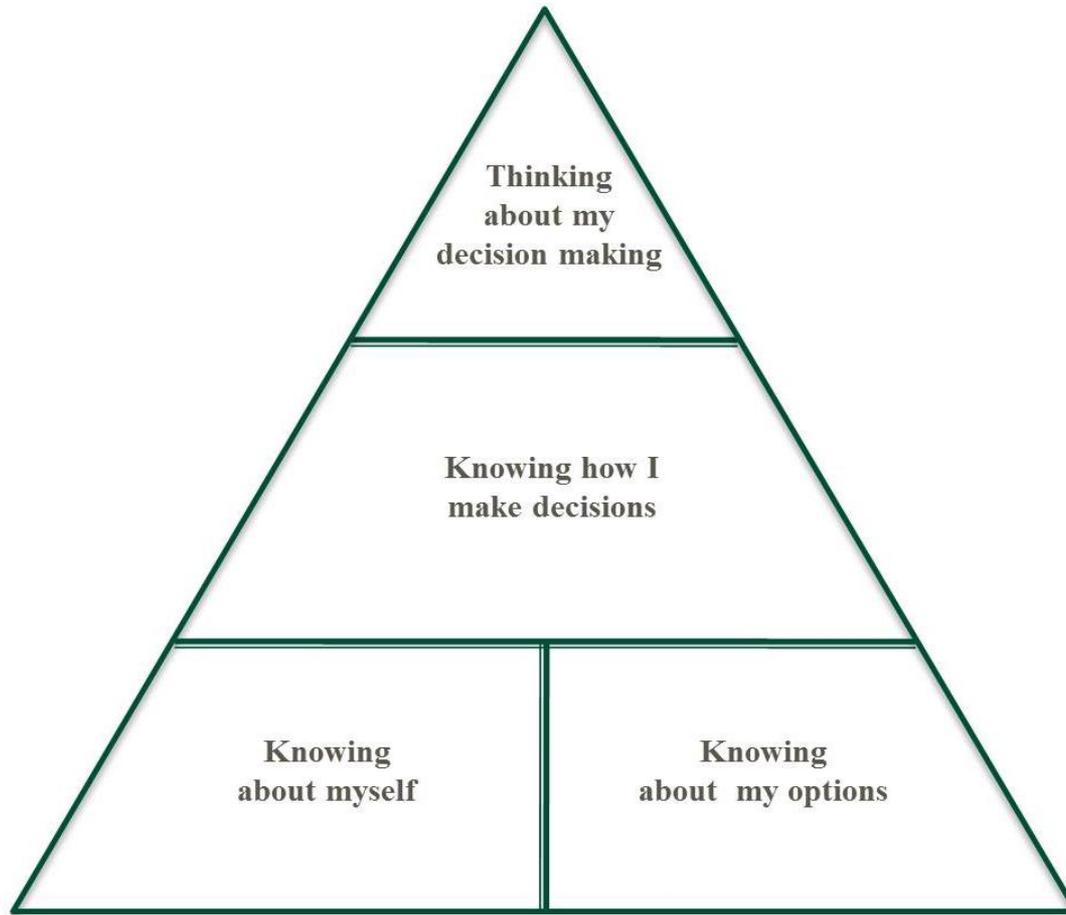
- 5) NATURAL SCIENCES (2NS) - COMPLETE 2 HOURS.
NEEDS: 2.00 HOURS 1 COURSE
SELECT FROM: ANTH 2010 ASTR 1000 ,1001 ,1400
BIOS 1000 BIOL 1010 OR PBIO 1140 OR BIOS 1700 ,
BIOS 1030 ,1300 ,1310 ,1705 ,1710 ,1715 ,2010 ,
BIOS 2020 ,2030 ,2035 ,2060 ,2100 ,2750 CHEM 1210
OR 1510 ,1220 OR 1520 GEOL 1100 ,2020
GEOL 1010 ,1200 ,1300 ,2000 ,2110 ,2210 ,2710
PSC 1010 ,1011 ,1050 ,1051 ,1310 ,2050 PBIO 1000 ,
PBIO 1000L ,1090 ,1150 OR 1150Y OR 1150Z ,2090
PHYS 2001 OR 2001Q(Fa13-Su14),2002 OR
PHYS 2002Q(Fa13-Su14),2051 OR 2051Q(Fa13-Su14),
PHYS 2052 OR 2052Q(Fa13-Su14),2301

+ 6) SOCIAL SCIENCES (2SS) - COMPLETE 2 HOURS.
(3.40 HRS COMPLETED)
Will PSY 1010 3.3 C QTR : PSY 101
SELECT FROM: AAS 1010 ,2020 CFS 2700 ,2710
CLAR 2110 ,2120 ,2130 COMS 3601 ,3602 ,3603
COMS 2500 ECON 1000 ,1030 ,1040 EDEC 1600
GEOL 1200 ,1300 HIST 2000 ,2010 JOUR 1050
LING 2700 MDIA 1091 ,2012 ,2132 ,2305 MGT 2000
POLS 1010 ,1500 ,2000 ,2300 ,2500 ,2700 ,4300
REC 2010 SW 1000 SOC 1000 ,2000

NO GENERAL EDUCATION TIER III

- 1) COMPLETE AT LEAST 2.6 HOURS OF TIER III (T3) OR TIER
III EQUIVALENT COURSEWORK. AT LEAST 1.3 OF THE 2.6
HOURS MUST BE TAKEN AT SENIOR RANK (90 HOURS).
NEEDS: 2.60 HOURS
SELECT FROM: T3** ****
EQUIVALENT: AAS 3691 ,3692 ,4693 ACCT 4200
AH 4711 ANTH 4520 ,4720 ,4730 ART 4950 &
ART 4952 ,4954 & 4956 ,4958 AT 4030 A/N 4800
BIOS 4070 ,4190 ,4730 ,4810 ,4941 ,4941H CE 4910 ,
CE 4911 ,4912 ,4913 CFS 4602 CHE 4310
CHEM 4501 OR PBIO 4501 CHEM 4070 & 4070L,
CHEM 4941 COMS 4800 CS 4560 CSD 4410
DANC 4800 ECON 4850 EDCS 4000 ,4001
EDEC 4500 EDPL 4650 EE 4963 EH 4710
ENG 4600 ,4640 ,4650 ,4660 ES 4500 ET 4520
ETM 4620 EXPH 4495 FIN 4610 GEOL 4800 ,
GEOL 4990H GEOL 4000 ,4290 ,4460 ,4910
HIST 4536 HLTH 4665 ISE 4191 ITS 4440
JOUR 4130 ,4230 ,4630 ,4660 ,4860 ,4870
MATH 4940 ME 4702 MGT 4590 MIS 4800
MKT 4630 MUS 4620 ,4940 & 4941 ,4950 & 4951
NRSE 4600 NUTR 4200 PBIO 4420 ,4945H
PHIL 4901 PHYS 4051 POLS 4465 PSY 4210 ,
PSY 4010 REC 4600 ,4850 RFPD 4000 SAM 4700
SASM 4500 SOC 4950 SW 4802 TAS 4510
VICO 4112 ,4188 ,4229 ,4306 WGS 4000 ,4910

OTHER COURSES
EARNED: 4.70 HOURS
Sp12 PSY 1900 0.6 CR QTR : PSY 190Z
Su12 C S 190 0.6 CR QTR : C S 190
Su12 MATH1300 3.3 A QTR : MATH115



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Knowing about yourself

- Interests
 - What I enjoy
- Values
 - What I consider important
- Abilities
 - What I do well



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What do you like to do?

- Co-curricular activities – student organizations
- Hobbies and free time
- Volunteer activities
- Favorite classes
- Reading about specific topics



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John Holland



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- Realistic- People who prefer to work with objects, tools, machines, plants or animals
- Investigative- People who like to analyze, evaluate, or solve science and math based problems
- Artistic- People who like to work in unstructured situations
- Social- People who like to work with people in a helping capacity
- Enterprising- People who like leading or managing for organizational goals or economic gain
- Conventional- People who like to work with data



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Knowing about my options

- Things to consider:
 - Does your current major or those you are considering line up with your code?
- What are the majors offered at OU?
- Action steps!
 - Identify 2-5 Majors that you feel fall in line with your Holland Code



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www.catalogs.ohio.edu

- Guidelines and General Information
- Colleges and Curricula
 - 9 academic colleges and Regional Higher Ed.
 - **Academic college admission requirements**
 - Academic college general education requirements



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Degrees Offered on the Lancaster Campus:

www.ohio.edu/lancaster

Associate Degrees

- Accounting Technology
- Associate of Arts (Arts and Humanities)
- Associate of Arts (Social Science)
- Associate in Science
- Business Management Technology
- Child Development Technology
- Computer Science Technology
- Electronic Media
- Engineering Technology
- Human Services Technology
- Individualized Studies
- Law Enforcement Technology
- Medical Assisting Technology



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Bachelor Degrees

- Communication Studies
- Criminal Justice
- Early Childhood Education
- Health Service Administration
- History
- Middle Childhood Education
- Psychology
- Social Work
- (SLS) Sport and Lifestyle Studies
- (BSS) Bachelor of Specialized Studies
- (BTAS) Technical and Applied Studies
- (BSAM) Applied Management



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What to do now?!?

- Explore

- Research online
- Utilize the Career and Leadership Development Center's online resources

- Talk

- Reach out to advisors/professors in the majors you have an interest
- Set up a Career Coaching appointment

- Do!

- Take classes
- Volunteer
- Join student organizations



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Building Your Network

- **Why network?**
 - Build professional connections in your field
 - Discover what it is like to work in the field
 - Determine if your field is a “fit” for you
- **Where to start...**
 - Identify areas of professional/personal interest
 - Share your interests with people you know
 - *Find out if any contacts are in a similar field*
 - *Ask*



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Assessments to assist in identifying and articulating skills and strengths

- John Holland Personality Test

<http://personality-testing.info/tests/RIASEC.php>

“The Holland Occupational Themes is a theory of personality that focuses on career and vocational choice. It groups people on the basis of their suitability for six different categories of occupations. The six types yield the RIASEC acronym, by which the theory is also commonly known. The theory was developed by John L. Holland over the course of his career, starting in the 1950s. The typology has come to dominate the field of career counseling and has been incorporated into most of the popular assessments used in the field. The RIASEC Markers Scales from the Interest Item Pool were developed by Liao, Armstrong and Rounds (2008) for use in psychological research as a public domain alternative to the usual assessments which are marketed commercially”. (text taken directly from website)



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- Jung typology:

<http://www.humanmetrics.com/cgi-win/jtypes2.asp>

“[This free personality test](#) is based on Carl Jung’s and Isabel Briggs Myers’ personality type theory.

Upon completion of the questionnaire, you will:

- Obtain your 4-letter type formula according to [Carl Jung’s and Isabel Briggs Myers’ typology](#), along with the strengths of preferences and the description of your personality type
- Discover careers and occupations most suitable for your personality type along with examples of educational institutions where you can get a relevant degree or training
- Understand communication and learning styles of your type.” (text taken directly from website)



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- [“What-if” DARS](#)
- <http://www.ohio.edu/careerandleadership/>
- What Can I Do With A Major In...:
<http://whatcanidowiththismajor.com/major/>
- <http://www.careerinfonet.org/employerlocator/>
- <http://www.bls.gov/ooh/home.htm>

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