How your health plan helps you handle COVID-19

Here are just a few ways you can count on your benefits right now

Coronavirus is a type of virus that causes respiratory illness — an infection of the airways and lungs. COVID-19 is a new strain of coronavirus. It’s part of the same family of coronaviruses that includes the common cold. Find out more about it and how you can look after yourself and those you care about at anthem.com/coronavirus or the CDC website at cdc.gov/coronavirus.

What your Anthem benefits will cover

**Symptom checks and doctor visits from home**

The Sydney Care mobile app is a quick and easy way to get health answers — without leaving home. The app includes a Coronavirus Assessment tool that’s designed to help you check your potential risk in just minutes.

You can assess your symptoms, and then, if you choose to, the app will connect you to a doctor through a LiveHealth Online video session or a telehealth text session right from your phone. The doctor you chat with or see can evaluate your symptoms, help you understand whether you’re at risk for COVID-19, and tell you if you should visit a local health care provider in person for COVID-19 testing.

Virtual Care text sessions cost $19 each. Download the Sydney Care mobile app from the App Store® or Google Play™ today.

**Telehealth benefits**

Telehealth visits through LiveHealth Online or other telehealth technologies that primary care doctors in your plan use are available to you at no cost between now and March 31, 2021.

**COVID-19 testing**

If you need a COVID-19 test, it’s covered — with no out-of-pocket costs. We’ll also cover the visit where you get the test, whether that’s at a doctor’s office, urgent care center or emergency room.

Sources:
The Sydney Care COVID-19 assessment is based on guidelines issued by the Centers for Disease Control and Prevention, and reviewed and approved by Anthem, Inc.’s Clinical Solutions team.
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