



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document by email at info@healthplan.org or by calling 740.695.3585 or 1.800.624.6961; TDD 740.695.7919 or 1.800.622.3925.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$0 Single/\$0 Family Doesn't apply to E.R. visits, preventive or urgent care, office visits, RX or any supplemental riders.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes. Medical/Hospital/RX Combined \$6,850 Single/\$13,700 Family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit ?	Premiums, health care this plan doesn't cover or supplemental riders.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers ?	Yes. See healthplan.org or call 1.800.624.6961 for a list of participating providers.	If you use an In-Network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your In-Network doctor or hospital may use an Out-of-Network provider for some services. Plans use the term In-Network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist ?	Yes.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have the plan's permission before you see the specialist . Written or oral approval may be required. Should you have questions call 740.695.3585 or 1.800.624.6961; TDD 740.695.7919 or 1.800.622.3925.

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Important Questions	Answers	Why this Matters:
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **participating providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts. **Non-participating providers require preauthorization.**

Common Medical Event	Services You May Need	Your cost if you use a	
		Participating Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic.	Primary care visit to treat an injury or illness	\$10 copay/ visit	----- None -----
	Specialist visit	\$10 copay/ visit	Preauthorization may be required
	Other practitioner office visit	\$10 copay/ visit	Preauthorization may be required
	Preventive care/ screening/ immunization	\$0 copay/ visit	Must meet preventive guidelines
If you have a test	Diagnostic test (x-ray, blood work)	\$0 copay/ visit	----- None -----
	Imaging (CT/PET scans, MRIs)	\$0 copay/ visit	Preauthorization may be required

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Common Medical Event	Services You May Need	Your cost if you use a	
		Participating Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.healthplan.org .	Generic drugs	\$10 copay/ each retail \$20.00 copay/ each home delivery	Covers up to a 31-day supply retail, 90-day supply home delivery
	Preferred brand drugs	\$20 copay/ each retail \$40.00 copay/ each home delivery	Covers up to a 31-day supply retail, 90-day supply home delivery, member responsible for cost difference between generic and preferred brand
	Non-preferred brand drugs	\$50 copay/ each retail \$100.00 copay/ each home delivery	Covers up to a 31-day supply retail, 90-day supply home delivery, member responsible for cost difference between generic and non-preferred brand
	Specialty drugs	30% coinsurance or \$300 copay whichever is less	Covers up to 30-day supply retail or home delivery, preauthorization required.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$0 copay/ visit	Preauthorization may be required
	Physician/surgeon fees	\$0 copay/ visit	Preauthorization may be required
If you need immediate medical attention	Emergency room services	\$150 copay/ visit	True emergency services only
	Emergency medical transport	\$25 copay/ transport	Non-emergency transports require preauthorization
	Urgent care	\$35 copay/ visit	----- None -----
If you have a hospital stay	Facility fee (e.g., hospital room)	\$0 copay/ admission	Preauthorization required (unless emergent admission)
	Physician/surgeon fee	\$0 copay	Preauthorization required (unless emergent admission)

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Common Medical Event	Services You May Need	Your cost if you use a	
		Participating Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$10 copay/ visit	----- None -----
	Mental/Behavioral health inpatient services	\$0 copay/ admission	Preauthorization required (unless emergent admission)
	Substance use disorder outpatient services	\$10 copay/ visit	----- None -----
	Substance use disorder inpatient services	\$0 copay/ admission	Preauthorization required (unless emergent admission)
If you are pregnant	Prenatal and postnatal care	\$10 copay/ visit	----- None -----
	Delivery and all inpatient services	\$0 copay/ admission	----- None -----
If you need help recovering or have other special health needs	Home health care	\$0 copay	Services for intermittent skilled care only, preauthorization required
	Rehabilitation services	20% coinsurance/ admission	Preauthorization required
	Habilitation services	\$15 copay/ visit per therapy type	Preauthorization required(e.g.: outpatient-physical, occupational and speech therapy)
	Skilled nursing care	\$25 copay/ day	Preauthorization required, limited to a maximum of 90 days per contract year
	Durable medical equipment	20% coinsurance	Equipment greater than \$500 requires preauthorization
	Hospice service	\$0 copay	Preauthorization required
If your child needs dental or eye care	Eye Exam	Not Covered	----- None -----
	Glasses	Not Covered	----- None -----
	Dental check-up	Not Covered	----- None -----

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Excluded Services & Other Covered Services:**Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan documentation for other excluded services.)**

- | | | |
|---|--|--|
| * Acupuncture (if prescribed for rehabilitation purposes) | * Long-term care | * Most coverage provided outside the United States. See healthplan.org . |
| * Bariatric surgery | * Non-emergency care when traveling outside the U.S. | * Dental care |
| * Cosmetic surgery | * Routine foot care | * Glasses/Routine eye care |
| * Hearing aids | * Weight loss programs | |
| * Infertility treatment | | |

Other Covered Services (This isn't a complete list. Check your policy or plan documentation for other covered services and your costs for these services.)

- | | |
|------------------------|-----------------|
| * Private Duty Nursing | |
| * Chiropractic care | * Prescriptions |

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 740.695.3585 or 1.800.624.6961; TDD 740.695.7919 or 1.800.622.3925. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1.866.444.3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1.877.267.2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file an **appeal**. For questions about your rights, this notice, or assistance, you can contact: The Health Plan Appeals Coordinator at 740.695.3585 or 1.800.624.6961; TDD 740.695.7919 or 1.800.622.3925.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: **\$7,540**
- Plan pays: **\$7,430.00**
- Patient pays: **\$110.00**

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$0.00
Copays	\$60.00
Coinsurance	\$0.00
Limits or exclusions	\$50.00
Total	\$110.00

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: **\$5,400**
- Plan pays: **\$5,150.00**
- Patient pays: **\$250.00**

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0.00
Copays	\$250.00
Coinsurance	\$0.00
Limits or exclusions	\$0.00
Total	\$250.00

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples:

- Costs don't include **premiums**.
- Sample care costs are based on national average supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

 **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

 **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

 **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

 **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.