



WE'RE HERE FOR YOU

YOUR EMPLOYEE ASSISTANCE PROGRAM

WE HELP WITH EVERYDAY LIFE STRUGGLES SUCH AS:

- Family Conflict
- Couples/Relationships
- Substance Abuse
- Anxiety
- Depression
- Household Errands
- Adoption/Elder Care/Child Care
- Wellness
- Divorce/Custody
- Budgeting
- Estate Planning
- Bankruptcy
- *Any other life challenge you may face*

OUR SOLUTIONS INCLUDE:

- Face-to-Face Chat, Video, & Phone Access
- Mental Health Counseling
- Work/Life Resources
- Legal/Financial Resources
- Medical Advocacy
- Life/Wellness Coaching
- Personal Assistant
- **Member Portal & APP** (personalized content, articles, webinars, health & lifestyle assessments, shopping discounts and more)

MEMBER PORTAL & APP:

Gives you access to thousands of up-to-date, topic-related articles, videos, podcasts, self-assessments, calculators, and webinars.

CONTENT RELATED TO:

- Family & Education
- Health & Wellness
- Financial & Legal
- Career
- Everyday Living
- More.....

To create an account or login visit MyImpactSolution.com and click on member portal & app

WHO CAN ACCESS THESE SERVICES?

- All eligible employees
- Spouse/partner
- Dependents
- Household members
- Parents/parents-in-law

This service is always available, confidential & at no cost to you. Your participation is voluntary.

CALL 24/7/365:

IMPACT SOLUTIONS
An AllOne Health Company

800-227-6007

CREATE YOUR ACCOUNT:

Creating a new account is free and easy! Call IMPACT Solutions for your Company/Access Code.

