

# EMERITI NEWSLETTER

## OHIO UNIVERSITY

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### December Speaker

We will not have a speaker this month. Instead, Kelly Burns, Assistant Professor of Music, will bring us a “Holiday Music Program.” Get ready for some old, familiar tunes and maybe some new ones, as well.

## EMERITI LUNCHEON

December 20, 2018, 11:30 a.m., The Ohio University Inn

### DECEMBER MENU

Spinach Salad

Sliced Sirloin with

Caramelized Onions

Roasted Pork

Wild Rice Pilaf

Roasted Cauliflower

Assorted Holiday Desserts

### Things to Remember About the Luncheon

1. It costs \$15. Exact change is appreciated.
2. **NOTE CHANGE: Tom Franz is ill.** Notify SUE BOYD at [suenboyd@gmail.com](mailto:suenboyd@gmail.com) by December 13 if you will attend on December 20.
3. If you're signed up as “always attends” but can't make it this month, notify SUE BOYD at [suenboyd@gmail.com](mailto:suenboyd@gmail.com) by December 13.
4. Don't wait till the end of your meal to get dessert.

### **Emeriti Board Members**

President – George Weckman

Volunteers – Jed Butcher

VP and Programs – Art Marinelli

Archivist – Margaret Thomas

Secretary – Anne Braxton

Emeriti Park – Richard Dean

Treasurer – Leslie Flemming

Nominations – John Howell

Membership – Scott Malcom

Website – Richard Post

Benefits – Karen and Richard Vedder

Newsletter – Patricia Black

### **Message from the Emeriti President**

Holidays or holy days are an essential part of all human life. Time is not uniform; it has bumps, hills and valleys. From weeks to months to years, everyone everywhere throughout recorded history has differentiated special times within what otherwise is just one day after another.

Some of the special days are related to natural processes. Months started out at moons. We observe the winter solstice and other cultures recognize the equinoxes. Add historical anniversaries to the natural cycles and calendars get crowded fast.

Whatever their frequency we need all these special times. Sabbaticals (end of week days) change work schedules and the pace of activities. Yearly observances help us deal with shorter daylight or dormant vegetation. The stories and rituals linked to these times make life more interesting.

So let us all enjoy holidays, especially the big ones in our culture that dominate the next few weeks. We can even wish each other luck and health in the next numbered solar cycle – although it should begin in Spring (we still call this month the tenth, even though it's the twelfth in our calendar).

In any case, Happy Holidays.

## **Bring Your Friends!**

Following up on the Emeriti president's thoughts about friendship, are some of your friends missing from the Emeriti roster? Wouldn't you enjoy having lunch with them once a month, on the third Thursday? Speak to Scott Malcom to nominate said friends for membership – that's the necessary first step. Well, the *first* first step is for your friends to retire, but after that ... As a teaser, preview, call it what you will, bring one or more along to lunch next time. Just be sure to let Tom Franz know so he can arrange for an extra plate or two.

## **Something to Consider**

I returned last week from two weeks away. The first week was spent on what I signed up for, thinking of it as a cruise, from New York to England's Southampton.. I learned that it was in fact called a crossing, on the Queen Mary II. I highly recommend it if you have the time. We left the evening of November 11 and landed early in the morning of November 18. The fare covers a week's worth of transportation, lodging, entertainment, and wonderful meals. Breakfast, lunch, high tea, and dinner were all served formally but if one preferred, meals were available at other locations throughout the ship. We were at an assigned table only at dinner.

About the second day at sea I wondered about the provisioning of the ship, particularly about how many eggs had been stowed aboard in New York. Why eggs? I have no idea. None of the passengers I asked had any idea but on the third or fourth day a "Galley Tour" was offered. At the end of the tour they passed out a list some of the supplies, among them, eggs, 32,400 of which were loaded. There were 50 tons (TONS!) of fresh fruits and vegetables, two tons of sugar, eight tons of meat (beef, pork, and lamb). I have a list if you want to learn more.

Encouraged by *those* statistics, I trotted down to the Purser's Office to ask if they had a list of the nationalities of the passengers (of which there were 2,445). We from the United States numbered 695, outnumbered only by 1,352 Britons. There were 31 nationalities aboard in addition to one person from "United States Minor Outlying Islands" (Guam, US Virgin Islands? I never found out.) The other

singletons were one from the Bahamas, one from Colombia, one from Denmark, one from Japan, and one from The Netherlands. There were 106 whose countries of origin were “unknown at this time”.

Despite the inclement weather preventing our spending much time out on the deck, it was a wonderful experience! By comparison, the plane trip back from Frankfurt, Germany, was abysmal.

What do any of you think of the Emeriti Association looking into arranging a group trip on the QE II?

### **Local Interest**

Down at the Athens Community Center, taking advantage of the Silver Sneakers part of my insurance policy, I saw a bulletin board encouraging me to “Enjoy the Fall Foliage – Visit the Parks and National Forests of SE Ohio.” Well, we’re pretty much out of luck with the foliage but

this is a good time to appreciate the rocky make-up of the hills of this area. The closest place mentioned is **Sells Park**, up at the top end of Grand Park or one of those streets leading off East State Street. I’ve never done it but I’ve heard that one can hike from Sells Park over to **Stroud’s**

**Run State Park**. You could also choose among several hiking trails at **The Ridges**, up where the Athens Insane Asylum used to be. You can get a pretty good view of Athens from up there. At **Hocking Hills State Park**, when the waterfalls freeze at Ash Cave or the winter-bare trees reveal the bones of the hillsides at Old Man’s Cave it’s a completely different scene than it is in leafy summer. The **Moonville Tunnel**, located in **the Zaleski Forest**, is a likely to be haunted in the

wintertime as it is in summer. **Burr Oak and Lake Hope State Parks** both offer dining rooms so you can run out to one for lunch and marvel at how different things look than they did when you were there in the summer. Finally, there are three small parks – **Desonier Nature Preserve**, off to the left of Route 50 as you head toward Parkersburg, **Fox Lake Wildlife Area and Gifford State Forest**.

You can keep this list handy or pick up a sheet with somewhat more detailed descriptions at the Community Center and if wintertime exploration is

not the thing for you, you'll have information handy when spring rolls around and you want to go out to see the wildflowers.

### **Request for Information**

The Emeriti Board is compiling a record of recipients of Distinguished Service Awards. If you received a Distinguished Service Award within the last fifteen years, please notify Ed Baum at [baum@ohio.edu](mailto:baum@ohio.edu). If you know someone who received a DSA, urge him or her to contact Ed.

### **OBITUARIES**

Frank W. Meyers, DO, died November 19. He grew up in South Dakota and took a bachelor's degree from the University of South Dakota in 1955. Following his father's career path, he earned a DO degree, from the University of Osteopathic Medicine in Des Moines, IA, in 1959. He was extremely active in the world of osteopathy, helping to establish America's first family osteopathic residency at the Nordonia Hills Clinic in northeast Ohio in 1973, the same year he was named co-recipient of the Osteopathic General Practitioner of the Year award. Concern about improving healthcare access in underserved regions of Ohio led him in 1976 to participate in the establishment of Ohio University's College of Osteopathic Medicine, of which he became dean in 1977. He retired from that position in 1993, but continued in the healthcare field, serving at Planned Parenthood. The country and the world were acquainted with Dr. Meyers, or at least with his voice, through his Family Medicine radio program which was broadcast widely across the country and over the Armed Forces Radio Network. Frank Meyers is survived by Lorraine, his wife of 62 years, daughters Hallie and Keya, and three grandchildren.

In lieu of flowers, those who wish to honor Dr. Meyers may make contributions in his name to Planned Parenthood of Greater Ohio or to the Ohio Osteopathic Scholarship Fund at POB 8136, Columbus, Ohio 43201.