Kids Camp is a day camp for children ages 3 to 7. Day camp provides an opportunity for campers to:
- Explore their potential
- Try different activities
- Build friendships
- Learn about diabetes through hands-on lessons appropriate to their age group

Milk, mid-morning and afternoon snacks are provided. Campers bring their own lunches.

Parents and siblings are invited to take part in day camp activities. Siblings can attend day camp with their brothers and sisters and will participate in the same activities. Parents are welcome to pack a lunch and eat with campers, as well as attend a separate education session, Tuesday, June 23 at 9:30 AM, with diabetes health care professionals.

Stepping Stones is the introductory program for youth with diabetes who want to explore what camping is all about before committing to a residential camp.

Stepping Stones includes both a day camp and an overnight camping experience. Campers enjoy a full range of activities unique to a camp experience, including:
- Games, arts and crafts, nature projects, tent camping (weather permitting), and other special events
- Overnight camp
- Snack
- Night hike and/or games, stories and songs around a campfire (weather permitting)

Founded by a group of local physicians, the Central Ohio Diabetes Association has provided service to the Central Ohio community for over fifty years.

Central Ohio Diabetes Association’s T1D Youth and Family Services Program teaches children and their families how to live well with diabetes.

Central Ohio Diabetes Association
1100 Dennison Avenue • Columbus, OH 43201
(614) 884-4400 • (614) 884-4484 – fax
www.diabetesohio.org
THE BASICS
- For 47 years, Camp Hamwi has offered exceptional summer camp experience for youth ages 7 to 17 who have diabetes
- In addition to traditional camp activities and adventures, campers participate in activities designed to improve their own diabetes management
- Diabetes education sessions include the topics of nutrition and carbohydrate counting, insulin therapy, and blood glucose monitoring
- Camp Hamwi encourages independence in diabetes management while providing medical and nutrition staff to help with education and support when needed
- Camp Hamwi strives to create an accepting community in which there is opportunity to compare experiences and feelings about living with diabetes

OUTDOOR ADVENTURES
- A diverse program that serves and supports any skill level and promotes a sense of team spirit and good sportsmanship in individual and group activities
- Activities include horseback riding, archery, volleyball, soccer, basketball, canoeing, swimming, campfires, arts and crafts, drama, dance, outdoor living skills, and rappelling

CAMP STAFF
Camp staff are selected based on their dedication to working with youth, skills, maturity, leadership ability, sense of humor and an appreciation of the outdoors. Camp staff include:
- Cabin counselors
- Program staff
- Social workers
- Nurses
- Dietitians and student dietitians
- Physicians
All staff undergo intense training to prepare them to be successful counselors, able to assist with good diabetes management. Many of the staff have diabetes themselves.

SCHOLARSHIPS
The actual cost of one week of Camp Hamwi is $1,993. With the help of foundations, private sponsors and donations, Camp Hamwi campers are charged $499 for one week, Kids Camp participants are charged $110, and Stepping Stones campers are charged $130.
Camp scholarships are available for children who wish to attend camp.
- No child has ever been turned down for lack of ability to pay
- To request a scholarship form, check the appropriate box when pre-registering
- Based on financial need, a full scholarship, partial scholarship or payment plan will be established
- All information is kept confidential
- Scholarship applications must be received no later than June 9th for Kids Camp and Stepping Stones, and no later than July 3rd for Camp Hamwi

LETTERS TO KIDS BE KIDS
Summer camp should be a special experience for every child – especially those living with the challenge of diabetes. Through our Camp programs, children have fun, form lasting friendships and learn the skills to manage their diabetes for a lifetime

HEALTH/SAFETY/FIRST AID
Camp staff are trained in the special needs of youth with diabetes. Throughout the course of camp, campers and staff work together to maintain the best possible diabetes control while maintaining balance between nutrition, insulin and exercise.

IMPORTANT DATES & INFORMATION
Campers will be accepted only after all registration forms are received.
- You can register and reserve your child’s spot by logging-on to www.diabetesohio.org or by calling (614) 884-4400 or (800) 422-7946 to request the paperwork.

KIDS CAMP
Hamwi – Danville, OH 43014

• Senior Challenge: Ages 13 to 17
  June 22 – 24
  Hoover Y-Park, Lockbourne, OH 43137
  Kids Camp Fee: $110
  Deposit: $50 (Is included in camp fee and is non-refundable. Not required if requesting scholarship)
  Registration Deadline: June 2, 2015

• Junior Challenge: Ages 7 to 12
  July 26 – August 1
  Danville, 43014
  Camp Hamwi Fee $499
  Deposit: $175 (Is included in camp fee and is non-refundable. Not required if requesting scholarship)
  Registration Deadline: June 26, 2015

STEPPING STONES
Hoover Y-Park, Lockbourne, OH 43137

• Ages 8 to 12
  June 25 – 27
  Stepping Stones Fee: $130
  Deposit: $50 (Is included in camp fee and is non-refundable. Not required if requesting scholarship)
  Registration Deadline: June 2, 2015

• Ages 3 to 7
  July 3 – 5
  Spalding Park, Dublin, OH 43017
  Deposit: $50 (Is included in camp fee and is non-refundable. Not required if requesting scholarship)
  Registration Deadline: June 2, 2015

STANDING RIVER CAMPS
Hoover Y-Park, Lockbourne, OH 43137

• Ages 13 to 17
  June 26 – 28
  Camp Standing River Fee: $499
  Deposit: $175 (Is included in camp fee and is non-refundable. Not required if requesting scholarship)
  Registration Deadline: June 10, 2015

All paperwork must be submitted by June 9.