



**OHIO**  
UNIVERSITY  
Chillicothe



## TEACHER EDUCATION WORKSHOP SERIES

**JULY 26, 2019**  
**8 AM - 5 PM**

### How to Stay Motivated

#### **COURSE DESCRIPTION:**

Those in attendance will learn seven principles designed for personal empowerment, an action oriented success plan, effective ways to work with others, anger management techniques and strategies, ways to build a dynamic team, improve communications, review tips, strategies and ideas for managing time and focus on the refinement of both success and leadership skills.

#### **COST:**

\$136 (1 hr academic credit)

#### **LOCATION:**

Ohio University Chillicothe, 101 University Drive, Chillicothe, OH 45601

Contact Ann Holmes @ [holmesa1@ohio.edu](mailto:holmesa1@ohio.edu) to register!