

Don't forget that you and your family members have access to health advisory services.

## Health Navigator, powered by PinnacleCare is provided at no cost to you by your employer.

As a member, you will receive an objective, unbiased, and timely resource to coordinate an expert medical review and guide you through your healthcare challenges. We save you time and help you avoid unnecessary or inappropriate procedures.

You and your covered dependents, as well as your parents/parents-in law and your adult children can access Health Navigator, powered by PinnacleCare for the confidence that you are making the right healthcare decisions for your specific situations.

## We specialize in providing access to top specialists, especially when you...

- Receive a new diagnosis
- Receive a surgery recommendation
- Are unsure of your doctor's medical advice
- Require a top healthcare specialist

We can also help you find a new routine care provider.

When facing an unexpected healthcare challenge, our care advisors will help you...

- Review your case
- Understand your condition
- Gather your medical records
- Understand your treatment options
- Quickly schedule appointments
- Obtain opinions from experts
- Make informed decisions
- Achieve better medical outcomes

## Contact Health Navigator when you need access to a specialist or new routine-care doctor: Phone: 888-352-4969

Online: <u>www.PinnacleCare.com/health-navigator-support</u> Representatives are available Monday through Friday, 8:00 a.m.-6:00 p.m. (ET)



Not approved for use in New Mexico.

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PinnacleCare and its employees do not diagnose medical conditions, recommend treatment options or provide medical care, and any information or services provided should not be considered medical advice. Any medical decisions should be made only after consultation with and at the direction of your medical provider. Any person or entity who provides health care services following a referral or other service provided does so independently and not as an agent or representative of PinnacleCare.

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