

# COUNSELING SERVICES

## FOR CLEVELAND OU-HCOM STUDENTS



### OVERVIEW OF SERVICES

The Ohio University Heritage College of Osteopathic Medicine is partnering with Hope Behavioral Health to provide behavioral and mental health support to students at no cost (for up to 10 sessions per academic year). Students can confidentially meet with a Hope Behavioral Health clinician either privately on the HCOM Cleveland campus or virtually.

### HOW TO GET STARTED

Visit [hopebehavioral.com/ouhcom](http://hopebehavioral.com/ouhcom) or call  
**800.642.4560, ext 827**

\*Please identify as an OU-HCOM Cleveland student when calling in.

### INCLUDED SERVICES FOR

- Anxiety
- Depression
- Stress management and coping skills
- Crisis support
- Group therapy services (at request of school)
- Educational seminars
- Linkage to ongoing care, when indicated
- And more!

