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### Fall 2021 Calendar

Date/Time/Place	Event Description	Course/Career Connections	Projected Outcomes	Potential Discussion Questions/Activities, Suggested Readings
<p><b>August 24–September 18 (Gallery Reception, with speakers, September 8, 6PM–8PM)</b></p> <p><b>Trisolini Gallery, Baker 405</b></p> <p>We recommend following the Ohio University Art Galleries Facebook (@ohiouiversityartgalleries), Twitter (@ohiouartgallery) for open days/times.</p>	<p><b>In This Space: Disrupted</b> Organized and sponsored by the Women’s Center, Survivor Advocacy Program, Health Promotion, Ohio University Art Galleries, Ohio University Alumni Association, Department of Geography, and with support from Counseling and Psychological Services.</p> <p>In This Space: Disrupted focuses on geographies of space and violence. Like many rape myths, the process of associating certain locations (or people) with violence can otherize victims and survivors whose experiences do not match with the public narrative. Both Hollaback! and harassmap have focused on naming public locations in which harassment occurs, and our hope is that this exhibit will call into question the public <i>and</i> private locations of trauma. We hope it instills awareness in viewers and is a call to action that challenges static narratives so that survivors may be supported in all spaces.</p>	<p>We encourage faculty, staff, and graduate, and professional students to attend from all disciplines.</p> <p>Learning Communities are specifically encouraged to attend.</p> <p>College of Fine Arts</p> <p>Diversity Studies</p> <p>Education Administration</p> <p>Geography</p> <p>Psychology</p> <p>Social Work</p> <p>Sociology</p>	<ol style="list-style-type: none"> <li>Participants will discuss the installation with peer groups beyond their attendance</li> <li>Develop empathy for survivors of interpersonal violence</li> <li>Recognize the personal stories behind the statistics of the rate of sexual assault on college campuses</li> <li>Describe the way in which rape impacts all populations in different ways</li> <li>Improved awareness of resources on campus</li> <li>Increased commitment to bystander intervention</li> <li>Identify rape myths</li> </ol>	<p><b>Recommended Readings:</b> Pain, R. (1997). Whither Women’s Fear? Perceptions of Sexual Violence in Public and Private Space. <i>International Review of Victimology</i>, 4(4), 297. Available through Alden Library.</p> <p>Whitson, R. (2018). Gendering the Right to the City. In Oberhauser, A., Fluri, J., Whitson, R. and S. Mollett. <i>Feminist Spaces: Gender and Geography in a Global Context</i>. (PP. 77-106). Routledge.</p> <p><b>Recommended Assignments:</b> * If students are unable to view the exhibit in-person, a virtual exhibit is available at: <a href="https://www.ohio.edu/diversity/womens-center/space-disrupted">https://www.ohio.edu/diversity/womens-center/space-disrupted</a> *</p> <ol style="list-style-type: none"> <li>Have students analyze themes across the contributions, deliberately highlighting the similarities and differences in the experiences as presented.</li> <li>Have students use the exhibit as a springboard to build connections between the academic fields of study that could relate to this</li> </ol>

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		Women's, Gender and Sexuality Studies		<p>exhibit (e.g. Sociology, Political Science, Fine Art) and the exhibit itself. Have students consider a plan of action, within their field, that may improve the lives of survivors or prevent interpersonal violence.</p> <p><b>Recommended Questions:</b></p> <ol style="list-style-type: none"> <li>1. How can you utilize what you've learned in the exhibit to enact bystander intervention strategies with your peer group?</li> <li>2. What would you say to support a survivor if a friend discloses something to you?</li> <li>3. What resources are available on campus for survivors?</li> </ol>
<p><b>August 27 7PM</b>  <b>Stuart's Opera House (Nelsonville, OH)</b></p> <p>To purchase tickets, visit: <a href="https://stuartoperahouse.org/events/legacy-women-of-southeast-ohio/">https://stuartoperahouse.org/events/legacy-women-of-southeast-ohio/</a></p>	<p><b>Legacy: Women of Southeast Ohio Film Premiere, Stuart's Opera House</b>  This program is organized by Liz Pahl, with co-sponsorship from the Stuart's Opera House, The Women's Center &amp; The Flournoy Family.</p> <p><i>Legacy: Women of Southeast Ohio</i> is a series of documentary films highlighting the incredible accomplishments of four Southeastern Ohio women (Ada Woodson Adams, Carol Kuhre, Dr. Francine Childs, and Dr. Dru Riley Evarts) who have dedicated their lives to education, community action, activism and social justice. The films are directed and produced by Liz Pahl.</p>	<p>African American Studies</p> <p>Appalachian Studies Certificate</p> <p>Communication Certificate</p> <p>Diversity Studies</p> <p>Film Studies</p> <p>History</p>	<p>Participants will:</p> <ol style="list-style-type: none"> <li>1. Learn the importance of documenting women's stories and histories</li> <li>2. Be able to identify female leaders in Southeast Ohio</li> </ol>	<p><b>Recommended Viewing:</b>  Chen Hou, L. P. "The art of storytelling." <i>Ted</i>, Apr. 2019, <a href="https://www.ted.com/talks/chen_hou_ineisa_parks_the_art_of_storytelling?utm_campaign=tedspread&amp;utm_medium=referral&amp;utm_source=tedcomshare">https://www.ted.com/talks/chen_hou_ineisa_parks_the_art_of_storytelling?utm_campaign=tedspread&amp;utm_medium=referral&amp;utm_source=tedcomshare</a>.</p> <p><b>Recommended Readings</b>  Ciotola, Julie (2018). A Place to Gather. <i>OhioToday</i>. October 27. Retrieved from: <a href="https://ohiotoday.org/a-place-to-gather/">https://ohiotoday.org/a-place-to-gather/</a></p> <p>Ohio University College of Fine Arts. Stories of COVID-19 (Athens) #1: Ada</p>

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	<p>The <i>Legacy: Women of Southeast Ohio</i> premiere will take place on Friday, August 27th at 7:00pm at Stuart’s Opera House 52 Public Square, Nelsonville, Ohio. Doors open at 6:00pm. Tickets are free, but options to support the event range from \$5-\$50 and are available at <a href="http://www.stuartsoperahouse.org/events">www.stuartsoperahouse.org/events</a> This program is organized by Liz Pahl, with co-sponsorship from the Stuart’s Opera House, The Women’s Center &amp; The Flournoy Family.</p>	<p>Journalism</p> <p>Media Arts and Studies</p> <p>Sociology</p> <p>Sustainability</p> <p>Women’s, Gender, and Sexuality Studies</p>		<p>Woodson Adams. Available at: <a href="https://soundcloud.com/ohio-fine-arts/stories-of-covid-19-athens-1">https://soundcloud.com/ohio-fine-arts/stories-of-covid-19-athens-1</a></p> <p><b>Recommended Question:</b> Consider the power of storytelling: what stories in your community do you wish could be heard?</p> <p><b>Recommended Activity:</b></p> <ol style="list-style-type: none"> <li>1. Have students interview a female leader in their life, or, if they want to “interview” someone who is no longer living, have them create interview questions and anticipate (through research) what their responses would have been. Try for three questions – for example “What was the biggest challenge that you faced as a leader, that you feel comfortable sharing with me?”; “How did you begin your leadership journey?”; “How did you become interested in your cause/mission?”; “What have been challenges you’ve faced as a woman leader?”; “What suggestions would you give for future leaders?”</li> <li>2. Have students do a case study of a female leader. Their case study should include: a brief background information of your leader, identify the situation in which they faced conflict, describe their role in the conflict, detail how they handled the</li> </ol>
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				<p>conflict, and describe the outcome. Students have had great success both in writing their responses as a paper or in creating a TikTok that they then share with you.</p>
<p><b>August 31 4PM-5PM Baker 403 and virtually.</b></p> <p>For information, including how to participate virtually, please visit: <a href="https://www.ohio.edu/diversity/womens-center/international-womens-coffee-hour">https://www.ohio.edu/diversity/womens-center/international-womens-coffee-hour</a></p>	<p><b>International Women’s Coffee Hour</b></p> <p>Sponsored by the Women’s Center and International Student and Faculty Services.</p> <p>Join us for an open discussion about the start of the new academic year and settling into Athens.</p>	<p>Students, faculty, staff, and community members from all fields and backgrounds are welcome to attend.</p> <p><b>As a program created to build community, we ask that people not be required to attend, but invite all who desire to attend.</b></p>	<ol style="list-style-type: none"> <li>1. Network with others invested in providing a welcoming environment for international women on campus and in our community</li> <li>2. Practice English in a supportive environment</li> </ol>	<p>*This is a social, relaxing event, and is <i>not</i> intended to be a program offered for faculty seeking opportunities for their students to develop intercultural competence in a structured way.</p>
<p><b>September 7 12PM-1PM Baker 403 and virtually.</b></p> <p>For information, visit: <a href="https://www.ohio.edu/diversity/womens-center/international-womens-coffee-hour">https://www.ohio.edu/diversity/womens-center/international-womens-coffee-hour</a></p>	<p><b>SayHerName: Building Community to Support Women of Color at OHIO</b></p> <p>Co-Sponsored with Counseling and Psychological Services.</p> <p>During this session, we will do introductions and check-in with one another about goals for this year.</p>	<p>As a community building event, we encourage those who have been directed impacted by racism and sexism, as well as other</p>	<p>Facilitators will guide participants through discussions on the following:</p> <ol style="list-style-type: none"> <li>1. Building an effective, social supportive community</li> </ol>	<p><b>Recommended Readings:</b> BBC (2020). Black Trans Lives Matter: 'We're tired of having to pick sides.' June 15. <a href="https://www.bbc.co.uk/bbcthree/article/33ab8fbd-792f-44ee-85de-5dd3894f60bf">https://www.bbc.co.uk/bbcthree/article/33ab8fbd-792f-44ee-85de-5dd3894f60bf</a></p>

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<p><a href="https://www.ohio.edu/diversity/womens-center/say-her-name">ohio.edu/diversity/womens-center/say-her-name</a></p>	<p>Sparked by the Division for Diversity and Inclusion's Public Forum on Breonna Taylor: Mourning, Reflecting, Moving Forward, SayHerName is an ongoing commitment to our participants. These are gatherings of those directly impacted by racism and sexism, as well as other interlinked forms of oppression, and their allies. They are created to build a community of support and to serve as a public space for expression. We will begin each program with a moment of silence for the women who have been killed, and recognizing the lives lost and the legacy of women like Breonna Taylor.</p> <p>All are welcome to attend.</p>	<p>interlinked forms of oppression, and their allies, to attend.</p> <p><b>As a program created to build community, we ask that people not be required to attend, but invite all who desire to attend.</b></p>	<p>2. Setting goals for allyship and action.</p>	<p>Paz, Isabella Grullón and Maggie Astor (2020). Black Trans Women Seek More Space in the Movement They Helped Start. <i>New York Times</i>. June 27. <a href="https://www.nytimes.com/2020/06/27/us/politics/black-trans-lives-matter.html">https://www.nytimes.com/2020/06/27/us/politics/black-trans-lives-matter.html</a></p> <p>Ritchie, Andrea (2017). <i>Invisible No More: Police Violence Against Black Women and Women of Color</i>. Beacon Press: Massachusetts.</p> <p><b>Recommended Viewing:</b> Watch the interview with Kimberlé Crenshaw and Sheinelle Jones of TODAY (2020): Kimberlé Crenshaw shares importance of the Say Her Name movement <a href="https://www.today.com/video/kimberle-crenshaw-shares-importance-of-the-say-her-name-movement-85807685887">https://www.today.com/video/kimberle-crenshaw-shares-importance-of-the-say-her-name-movement-85807685887</a> There are a number of webinars provided by the African American Policy Forum, Inc. <a href="https://aapf.org/webinars">https://aapf.org/webinars</a></p> <p><b>Allies may benefit from viewing <a href="#">this video about allyship vs co-conspiratorship</a> (link is to a CSPAN user clip featuring Bettina Love).</b></p>
<p><b>September 16 Noon-1PM Virtual</b></p>	<p><b>Thirsting for Knowledge Thursday:</b> Your Right to Party: Music, Freedom, Fun and Safer Spaces</p>	<p>Community and Public Health  Diversity Studies</p>	<p>1. Identify the scope of interpersonal violence within music venues</p>	<p><b>Recommended Reading:</b> Hill, Rosemary Lucy, et al. "Normalising Sexualised Violence in Popular Culture: Eroding, Erasing and Controlling</p>

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<p>For information, visit:  <a href="https://www.ohio.edu/diversity/womens-center/thirsting-knowledge-thursdays">https://www.ohio.edu/diversity/womens-center/thirsting-knowledge-thursdays</a></p>	<p>Dr. Rosemary Lucy Hill, University of Huddersfield, UK</p> <p>In this interactive workshop, together we will explore what it means to be free, fun and safe at live music events, and how events organisers can work towards making that happen. The workshop is informed by my research into how sexual violence at gigs/concerts affects audience members and what venues and promoters can proactively do about it.</p> <p>Read the presenter's full biography at:  <a href="https://pure.hud.ac.uk/en/persons/rosemary-hill-2">https://pure.hud.ac.uk/en/persons/rosemary-hill-2</a></p>	<p>Festivals, Events, and Entertainment Management</p> <p>Global Leadership</p> <p>Instrumental Performance</p> <p>Media Arts and Studies</p> <p>Media and Social Change</p> <p>Music Therapy</p> <p>Psychology</p> <p>Sociology</p> <p>Women's, Gender and Sexuality Studies</p>	<p>2. Consider actionable steps both individuals and music venues can take to eliminate sexual violence at live music events.</p>	<p>Women in Rock Music." Feminist Media Studies, Mar. 2021, pp. 1-17. EBSCOhost, doi:10.1080/14680777.2021.1902368. Available via Alden Library.</p> <p><b>Recommended Activity:</b></p> <ol style="list-style-type: none"> <li>1. Explore the Safer Spaces website: <a href="https://saferspaces.org.uk/">https://saferspaces.org.uk/</a> and view the Five Step Guide to Writing a Safer Spaces Policy for Your Venue: <a href="https://saferspaces.org.uk/?q=fivestep">https://saferspaces.org.uk/?q=fivestep</a></li> <li>2. Ask students to create a playlist of their favorite songs that are about romantic relationships. Analyze the songs and consider if they represent healthy or unhealthy relationships.</li> <li>3. Ask students to design a social media campaign that could be used by a music venue, or singer/band, to promote safety at concerts.</li> </ol> <p><b>Reflection Questions:</b></p> <ol style="list-style-type: none"> <li>1. Consider your experiences with music; what have they looked like? What types of music do you listen to? If you are involved in your genre's "scene", what does the community culture look like? Consider specifically representations of women, the LGBTQ+ community, and racial/ethnic minoritized groups within your genre's music.</li> </ol>
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				<ol style="list-style-type: none"> <li>Identify ways in which your favorite musical genre can improve representations of women, LGBTQ+ community, and racial/ethnic minoritized groups.</li> <li>Identify ways in which you believe that live-shows could be more inclusive. If you could redesign a physical venue, what would it look like? What amenities would you include? What systems would you put in place for people's safety?</li> </ol>
<p><b>September 21 12PM-1PM Virtual</b></p> <p>Faculty and Staff interested in participating as part of the Professional Development Platform (Human Resources) should register online at: <a href="https://www.ohio.edu/hr/professional-development/courses">https://www.ohio.edu/hr/professional-development/courses</a>.</p>	<p><b>Gender 101</b></p> <p>This interactive workshop will ask participants to engage with social constructions of gender in order to: define gender and sex; identify consequences of strict adherence to gender roles; improve media literacy; identify when they first began to understand gender; create actionable steps to improve inclusivity and encourage freedom in gender expression.</p>	<p>This session is useful for those interested in exploring issues of diversity and inclusion and the impact that sexism (and other intersecting oppressions) has in education and the workplace.</p> <p>Education</p> <p>College of Business</p> <p>Diversity Studies Certificate</p>	<ol style="list-style-type: none"> <li>Define gender and sex</li> <li>Identify consequences of strict adherence to gender roles.</li> <li>Improve media literacy</li> <li>Identify when they first began to understand gender</li> <li>Create actionable steps to improve inclusivity and encourage freedom in gender expression.</li> </ol>	<p><b>Recommended Reading</b></p> <p>The Gender Book: <a href="http://www.thegenderbook.com/the-book/4553374748">http://www.thegenderbook.com/the-book/4553374748</a>. This book is available for free, or with donation, online.</p> <p>Georgieva, Kristalina, Fabrizio, Stefania, Lim, Cheng Hoon, and Marina M. Tavares. (2020). The COVID-19 Gender Gap. <i>IMF Blog</i>. July 21. <a href="https://blogs.imf.org/2020/07/21/the-covid-19-gender-gap/">https://blogs.imf.org/2020/07/21/the-covid-19-gender-gap/</a></p> <p><b>Recommended Activity for Discussion after a Class Attends this Session:</b></p> <p>Bring to class two items – (1) one item that signifies a representation of gender that reflects your culture (this could be a subculture you occupy, or mainstream culture), and (2) one item that signifies your own understanding of gender. These two items can signify</p>

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<p>Students and those not affiliated with Ohio University who are interested in participating should email <a href="mailto:womenscenter@ohio.edu">womenscenter@ohio.edu</a> by 9/19 to receive information about how to participate.</p>		<p>Heritage College of Osteopathic Medicine</p> <p>Learning Communities</p> <p>LGBT Certificate</p> <p>Nursing</p> <p>Psychology</p> <p>Social Work</p> <p>Sociology</p> <p>Women's, Gender, and Sexuality Studies</p>		<p>similar or different cultural understandings of gender. Be prepared to discuss the following questions: How do these items construct gender? What meaning can be given to them? Is gender narrowly defined by these items, or do they support an expansive view of gender? How do these items relate to your own lived experience?</p>
<p><b>September 28 4PM-5PM Baker 403 and virtually.</b></p> <p>For information, visit: <a href="https://www.ohio.edu/diversity/womens-center/international-">https://www.ohio.edu/diversity/womens-center/international-</a></p>	<p><b>International Women's Coffee Hour</b></p> <p>Sponsored by the Women's Center and International Student and Faculty Services.</p>	<p>Students, faculty, staff, and community members from all fields and backgrounds are welcome to attend.</p> <p><b>As a program created to build community, we ask that people not be required</b></p>	<ol style="list-style-type: none"> <li>1. Network with others invested in providing a welcoming environment for international women on campus and in our community</li> <li>2. Practice English in a supportive environment</li> </ol>	<p>*This is a social, relaxing event, and is <i>not</i> intended to be a program offered for faculty seeking opportunities for their students to develop intercultural competence in a structured way.</p>

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<p><u>womens-coffee-hour</u></p>		<p><b>to attend, but invite all who desire to attend.</b></p>		
<p><b>October 12 12PM-1PM Baker 403 and virtually.</b></p> <p>For information, visit: <a href="https://www.ohio.edu/diversity/womens-center/say-her-name">https://www.ohio.edu/diversity/womens-center/say-her-name</a></p>	<p><b>SayHerName: Building Community to Support Women of Color at OHIO</b></p> <p>Co-Sponsored with Counseling and Psychological Services.</p> <p>These programs are responsive to current events, so please note that planned topics may change. However, this gathering intends to be part of a letter writing campaign to survivors of sexual assault and domestic violence who are incarcerated.</p> <p>Sparked by the Division for Diversity and Inclusion's Public Forum on Breonna Taylor: Mourning, Reflecting, Moving Forward, SayHerName is an ongoing commitment to our participants. These are gatherings of those directly impacted by racism and sexism, as well as other interlinked forms of oppression, and their allies. They are created to build a community of support and to serve as a public space for expression. We will begin each program with a moment of silence for the women who have been killed, and recognizing the lives lost and the legacy of women like Breonna Taylor.</p>	<p>As a community building event, we encourage those who have been directed impacted by racism and sexism, as well as other interlinked forms of oppression, and their allies, to attend.</p> <p><b>As a program created to build community, we ask that people not be required to attend, but invite all who desire to attend.</b></p>	<p>1) This gathering will explore the connection between incarceration, interpersonal violence, racism, sexism, and other forms of oppression</p> <p>2) Participants will explore <u>how to write letters</u> of support for incarcerated survivors</p>	<p><b>Explore:</b> Faculty may find Survived and Punished's curriculum materials to be helpful. They are available for free, after you complete a survey: <a href="https://survivedandpunished.org/criminalizing-survival-curricula/">https://survivedandpunished.org/criminalizing-survival-curricula/</a></p> <p>U.S. Department of Justice. Office on Violence Against Women (2017). The Impact of Incarceration and Mandatory Minimums on Survivors: Exploring the Impact of Criminalizing Policies on African American Women and Girls. Retrieved from: <a href="https://www.justice.gov/ovw/page/file/926631/download">https://www.justice.gov/ovw/page/file/926631/download</a></p> <p><b>Recommended Readings:</b></p> <p>Ritchie, Andrea (2017). <i>Invisible No More: Police Violence Against Black Women and Women of Color</i>. Beacon Press: Massachusetts.</p> <p><b>Recommended Viewing:</b> Watch the interview with Kimberlé Crenshaw and Sheinelle Jones of TODAY (2020): Kimberlé Crenshaw shares importance of the Say Her Name movement</p>

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<p><b>October 18-22</b> For more information, visit: <a href="https://www.ohio.edu/entrepreneurship/wew">https://www.ohio.edu/entrepreneurship/wew</a></p>	<p><b>Women Entrepreneurship Week</b></p> <p>Join us in celebrating this global movement to celebrate and inspire female founders.</p> <p>Hosted by the Center for Entrepreneurship and co-sponsored by the Women's Center. Please check the weblink for updates on programming and sponsorship.</p>	<p>College of Business</p> <p>Diversity Studies</p> <p>Voinovich School of Leadership and Public Service</p> <p>Women's, Gender, and Sexuality Studies</p>	<p>Programming is still being finalized, and therefore no learning outcomes are available at this time.</p>	<p><b>Recommended Viewing:</b> 5 Women Entrepreneurs Share Their Secrets to Success (2017) Refinery29: <a href="https://www.youtube.com/watch?v=JzHLIXbqI0U">https://www.youtube.com/watch?v=JzHLIXbqI0U</a></p> <p><b>Recommended Readings:</b> Both readings are available via Alden Library</p> <p>Ladge, Jamie, et al. "Am I an Entrepreneur? How Imposter Fears Hinder Women Entrepreneurs' Business Growth." <i>Business Horizons</i>, vol. 62, no. 5, Sept. 2019, pp. 615-624. EBSCOhost, doi:10.1016/j.bushor.2019.05.001.</p> <p>Nicolás, Catalina, and Alicia Rubio. "Social Enterprise: Gender Gap and Economic Development." <i>European Journal of Management &amp; Business Economics</i>, vol. 25, no. 2, May 2016, pp. 56-62. EBSCOhost, search-ebscobost-</p>

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				<p>com.proxy.library.ohio.edu/login.aspx?direct=true&amp;db=edb&amp;AN=117171996&amp;site=eds-live&amp;scope=site.</p>
<p><b>October 19 4PM-5:30PM Virtual</b></p> <p>Students interested in participating should email <a href="mailto:womenscenter@ohio.edu">womenscenter@ohio.edu</a> to receive information about how to participate by 10/18.</p> <p>Faculty and Staff interested in participating as part of the Professional Development Platform (Human Resources) should register online at: <a href="https://www.ohio.edu/hr/p">https://www.ohio.edu/hr/p</a></p>	<p><b>Stay out of your own way: How Gender Stereotypes Threaten Our Success</b></p> <p>This one and a half hour, interactive workshop will highlight the ways in which women have traditionally undersold their skills and provide opportunities for participants to self-reflect on their own experiences. We will discuss the social expectations put on women, which can complicate women's desire to do self-promotion. Through analyzing descriptors of women's professional accomplishments, body language, and verbal inflections, participants will be encouraged to investigate improved ways of communicating professionally.</p>	<p>We strongly encourage participation from students who are looking for employment, internships, or are in their senior seminar. All are welcome to attend.</p> <p>College of Business</p> <p>Communications</p> <p>Diversity Studies Certificate</p> <p>Women's, Gender, and Sexuality Studies</p> <p>All STEM fields (or fields that are male-dominated)</p>	<ol style="list-style-type: none"> <li>1. Provide students with the skills needed to advertise themselves in the workplace</li> <li>2. Understand how different presentation styles function within an interview setting</li> <li>3. Instruct students how to demonstrate confidence in themselves</li> <li>4. Identify common traps for women, like apologizing, etc.</li> <li>5. Explore the use of "hedging" and speech inflection in communicating confidence</li> </ol>	<p><b>Recommended Discussion Questions:</b></p> <ol style="list-style-type: none"> <li>1. Why are people socialized to communicate differently? How does this process of socialization reflect gendered expectations?</li> <li>2. Is advocating for women to speak more confidently helpful or harmful? Does it perpetuate the idea that more feminized forms of communication should be valued less?</li> <li>3. How can you be an ally to women in the workplace?</li> </ol> <p><b>Recommended Readings:</b></p> <p>Gaucher, Danielle, Justin Friesen, and Aaron C Kay. 2011. "Evidence That Gendered Wording in Job Advertisements Exists and Sustains Gender Inequality." <i>Journal of Personality and Social Psychology</i> 101(1): 109-28. doi:10.1037/a0022530. Available through Alden: <a href="https://proxy.library.ohio.edu/login?url=https://search.ebscohost.com/login.aspx?direct=true&amp;db=mnh&amp;AN=21381851&amp;site=eds-live&amp;scope=site">https://proxy.library.ohio.edu/login?url=https://search.ebscohost.com/login.aspx?direct=true&amp;db=mnh&amp;AN=21381851&amp;site=eds-live&amp;scope=site</a></p> <p>Kay, Katty and Claire Shipman (2014). The Confidence Gap. May. <i>The Atlantic</i>. <a href="https://www.theatlantic.com/magazine">https://www.theatlantic.com/magazine</a></p>

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<p>rofessional-development/courses.</p>				<p><a href="/archive/2014/05/the-confidence-gap/359815/">/archive/2014/05/the-confidence-gap/359815/</a></p> <p>Kelsky, Karen (2013). The Top 5 Mistakes Women Make in Academic Settings. November 10. <i>The Professor Is In</i>. <a href="https://theprofessorisin.com/2013/11/10/the-top-5-mistakes-women-make-in-academic-settings/">https://theprofessorisin.com/2013/11/10/the-top-5-mistakes-women-make-in-academic-settings/</a></p> <p>Tulshyan, Ruchika (2015). Speaking Up As A Woman of Color at Work. <i>Forbes</i>. February 10. <a href="https://www.forbes.com/sites/ruchikatulshyan/2015/02/10/speaking-up-as-a-woman-of-color-at-work/#2ed8ee4d2ea3">https://www.forbes.com/sites/ruchikatulshyan/2015/02/10/speaking-up-as-a-woman-of-color-at-work/#2ed8ee4d2ea3</a></p> <p>Tyler, J.M., and J.D. McCullough. "Violating Prescriptive Stereotypes on Job Resumes: A Self-Presentational Perspective." <i>Management Communication Quarterly</i> 23, no. 2: 272-87. Accessed July 30, 2020. doi:10.1177/0893318909341412. Available through Alden: <a href="https://proxy.library.ohio.edu/login?url=https://search.ebscohost.com/login.aspx?direct=true&amp;db=edselc&amp;AN=edselc_2-52.0-70350331474&amp;site=eds-live&amp;scope=site">https://proxy.library.ohio.edu/login?url=https://search.ebscohost.com/login.aspx?direct=true&amp;db=edselc&amp;AN=edselc_2-52.0-70350331474&amp;site=eds-live&amp;scope=site</a></p>
<p><b>October 22 Stuart's Opera House</b></p>	<p><b>Athens Area Women's Summit</b> The Athens Area Chamber of Commerce is excited to host the fifth annual Athens Area</p>	<p>Faculty and professional staff are</p>	<p>Programming is still being finalized, and therefore no learning</p>	<p><b>Recommended Reading:</b> Young, Valerie (2011). <i>The Secret Thoughts of Successful Women: Why</i></p>

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<p><b>(Nelsonville, OH) 8AM-4PM</b> For more information, visit: <a href="https://athenschamber.com/events/su_mmit/">https://athenschamber.com/events/su_mmit/</a></p>	<p>Women’s Summit on Friday, October 22, 2021 at <u>Stuart’s Opera House!</u> (Registration is required, and does include a fee)</p> <p>This interactive all-day conference has been designed to inspire and empower attendees from all career fields and levels. Inspirational speakers and community exemplars will take attendees through a journey of personal and professional development through both academic approaches and real-life experiences.</p>	<p>particularly encouraged to attend as a professional development opportunity.</p> <p>College of Business</p> <p>Diversity Studies</p> <p>Voinovich School of Leadership and Public Service</p> <p>Women’s, Gender, and Sexuality Studies</p>	<p>outcomes are available at this time.</p>	<p>Capable People Suffer from the Imposter Syndrome and How to Thrive in Spite of It. Crown Business: New York</p> <p><b>Recommended Viewing:</b> The Likeability Dilemma for Women Leaders (2019) TED: <a href="https://www.ted.com/talks/robin_hauser_the_likeability_dilemma_for_women_leaders">https://www.ted.com/talks/robin_hauser_the_likeability_dilemma_for_women_leaders</a></p> <p><b>Recommended Activities:</b></p> <ol style="list-style-type: none"> <li>1) Have students create a professional development plan, in which they identify potential jobs they would like in the future and consider what activities/experiences would help them align their resume with the job.</li> <li>2) Have students consider SMART goals (specific, measurable, achievement, relevant, and time-specific) by asking them the question: Imagine what you would change if you could galvanize others to embrace the change and you weren’t afraid of failure. What is your goal? Then have them develop a plan to achieve their goal, including articulating the importance of the change they would like to make, considering who needs to be involved (the decision makers) and how they</li> </ol>
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				<p>would engage with them to achieve their goal.</p> <p>3) Encourage students to create a lesson plan focused on personal and professional development for learners of any age. As part of the assignment, consider asking them to analyze a lesson plan from the Young Leaders Empowerment Series for effectiveness in empowering young women in leadership. In particular, encourage them to view the modules "Who Runs the World? Girls!" and "Big Ships, Small Ships, and the Best Ship: Leadership!" While interacting with the module, ask students to consider how professional development trainings can address issues of bias and discrimination. Lessons can be reviewed at: (<a href="https://www.ohio.edu/diversity/womens-center/young-leader-empowerment">https://www.ohio.edu/diversity/womens-center/young-leader-empowerment</a>)</p>
<p><b>October 26 4PM-5PM Baker 403 and virtually.</b></p> <p>For information, visit: <a href="https://www.">https://www.</a></p>	<p><b>International Women's Coffee Hour</b></p> <p>Sponsored by the Women's Center and International Faculty and Staff Services.</p>	<p>Students, faculty, staff, and community members from all fields and backgrounds are welcome to attend.</p>	<p>1. Network with others invested in providing a welcoming environment for international women on campus and in our community</p>	<p>*This is a social, relaxing event, and is <i>not</i> intended to be a program offered for faculty seeking opportunities for their students to develop intercultural competence in a structured way.</p>

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<p><a href="https://www.ohio.edu/diversity/womens-center/international-womens-coffee-hour">ohio.edu/diversity/womens-center/international-womens-coffee-hour</a></p>		<p><b>As a program created to build community, we ask that people not be required to attend, but invite all who desire to attend.</b></p>	<p>2. Practice English in a supportive environment</p>	
<p><b>October 28 12PM – 1PM Virtual</b></p> <p>For information, visit: <a href="https://www.ohio.edu/diversity/womens-center/thirsting-knowledge-thursdays">https://www.ohio.edu/diversity/womens-center/thirsting-knowledge-thursdays</a></p>	<p><b>Thirsting for Knowledge Thursdays: Information Forthcoming.</b></p>	<p>Community and Public Health</p> <p>Diversity Studies</p> <p>Learning Communities</p> <p>Media Studies Psychology</p> <p>Social Media Certificate</p> <p>Social Work</p> <p>Sociology</p> <p>Women’s, Gender and Sexuality Studies</p>	<p>Information forthcoming</p>	<p><b>Recommended Viewing:</b></p> <p>Our Body Image and Social Media: Live Life Unfiltered   Keisha &amp; Teagan Simpson   TEDxOttowa (2019), TEDx Talks: <a href="https://www.youtube.com/watch?v=iWc5rQ_YvYw">https://www.youtube.com/watch?v=iWc5rQ_YvYw</a></p> <p>Selfie Dysmorphia: How social media filters are distorting beauty (2019), Global News: <a href="https://www.youtube.com/watch?v=tRfpuEXrJqQ">https://www.youtube.com/watch?v=tRfpuEXrJqQ</a></p> <p>How social media filters impact mental health (2021), ABC News: <a href="https://www.youtube.com/watch?v=HxozT0I26Bq">https://www.youtube.com/watch?v=HxozT0I26Bq</a></p> <p><b>Recommended Reading:</b></p> <p>Lonergan, Alexandra Rhodes, et al. “Me, My Selfie, and I: The Relationship between Editing and Posting Selfies and Body Dissatisfaction in Men and Women.” <i>Body Image</i>, vol. 28, Mar. 2019,</p>

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				<p>pp. 39–43. <i>EBSCOhost</i>, doi:10.1016/j.bodyim.2018.12.001</p> <p>Sanusi, Victoria (2016). "Plus-Size Women Are Sharing Selfies on Twitter to Promote Body Positivity." July 26. BuzzFeed. <a href="https://www.buzzfeed.com/victoriasanusi/wewearwhatwewant?utm_term=.e0rE0eXdva#.yt9Ao1nIR2">https://www.buzzfeed.com/victoriasanusi/wewearwhatwewant?utm_term=.e0rE0eXdva#.yt9Ao1nIR2</a></p>
<p><b>November 1 3-5PM Co-Lab (Alden 301)</b></p> <p>Join us through the week via social media for the LYW social media "I Am" campaign! For more information on how to participate, visit: <a href="https://www.ohio.edu/diversity/womens-center/love-yourself-week">https://www.ohio.edu/diversity/womens-center/love-yourself-week</a></p>	<p><b>Love Yourself Week: EmpowerParty – Love Yourself through Building Community</b></p> <p>We'll gather together to build community by meeting new friends, sharing messages about resilience and personal strength, and taking photographs documenting our love of oneself throughout our Bobcat years!</p> <p><b>Love Yourself Week</b> is brought to you by: Women's Center, LGBT Center, Center for Entrepreneurship, Ohio University Entrepreneurs, University Well-Being and Recreation, BSCP, Counseling and Psychological Services, the Multicultural Center, the Women's Affairs Commission of Student Senate, the Survivor Advocacy Program, Sorority and Fraternity Life and Ohio University Heritage College of Osteopathic Medicine.</p>	<p>Community and Public Health</p> <p>Diversity Studies</p> <p>Learning Communities</p> <p>LGBT Certificate</p> <p>Media Arts and Studies</p> <p>Photography</p> <p>Psychology</p> <p>Social Work</p> <p>Sociology</p> <p>Women's, Gender and</p>	<ol style="list-style-type: none"> <li>1. Identify resources on campus available to students seeking ways to improve self-confidence and wellness</li> <li>2. Improved confidence in describing one's skills and abilities</li> <li>3. Connect with the broader OHIO community by viewing peers' self-affirmations</li> </ol>	<p><b>Recommended Reading</b></p> <p>Tiidenberg, Katrin and Edgar Gómez Cruz. 2015. Selfies, Image and the Re-making of the Body. <i>Body &amp; Society</i>. Vol21(4): 77-102.</p> <p><b>Recommended Listening &amp; Viewing</b></p> <p>Saujani, Reshma (2016). Teach girls bravery, not perfection. <i>TEDTalk</i>. February. <a href="https://www.ted.com/talks/reshma_saujani_teach_girls_bravery_not_perfection?language=en">https://www.ted.com/talks/reshma_saujani_teach_girls_bravery_not_perfection?language=en</a></p> <p>(Ask students to discuss how they can productively fail and challenge their imposter syndrome. Helps students develop goals and consider how they can use a support team if they are unable to reach those goals on their own)</p> <p><b>Recommended Activities</b></p>

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		Sexuality Studies		Have students search for online images of Carol Rossetti's body postcards. What ideas are her postcards challenging? Whose bodies does she talk about? Ask students to create their own postcard based on Carol Rossetti's postcards that reflect their own Love Yourself journey. Have students analyze marketing campaigns that claim to promote body acceptance to determine how effective the campaign is.
<p><b>November 2 3:30PM- 4:30PM Ping, Studio 219</b></p> <p>Registration required (forthcoming). For more information, visit: <a href="https://www.ohio.edu/diversity/womens-center/love-yourself-week">https://www.ohio.edu/diversity/womens-center/love-yourself-week</a></p>	<p><b>Love Yourself Week's Love Yourself through Movement: A Self-Appreciation Yoga Workshop</b></p> <p>Join University of Well-Being and Recreation for self-appreciation activities, followed by yoga which will be open to individuals of all physical activity levels and body types!</p> <p><b>Love Yourself Week</b> is brought to you by: Women's Center, LGBT Center, Center for Entrepreneurship, Ohio University Entrepreneurs, University Well-Being and Recreation, BSCP, Counseling and Psychological Services, the Multicultural Center, the Women's Affairs Commission of Student Senate, the Survivor Advocacy Program, Sorority and Fraternity Life and Ohio University Heritage College of Osteopathic Medicine.</p>	<p>Community and Public Health</p> <p>Exercise and Physical Education</p> <p>Exercise Physiology</p> <p>Learning Communities</p>	<ol style="list-style-type: none"> <li>1. Improved confidence via self-appreciation activities</li> <li>2. Awareness of yoga practices for all physical activity levels and body types</li> </ol>	<p><b>Recommended Reading</b></p> <p>Gaesser, Glenn A. (2002). <i>Big Fat Lies: The Truth About Your Weight and Your Health</i>. Gürze Books: Carlsbad, California.</p> <p>Mindfulness, by the Counseling and Psychological Services. <a href="https://www.ohio.edu/student-affairs/counseling/mindfulness">https://www.ohio.edu/student-affairs/counseling/mindfulness</a></p> <p>Pillay, Srin (2016). How simply moving benefits your mental health. In <i>Harvard Health Publishing</i>. March 28. <a href="https://www.health.harvard.edu/blog/how-simply-moving-benefits-your-mental-health-201603289350?fbclid=IwAR3NJPXA5ILN5hb32neRTvGuYvxNgAZIjDFd4ETDOS03XdHN29rFDG-JUw8">https://www.health.harvard.edu/blog/how-simply-moving-benefits-your-mental-health-201603289350?fbclid=IwAR3NJPXA5ILN5hb32neRTvGuYvxNgAZIjDFd4ETDOS03XdHN29rFDG-JUw8</a></p> <p><b>Recommended Listing</b></p>

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				<p>Yoga is Dead Podcast by Tejal and Jesal.  <a href="https://tejalyoga.com/allevents/2020/yogaisdeadpodcast#:~:text=Yoga%20is%20Dead%20is%20a,lurking%20under%20the%20yoga%20mat">https://tejalyoga.com/allevents/2020/yogaisdeadpodcast#:~:text=Yoga%20is%20Dead%20is%20a,lurking%20under%20the%20yoga%20mat</a>. According to their website, "Yoga is Dead is a revolutionary podcast that explores power, privilege, fair pay, harassment, race, cultural appropriation and capitalism in the yoga and wellness worlds."</p> <p><b>Recommended Activities</b>          Ask students to research the Health at Every Size (HAES) movement. How does HAES frame exercise and weight loss? What can they learn from that approach for their personal and professional lives?</p>
<p><b>November 3 TBD</b></p> <p>Please visit <a href="https://www.ohio.edu/diversity/womens-center/love-yourself-week">https://www.ohio.edu/diversity/womens-center/love-yourself-week</a> for updated information.</p>	<p><b>Featured Speaker</b>          This contract is still being confirmed, and the co-curricular guide will be updated with information once it is. This speaker is funded by the Women's Center, LGBT Center, and Ohio University Entrepreneurs.</p> <p><b>Love Yourself Week</b> is brought to you by: Women's Center, LGBT Center, Center for Entrepreneurship, Ohio University Entrepreneurs, University Well-Being and Recreation, BSCP, Counseling and Psychological Services, the Multicultural Center, the Women's Affairs Commission of</p>	<p>College of Business</p> <p>Diversity Studies</p> <p>Voinovich School of Leadership and Public Service</p> <p>Women's, Gender, and Sexuality Studies</p>	TBD	TBD

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	<p>Student Senate, the Survivor Advocacy Program, Sorority and Fraternity Life and Ohio University Heritage College of Osteopathic Medicine.</p>			
<p><b>November 4 TBD</b></p> <p>Please visit <a href="https://www.ohio.edu/diversity/womens-center/love-yourself-week">https://www.ohio.edu/diversity/womens-center/love-yourself-week</a> for updated information.</p>	<p><b>Positivity Jars</b> Join our co-sponsoring offices in creating positivity jars by contributing compliments and self-affirmations.</p> <p><b>Love Yourself Week</b> is brought to you by: Women's Center, LGBT Center, Center for Entrepreneurship, Ohio University Entrepreneurs, University Well-Being and Recreation, BSCP, Counseling and Psychological Services, the Multicultural Center, the Women's Affairs Commission of Student Senate, the Survivor Advocacy Program, Sorority and Fraternity Life and Ohio University Heritage College of Osteopathic Medicine.</p>	<p>Learning Communities</p> <p>We encourage participation from those who are minoritized within their fields (e.g. women in STEM), or who experience imposter syndrome.</p> <p>We encourage participation from those in helping fields, including:</p> <p>Counseling</p> <p>Social Work</p>	<ol style="list-style-type: none"> <li>1. Improved confidence via self-appreciation activities</li> <li>2. Awareness of strategies to combat negative self-talk and imposter syndrome.</li> <li>3. Identify resources on campus available to students seeking ways to improve self-confidence and wellness.</li> </ol>	<p><b>Recommended Viewing</b> "How To" with the Women's Center: Make an Affirmation Jar at <a href="https://youtu.be/MVGegSt_Wc0">https://youtu.be/MVGegSt_Wc0</a></p> <p>Email <a href="mailto:womenscenter@ohio.edu">womenscenter@ohio.edu</a> to request access a workshop on Imposter Syndrome (presented by Valerie Young, author of <i>Secret Thoughts of Successful Women</i>). This workshop was recorded in March 2020 and is one hour.</p> <p><b>Recommended Reading</b> Robertson, John (n.d.). Cognitive Restructuring: Employing a Positive Attitude and Helpful Thoughts. Available at: <a href="https://www.k-state.edu/paccats/Contents/Stress/Cognitive%20Restructuring.pdf">https://www.k-state.edu/paccats/Contents/Stress/Cognitive%20Restructuring.pdf</a></p> <p><b>Recommended Activity</b> Ask students to create a self-care plan in which they identify their support team (e.g. friends, family, resources on campus) and affirmation statements that they can have on hand when experiencing negative self-talk.</p>

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<p><b>November 5 9AM-4PM Virtual</b></p>	<p><b>American Council on Education Women’s Network Ohio 23<sup>rd</sup> Annual Conference</b></p> <p>Ohio University is proud to host the annual ACE Women's Network Ohio Conference. Join us virtually for this event, focused on personal and professional development, and empowering women in higher education. Registration is required, and includes a fee of \$25, and a small service fee. Find out more online at: <a href="https://www.aceohiowomen.org/plugins/content/content.php?content.189">https://www.aceohiowomen.org/plugins/content/content.php?content.189</a>.</p>	<p>We encourage those interested in careers in higher education to attend, as well as faculty and staff at Ohio University.</p>	<ol style="list-style-type: none"> <li>1. Strengthen one’s understanding of gender and racial bias within higher education</li> <li>2. Identify obstacles that can be a detriment to women’s successes</li> <li>3. Understand our roles in building an inclusive environment</li> <li>4. Invest in decreasing gender and racial bias within the workplace and classrooms</li> </ol>	<p><b>Recommended Reading</b></p> <p><i>Presumed Incompetent: The Intersections of Race and Class for Women in Academia</i>, edited by Muhs Gabriella Gutiérrez y Muhs, Niemann Yolanda Flores, González Carmen G., and Harris Angela. Boulder, Colorado: University Press of Colorado, 2012. Accessed August 22, 2020. <a href="http://www.jstor.org/stable/j.ctt4cgr3k.19">http://www.jstor.org/stable/j.ctt4cgr3k.19</a>.(available as an e-book through Alden Library).</p> <p>Thomas-Davis, Shenique S. (2020). Don’t Rely on Black Faculty to Do the Antiracist Work. <i>Inside Higher Ed</i>. August 21. <a href="https://www.insidehighered.com/views/2020/08/21/how-college-leaders-can-give-more-lip-service-need-dismantle-systemic-racism">https://www.insidehighered.com/views/2020/08/21/how-college-leaders-can-give-more-lip-service-need-dismantle-systemic-racism</a></p>
<p><b>November 7 11AM Virtual</b></p> <p>More information available at: <a href="https://www.nedawalk.org/fall2021">https://www.nedawalk.org/fall2021</a></p>	<p><b>Virtual National Eating Disorders Association Walk</b></p> <p>30 million Americans struggle with an eating disorder at some point in their lives. Despite their increasing prevalence, eating disorders receive significantly less funding than other major mental illnesses, and support options are often inaccessible. As a result, too many families are left feeling helpless, hopeless, and frightened – this is where we come in. Through NEDA Walks, we are raising critical</p>	<p>Community and Public Health</p> <p>Education</p> <p>Exercise and Physical Education</p> <p>Medical Students</p>	<ol style="list-style-type: none"> <li>1. Identify resources on campus for those struggling with body image and/or eating disorders</li> <li>2. Improve empathy for those who have eating disorders or are in recovery</li> </ol>	<p><b>Recommended Readings:</b></p> <p>Sonneville, K. R., ScD, RD, &amp; Lipson, S. K., PhD. (2018). Disparities in eating disorder diagnosis and treatment according to weight status, race/ethnicity, socioeconomic background, and sex among college students. <i>International Journal of Eating Disorders</i>, 51(6), 518-526. doi:10.1002/EAT.22846 <b>Available online via Alden Library</b></p>

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	<p>funds, restoring hope, and changing the conversation surrounding eating disorders.</p> <p>Your fundraising efforts are putting life-saving resources into the hands of those in need, and catalyzing prevention, cures, and access to quality care. With every dollar raised, we are one step closer to our shared vision of a world without eating disorders.</p>	<p>Nursing</p> <p>Nutrition</p> <p>Psychology</p> <p>Social Work</p> <p>Sociology</p> <p>Women's, Gender, and Sexuality Studies</p> <p>Those interested in non-profit management may benefit from experiencing the Walk, or volunteering to help with fundraising.</p>	<p>3. Experience in non-profit fundraising if assisting in the fundraising aspect of the walk</p>	<p>Thompson, Becky. (1992). "A Way Outa No Way". <i>Gender &amp; Society</i>, 6(4), 546-561. doi:10.1177/089124392006004002 <b>A available online via Alden Library.</b></p> <p>"This article offers a feminist theory of eating problems (anorexia, bulimia, extensive dieting, and binging) based on life history interviews with African-American, Latina, and white women. [...] Identifying eating problems as survival strategies shifts the focus from portraying them as issues of appearance to ways women take care of themselves as they cope with trauma" (Thompson).</p>
<p><b>November 9 12PM-1PM Baker 403 and virtually.</b></p> <p>For information, visit: <a href="https://www.ohio.edu/diversity/womens-center/co-curricular-guide">https://www.ohio.edu/diversity/womens-center/co-curricular-guide</a></p>	<p><b>SayHerName: Building Community to Support Women of Color at OHIO</b></p> <p>Co-Sponsored with Counseling and Psychological Services.</p> <p>Sparked by the Division for Diversity and Inclusion's Public Forum on Breonna Taylor: Mourning, Reflecting, Moving Forward,</p>	<p>As a community building event, we encourage those who have been directed impacted by racism and sexism, as well as other</p>	<p>Gatherings are reflective of community needs and thus specific learning outcomes vary.</p> <p>Projected Outcomes:</p> <ol style="list-style-type: none"> <li>1. Students will be able to critically</li> </ol>	<p><b>Recommended Readings:</b></p> <p>BBC (2020). Black Trans Lives Matter: 'We're tired of having to pick sides.' June 15. <a href="https://www.bbc.co.uk/bbcthree/article/33ab8fbd-792f-44ee-85de-5dd3894f60bf">https://www.bbc.co.uk/bbcthree/article/33ab8fbd-792f-44ee-85de-5dd3894f60bf</a></p>

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<p><a href="https://www.ohio.edu/diversity/womens-center/say-her-name">ohio.edu/diversity/womens-center/say-her-name</a></p>	<p>SayHerName is an ongoing commitment to our participants. These gatherings are created to build a community of support and to serve as a public space for expression. All are welcome to attend.</p>	<p>interlinked forms of oppression, and their allies, to attend.</p> <p><b>As a program created to build community, we ask that people not be required to attend, but invite all who desire to attend.</b></p>	<p>state, describe, and consider an issue or problem</p> <p>2. Students will be able to develop connections with community for social support and sense of belonging.</p>	<p>Chen, Grace A., Helen A. Neville, Jioni A. Lewis, Hector Y. Adames, Nayeli Y. Chavez-Dueñas, Della V. Mosley, &amp; Bryana H. French (2019). Radical Self-Care in the Face of Mounting Racial Stress. Nov 15. <i>Psychology Today</i>. <a href="https://www.psychologytoday.com/us/blog/healing-through-social-justice/201911/radical-self-care-in-the-face-mounting-racial-stress">https://www.psychologytoday.com/us/blog/healing-through-social-justice/201911/radical-self-care-in-the-face-mounting-racial-stress</a></p> <p>Ohio University's Counseling and Psychological Services. Self-Care for Student Activists &amp; Anyone Engaging in Challenging Conversations. <a href="https://www.ohio.edu/student-affairs/counseling/self-care-challenging-conversations">https://www.ohio.edu/student-affairs/counseling/self-care-challenging-conversations</a></p> <p>Paz, Isabella Grullón and Maggie Astor (2020). Black Trans Women Seek More Space in the Movement They Helped Start. <i>New York Times</i>. June 27. <a href="https://www.nytimes.com/2020/06/27/us/politics/black-trans-lives-matter.html">https://www.nytimes.com/2020/06/27/us/politics/black-trans-lives-matter.html</a></p> <p>Ritchie, Andrea (2017). <i>Invisible No More: Police Violence Against Black Women and Women of Color</i>. Beacon Press: Massachusetts.</p> <p><b>Recommended Viewing:</b> Watch the interview with Kimberlé Crenshaw and Sheinelle Jones of TODAY</p>
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				<p>(2020): Kimberlé Crenshaw shares importance of the Say Her Name movement  <a href="https://www.today.com/video/kimberle-crenshaw-shares-importance-of-the-say-her-name-movement-85807685887">https://www.today.com/video/kimberle-crenshaw-shares-importance-of-the-say-her-name-movement-85807685887</a>          There are a number of webinars provided by the African American Policy Forum, Inc. <a href="https://aapf.org/webinars">https://aapf.org/webinars</a></p> <p><b>Allies may benefit from viewing <a href="#">this video about allyship vs co-conspiratorship</a> (link is to a CSPAN user clip featuring Bettina Love).</b></p>
<p><b>November 10 6PM-7:30PM Virtual</b></p> <p><b>Register at:</b>  <a href="https://ohio.qualifiedtrics.com/jfe/form/SV_1zEh3TaVcKIIbqW">https://ohio.qualifiedtrics.com/jfe/form/SV_1zEh3TaVcKIIbqW</a></p>	<p><b>“Future President: Getting Involved with Student Leadership on Campus”</b> brought to you by the Women’s Center’s ALAANA+ Women’s Leadership Cohort</p> <p>This panel will feature both OHIO alumna and current campus leaders who will share their experiences with leadership. Learn tips and tricks about what leadership at OHIO can look like and how to cultivate influence while maximizing your time as a Bobcat!</p>	<p>All students are encouraged to participate because we want them to run for student office or other leadership positions – and because of the transferrable skills this program provides.</p> <p>College of Business</p> <p>Political Science</p> <p>Pre-Law</p>	<ol style="list-style-type: none"> <li>1. Identify leadership opportunities available at OHIO.</li> <li>2. Reflect about personal, professional, and leadership goals and how to achieve those goals.</li> <li>3. Connect with campus leaders and OHIO alumna to expand your network.</li> </ol>	<p><b>Recommended Activities:</b>          Ask students to create a leadership plan: 1) research a student organization; 2) identify a formal leadership position within the student organization that they would be interested in holding one day; 3) create a plan of how they can cultivate the skills necessary to hold this position.</p> <p>Have students design their own political campaign: identify the issues that are important to them; strategize a media campaign; predict how opponents and journalists may address their political run.</p> <p><b>Recommended Readings:</b>          Domingue, A. D. (2015). “Our Leaders Are Just We Ourselves”: Black Women College</p>

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		<p>Voinovich School Leadership and Public Affairs</p> <p>Women's, Gender, and Sexuality Studies</p>		<p>Student Leaders' Experiences with Oppression and Sources of Nourishment on a Predominantly White College Campus. <i>Equity &amp; Excellence in Education</i>, 48(3), 454-472. <a href="http://dx.doi.org.proxy.library.ohio.edu/10.1080/10665684.2015.1056713">http://dx.doi.org.proxy.library.ohio.edu/10.1080/10665684.2015.1056713</a></p> <p>Haber-Curran, P., &amp; Sulpizio, L. (2017). Student Leadership Development for Girls and Young Women. <i>New Directions for Student Leadership</i>, 2017(154), 33-46. <a href="https://onlinelibrary-wiley-com.proxy.library.ohio.edu/doi/10.1002/yd.20238">https://onlinelibrary-wiley-com.proxy.library.ohio.edu/doi/10.1002/yd.20238</a>.</p> <p>Tómasdóttir, H. (Director). (2016, October). <i>It's time for women to run for office</i> [Video file]. Retrieved from <a href="https://www.ted.com/talks/halla_tomasdottir_it_s_time_for_women_to_run_for_office?referrer=playlist-ted_talks_by_strong_women_lead">https://www.ted.com/talks/halla_tomasdottir_it_s_time_for_women_to_run_for_office?referrer=playlist-ted_talks_by_strong_women_lead</a></p>
<p><b>November 15 3:30PM-5PM Virtual</b></p> <p>Students interested in participating should email <a href="mailto:womenscenter@ohio.edu">womenscenter@ohio.edu</a> to receive</p>	<p><b>Identifying Rape Culture and How to Respond</b></p> <p>This workshop will provide participants with the tools needed to identify comments, actions, and myths that uphold rape culture. Participants will leave having role played bystander intervention strategies to disrupt rape culture.</p>	<p>We encourage all members of our campus to attend this workshop to support the culture we want to see on campus and in the community –</p>	<ol style="list-style-type: none"> <li>1. Define rape culture</li> <li>2. Identify and work to confront rape culture and the ways in which institutionalized oppression influences societal beliefs on sexual violence</li> </ol>	<p><b>Recommended Readings:</b></p> <p>Edwards, K.M., Turchik, J.A., Dardis, C.M. et al. (2011). Rape Myths: History, Individual and Institutional-Level Presence, and Implications for Change. <i>Sex Roles</i>. 65: 761.</p> <p>Franiuk, Renae, Jennifer L. Seefelt, Sandy L. Cepress, and Joseph A. Vandello. "Prevalence and Effect of Rape Myths in Journalism: The Kobe</p>

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<p>information about how to participate.</p> <p>Faculty and Staff interested in participating as part of the Professional Development Platform (Human Resources) should register online at: <a href="https://www.ohio.edu/hr/professional-development/courses">https://www.ohio.edu/hr/professional-development/courses</a></p>	<p>We strongly encourage that those attending this workshop also attend a Better Bystanders training, which focuses on bystander intervention, offered through the Health Promotion.</p>	<p>free of sexual violence.</p>	<ol style="list-style-type: none"> <li>3. Critically analyze written and visual texts (when paired with the recommended readings)</li> <li>4. Increase empathy for survivors of sexual violence</li> <li>5. Practice tangible skills to interrupt language that normalizes and perpetuates rape culture.</li> </ol>	<p>Bryant Case." <i>Violence Against Women</i>. X.X (2008): 1-23.</p> <p><b>Recommended Assignments:</b> Have students create a campaign to end sexual violence and rape culture that addresses rape myths.</p> <p>Ask students to write a script reflecting a moment in which someone needs to intervene and describe an intervention strategy that they would feel comfortable using. These intervention strategies should be shared and discussed through discussion boards or in class.</p>
<p><b>November 17 3PM-5PM Virtual</b></p> <p>This program counts towards a She Leads OHIO requirement (the Women's Center's professional</p>	<p><b>AAUW Start Smart Salary Negotiation</b></p> <p>Funded by the Graduate College and supported by the Career Achievement Network.</p> <p>This two-hour AAUW workshop provides students with the skills needed to negotiate their first salary.</p>	<p>We strongly encourage all graduating seniors to attend in order to be prepared for the salary negotiation process; however, all are welcome to attend.</p>	<ol style="list-style-type: none"> <li>1. Provide students with the skills needed to negotiate their first salary</li> <li>2. Educate students on how to construct a budget and do city cost comparisons</li> <li>3. Define the wage gap, and how it impacts everyone (not just women)</li> </ol>	<p><b>Recommended Discussion Questions</b></p> <ol style="list-style-type: none"> <li>1. What is the gender wage gap?</li> <li>2. How does the wage gap impact people of different identity groups?</li> <li>3. How will you articulate your worth in a job interview or salary negotiation?</li> </ol> <p><b>Recommended Readings:</b> Ask students to explore the different topics on the AAUW's website on career and workplace issues for women:</p>

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<p>leadership program).</p> <p>Register at <a href="https://ohio.qualtrics.com/jfe/form/SV_0oDdJ4AWwDI26kR">https://ohio.qualtrics.com/jfe/form/SV_0oDdJ4AWwDI26kR</a>. Log-in information for the event will be sent the day prior.</p>	<p><b>**Due to our licensing agreement with the AAUW, this workshop is only available for members of the Ohio University community.**</b></p>		<p>4. Determine what can be done to combat the wage gap</p>	<p><a href="https://www.aauw.org/issues/equity/gendered-workforce/">https://www.aauw.org/issues/equity/gendered-workforce/</a>; and on the Institute for Women's Policy Research's website: <a href="https://iwpr.org/issue/employment-education-economic-change/pay-equity-discrimination/">https://iwpr.org/issue/employment-education-economic-change/pay-equity-discrimination/</a></p> <p><b>Recommended Activity:</b> Encourage your students to create a realistic budget for themselves after attending the workshop while taking into account differences in expenses due to location and cost of living in that area. This will help them to consider their "resistance point."</p>
<p><b>November 18 12PM – 1PM Baker 403 and Virtual</b></p> <p>To register to attend virtually, visit: <a href="https://www.ohio.edu/diversity/womens-center/thirsting-knowledge-thursdays">https://www.ohio.edu/diversity/womens-center/thirsting-knowledge-thursdays</a></p>	<p><b>Thirsting for Knowledge Thursdays: Making Games a Welcoming Space for All</b></p> <p>Over 65% of Americans play videogames, and although there is nearly a 50/50 split between gamers who identify as female and those who identify as male, videogame culture can be a hostile environment toward female gamers and non-cis white male gamers. This event will highlight the good work being done to mitigate toxicity in gaming and serve as a listening session to generate ideas on ways OHIO's new esports facility can be welcoming to all. Everyone, gamers and non-gamers alike, are welcome to attend!</p> <p>Presented by Dr. Jeff Kuhn. Jeff currently serves as the Director of Esports at Ohio</p>	<p>Computer Science</p> <p>Computer Technology</p> <p>Diversity Studies</p> <p>Esports Certificate</p> <p>Games and Animation</p> <p>Information and Telecommunication Systems</p>	<ol style="list-style-type: none"> <li>1. Define male allyship and inclusivity</li> <li>2. Identify opportunities to enact allyship</li> <li>3. Increased familiarity with Esports</li> </ol>	<p><b>Recommended Reading:</b> Esports And Its Reinforcement Of Gender Divides Kruthika N. S.* . N. S., Kruthika. "ESports and Its Reinforcement of Gender Divides." <i>Marquette Sports Law Review</i>, vol. 30, no. 2, 2019, pp. 347–370. <i>EBSCOhost</i>, search-ebSCOhost-com.proxy.library.ohio.edu/login.aspx?direct=true&amp;db=edshol&amp;AN=edshol.hei n.journals.mqslr30.18&amp;site=eds-live&amp;scope=site. Reading is available via Alden Library.</p> <p><b>Recommended Viewing:</b> Anita Sarkeesian at TedxWomen in 2012 (content warning: violence against women). Available at:</p>

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	<p>University where he supervises OHIO's competitive gaming activities. He earned his PhD in education and researches problem solving and distributed cognition in videogames. In his free time Jeff enjoys avoiding both people and computers, so he goes hiking.</p>	<p>Media Arts and Studies Media Arts Production Media Studies Sociology Women's, Gender, and Sexuality Studies</p>		<p><a href="https://www.youtube.com/watch?v=GZAxwsg9J9Q">https://www.youtube.com/watch?v=GZAxwsg9J9Q</a></p> <p>Watch Female Esports Pros Hope to Close the Gender Gap (2017) by Kotaku: <a href="https://www.youtube.com/watch?v=vwQc9hr0hNA">https://www.youtube.com/watch?v=vwQc9hr0hNA</a></p> <p>Watch What Professional Fortnite Looks Like for Women (2020) by VICE: <a href="https://www.youtube.com/watch?v=JmAqDL9gQLA">https://www.youtube.com/watch?v=JmAqDL9gQLA</a></p> <p>Watch Women Are CHANGING Esports (2021) by Esports Talk: <a href="https://www.youtube.com/watch?v=JYv5W0AndIO">https://www.youtube.com/watch?v=JYv5W0AndIO</a></p>
<p><b>November 30 4PM-5PM Baker 403 and virtually.</b></p> <p>For information, visit: <a href="https://www.ohio.edu/diversity/womens-center/international-womens-coffee-hour">https://www.ohio.edu/diversity/womens-center/international-womens-coffee-hour</a></p>	<p><b>International Women's Coffee Hour</b></p> <p>Sponsored by the Women's Center and International Student and Faculty Services.</p>	<p>Students, faculty, staff, and community members from all fields and backgrounds are welcome to attend.</p> <p><b>As a program created to build community, we ask that people not be required to attend, but</b></p>	<ol style="list-style-type: none"> <li>1. Network with others invested in providing a welcoming environment for international women on campus and in our community</li> <li>2. Practice English in a supportive environment</li> </ol>	<p>*This is a social, relaxing event, and is <i>not</i> intended to be a program offered for faculty seeking opportunities for their students to develop intercultural competence in a structured way.</p>

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		<b>invite all who desire to attend.</b>		
<p><b>December 2 12PM-1:00PM Virtual</b></p> <p>Students interested in participating should email <a href="mailto:womenscenter@ohio.edu">womenscenter@ohio.edu</a> to receive information about how to participate.</p> <p>Faculty and Staff interested in participating as part of the Professional Development Platform (Human Resources) should register online at: <a href="https://www.ohio.edu/hr/professional-">https://www.ohio.edu/hr/professional-</a></p>	<p><b>Lifting Women Up: Cultivating Influence to Achieve Our Goals</b></p> <p>In this session, we will articulate the internal and external barriers, including sexism and other intersecting forms of oppression, that hold us back from achieving our goals. We'll develop strategies to enable us to identify our personal board of directors, cultivate allies, and develop influence.</p>	<p>Students, faculty, staff, and community members from all fields and backgrounds are welcome to attend. This session is particularly useful for individuals seeking information on how to gain mentors and write goals.</p> <p>Student leaders, or those interested in joining more formal leadership positions, are particularly encouraged.</p>	<ol style="list-style-type: none"> <li>1. Articulate the internal and external barriers that hold us back</li> <li>2. Identify your personal board of directors</li> <li>3. Craft a goal and a strategy to cultivate allies to help you achieve it</li> <li>4. Extend your influence: create a list of how you can use your strength and network to lift up others</li> </ol>	<p><b>Recommended Reading</b></p> <p>Heath, Kathryn. 2017. <i>The Influence Effect: A New Path to Power for Women Leaders</i>. First edition. Berrett-Koehler Publishers. <a href="https://search-ebscohost-com.proxy.library.ohio.edu/login.aspx?direct=true&amp;db=cat00572a&amp;AN=alice.b5726592&amp;site=eds-live&amp;scope=site">https://search-ebscohost-com.proxy.library.ohio.edu/login.aspx?direct=true&amp;db=cat00572a&amp;AN=alice.b5726592&amp;site=eds-live&amp;scope=site</a>.</p> <p><b>Recommended Assignment</b></p> <p>Ask students to complete the worksheets provided in the workshop. Have students share what they discovered about themselves, as well as potential allies, through participation in the challenge.</p>

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<a href="#">development/courses</a>				
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### **Cohort-Based Programming**

The following programming either requires that participants apply and/or has the expectation that participants commit to attending every session. Everyone, of all gender identities and backgrounds, are welcome and encouraged to apply for these cohort programs, and to attend all of our programming. The programming included in the co-curricular guide above can be experienced as “stand-alone” programming.

**The ALAANA+ Women’s Leadership Cohort or AWLC** is a cohort leadership opportunity geared towards first- and second-year undergraduate multicultural women providing them with a community to: cultivate community and establish connections within the Cohort and throughout the OHIO community; discover their leadership potential; identify their own personal, professional, and leadership goals; and, create action plans to achieve those goals. Applications for the 2021-2022 cohort are open through September 7, 2021 at 11:59PM. For more information visit: <https://www.ohio.edu/diversity/womens-center/awlc>. *Please note: ALAANA+, in this context, stands for African American/African/Black, Latina/Latinx, Asian American/Asian/Pacific Islander, Arab/Middle Eastern, Native American, and all multicultural folks.*

**The Young Women Leaders Program (YWLP)** assigns mentors to seventh and eighth grade girls at Athens Middle School. Participants interested in any facet of the program are required to take PCOE 2301C in the Fall semester. Mentors work with the middle schoolers on Wednesdays from 3:05PM-5:05PM throughout the academic year. In conjunction with our in-person programming, the Women’s Center has developed a virtual addition to YWLP entitled the Young Leader Empowerment Series (YLES). View the modules here: <https://www.ohio.edu/diversity/womens-center/young-leader-empowerment>.

**The Women’s Mentoring Program** has cohort events for all mentors and mentees, as well as socials for participants. Applications for 2022-2023 will become available in the Spring semester. Please encourage students that you think would benefit from this program to apply. More information can be found online at: <https://www.ohio.edu/womens-center/womens-mentoring-program>.

**Women Leading OHIO** is a professional and leadership development program for early career faculty and staff that meets every Friday from 11:00AM-1:00PM. Applications are due August 27, 2021. For more information, please visit: <https://www.ohio.edu/womenscenter/programs/women-leading-OHIO.cfm>