To have had the opportunity to study abroad this past summer in Barcelona and Shanghai, I am sincerely thankful. As a project for Students Advocating for Global Experiences (SAGE), I gathered responses to compile this mini-book of students who wanted to share a little bit about their trips. It is additionally a part of my personal project associated with the Benjamin A. Gilman International Scholarship Program to encourage students to pursue study abroad opportunities. There are certain perceived obstacles related to study abroad, but I do feel it is worthwhile to explore some possibilities and see where they lead. Though each student may or may not have enjoyed every aspect of time abroad, I think everyone can retrospectively say they left with some lesson whether academic or personal, maybe a gained perspective. I wholly appreciated my own experiences, especially the language practice; I even saved enough to visit my grandparents afterward while we were in the same part of the world again. Deciding to study abroad turned out pretty marvelously for me and for a number of fellow students. SAGE members are those who value what study abroad has to offer, and we find it is worth encouraging other students to consider such opportunities while in college.
On behalf of the staff here in the Office of Global Opportunities, I’d like to thank Amy Co for her fervent dedication to this Student Travel Book project. Amy came to our office at the beginning of fall semester 2016 as a member of Students Advocating for Global Experiences (S.A.G.E.) with a big idea – showcase the experiences of recent study abroad & away students in order to encourage other students to find their own global opportunities. This project was no small order – more students travel in the summer than in fall and spring semester combined. With a long list of emails and hopes of reaching more students, Amy planned, emailed, compiled, and designed this entire booklet to share returned students’ stories.

As you flip or scroll through these pages, bear in mind that these are all Ohio University students. Let that sink in – in summer 2016, our Bobcats were spread across six continents and more than 28 countries. Some had traveled abroad before, others were leaving the country and flying for the first time. They learned about new cultures, further developed their independence on foreign soil, practiced their disciplines, and gained skills that will make them more competitive in the global job market of today. I hope that you enjoy seeing and reading about their experiences, and are inspired to find a global opportunity of your own.

Thank you, Amy, and thank you to all of the students that participated in this project. Share your stories. Experience the world. Go global!

With peace,
Samantha Rommel, Study Abroad & S.A.G.E. organization advisor
Kelsey Lee
Graduate – Osteopathic Medicine

Study Location:
Botswana

Program:
Botswana Healthcare

“Botswana was a great experience to be immersed in the culture and learn in a clinical setting about diseases that are rarely seen in the United States.”

Maggie Watt
Graduate – Osteopathic Medicine

Study Location:
Botswana

Program:
Botswana Healthcare

Kingsley Lims Nyarko
Major:
Film

Study Location:
Botswana

Program:
Global Health Case Competition

“There’s nothing more important than good health: that’s our principal capital asset every country ought to fight for.”
Kyle O’Donnell

Major: Exercise Physiology
Minor: Psychology

Study Location: Botswana, South Africa

Program: Interprofessional Practice in Botswana

"Taking advantage of healthcare is a non-factor in South Africa."

Jared Roese

Major: Business Marketing

Study Location: Botswana

Program: Global Health Case Competition

Kyle Pentz

Graduate – Osteopathic Medicine

Study Location: South Africa

Program: Child Life & Medicine in Cape Town
Maureen Carney
Graduate – Child & Family Life Studies

Study Location:
South Africa

Program:
Child Life in Cape Town

Jazzmine Hardges-Garner

Major: Communication Studies
Minor: Philosophy

Study Location: Program:
South Africa HIV/AIDS

“The rainbow nation of South Africa is filled with many languages, cultures and people from all over the globe. This trip was the most humbling and heartfelt experience I’ve ever had.”

Juli Johnson

Major: Child & Family Studies

Study Location: Program:
South Africa Child Life in South Africa

“Love the experience for everything it can teach you about yourself.”
Olivia Payne

Major:
Community Health Services

Minor:
Environmental Health Sciences

Study Location:
South Africa

Program:
HIV/AIDS Education in South Africa

“It’s a small world after all.”
Charlee Cobb

Major: Journalism

Study Location: Cambodia

Program: Global Leadership Center: Cambodia

Jessica Mace

Major: Community & Public Health Services

Study Location: Cambodia

Program: Global Leadership Center: Cambodia

“Traveling all over Southeast Asia was an experience of a lifetime! #GLCtoSEA”

Lauren Rossiter

Major: Health Services Administration

Minor: Business

Study Location: Cambodia

Program: Global Leadership Center: Cambodia

“It’s amazing how truly little we know about the world, but how quickly that can change.”
Hannah Britton

Major: Journalism
Minors: Marketing, Global Leadership Certificate

Study Locations: Programs:
Cambodia: Cambodia Consulting Project
China: Hong Kong Baptist University Exchange
Israel: Israel Caravan for Democracy

“Study abroad has made my time at OHIO feel purposeful.”

Molly Kessler

Major: Management & Strategic Leadership

Minor: Communications

Study Location: China

Program: Critical Language Scholarship Program

Olivia Cobb

Major: English
Minor: World Religions

Study Location: India

Program: India: Gender, Culture, and Development

“Adventures do occur but not punctually.”
- E.M. Forster
Sophia Hendrix

**Majors:**
Communication Sciences & Disorders
Psychology

**Study Location:**
Malaysia

**Programs:**
Global Health: Malaysia

Hannah Smith

**Major:**
Communication Sciences & Disorders

**Minor:**
Anthropology

**Study Location:**
Malaysia

**Program:**
Malaysia: Promoting Wellness in Older Adults

“The opportunity to travel to Malaysia to work with older adults is an opportunity I will be forever grateful for. I am ecstatic to have experienced a culture so different from my own and to have made so many lifelong connections with others.”

Caroline Bresnahan

**Major:**
Middle Childhood Education

**Study Location:**
Thailand

**Program:**
Thailand: Intercultural & Comparative Education Experience

“Everything in the universe has a rhythm, everything dances.”

― Maya Angelou
Emma Jarvi

Major: Moderate-Intensive Special Education
Minor: Psychology

Study Location: Program:
Thailand Thailand Service Learning

“The decision to study abroad was intimidating and nerve-wracking, but living for six weeks in Thailand with such an incredible group of students and professors was life changing. It allowed me to open my eyes to a culture I’ve never experienced before while I discovered a lot more about who I am as a person. I can’t wait to go back.”

Chelsea Murden

Major: Early Childhood Education

Study Location: Program:
Thailand Thailand Service Learning

“Thailand is known as "The Land of Smiles", and it most certainly lived up to its name! I met some of the nicest people who have so little, and this trip really taught me to appreciate what I have. The trip further encouraged my dreams of teaching abroad, and I know in my heart that one day I will return.”

Brianne Tabar

Major: Early Childhood Education

Study Location:
Thailand

Program:
Service Learning & Education in Thailand
Ashley Deck

Major:
Early Childhood Education

Minor:
Communication Sciences & Disorders

Study Location:
New Zealand

Program:
Consortium for Overseas Student Teaching
EUROPE
Tess Hickey
Major: Environmental Geography
Minor: Environmental & Plant Biology
Study Locations: Kosovo, Albania, Montenegro
Program: Balkans: Environmental Peacebuilding & Sustainability

"When one tugs at a single thing in nature, he finds it attached to the rest of the world."
– John Muir

Mimi Nemec
Major: Journalism
Minor: Japanese
Study Location: Czech Republic
Program: CIS Abroad - Summer in Business and Economics, Prague

Taylor Hickman
Major: Graphic Design
Minor: Business
Study Location: France
Program: Marching 110 in Paris
Caleb Knittel
Major:
Civil Engineering
Study Location:
Czech Republic
Program:
CIS Abroad - Summer in Business and Economics, Prague

Nicholas McKibben
Major:
Sociology-Criminology
Study Location:
France, UK
Program:
Wind Bands Abroad
“Very thankful.”

Nick Momenee
Major:
Energy Engineering
Study Location:
France
Program:
Marching 110 in Paris
Katherine Omecene

Majors:
Finance
Management Information Systems

Study Location: Program:
France Global Consulting Program – Dijon

“Doing GCP was one of the most fulfilling experiences I’ve had in college. Learning about how to interact with people from different cultures effectively is a skill I will use for the rest of my life.”

Riane Stahl

Major:
Sport Management

Study Location:
Germany

Program:
Global Consulting Program – Bayreuth

Caroline Wilson

Major:
Chemical Engineering

Study Location:
Germany

Program:
University of Leipzig Research Internship

“Studying abroad allowed me to realize what I was capable of: if I was able to spend 11 weeks in a foreign country by myself, I feel like there is nothing I cannot do.”
Corey Cotsonas
Major:
Marketing
Study Location:
Greece
Program:
Global Consulting Program

Cali DiLucente
Majors:
Accounting
Finance
Study Location:
Greece
Program:
Global Consulting Program

Alex Fortunato
Majors:
Accounting
Business Pre-Law
Study Location:
Greece
Program:
Global Consulting Program
Adrien Helmuth
Major:
Accounting
Management Information Systems

Study Location: Greece
Program: Global Consulting Program

“Being someone who had never left the country, going to Greece was an eye-opening experience, in the best way possible. I learned so much about the Greek culture, and what it’s like to work with international students.”

Sadie Hickle
Majors:
Accounting
Business Pre-Law
International Business

Study Location: Greece
Program: Global Consulting Program

"The world is a book and those who do not travel read only a page."

Brona O’Donnell
Major:
Marketing

Study Location: Greece
Program: Global Consulting Program

“It was an amazing experience to be thrown into a different culture and languages to collaborate with students from all over (Greece, Albania, etc.) to help a company in need. The different perspectives and insights that you get to indulge in was really eye-opening to view that the "American way" is not always the right way.”
Megan Stickney

Major: Electrical Engineering

Study Location: Greece

Program: Global Consulting Program

“Life begins at the end of your comfort zone.”

Erica Swart

Majors: Business Pre-Law International Business
Minor: Sociology

Study Location: Greece

Program: Global Consulting Program

“I have now been to more European countries than US states; wanderlust is a real thing and it definitely changed my life in a major way. In the future I plan to continue my travels both domestically and internationally.”

Megan Brejcha

Majors: Management Information Systems Management & Strategic Leadership

Study Location: Hungary

Program: Global Consulting Program

“Traveling: It leaves you speechless then turns you into a storyteller.”
David Michael
Major: Journalism
Minor: Business
Study Location: Hungary
Program: Global Consulting Program – Hungary

“During GCP I wasn’t just a tourist, I was a member of the community. I worked with students from around the world, who became close friends. To me that’s what study abroad is all about, fully immersing yourself in another culture.”

Maeve Kroeger
Major: Media & Social Change
Minor: Philosophy
Study Location: Ireland
Program: Screenwriting in Ireland

“Great experience.”

Sean Luskin
Major: Marketing
Study Location: Hungary
Program: Global Consulting Program – Hungary

“Traveling can be fun, but your studying abroad experiences will always be in your memories.”
Noah Rudman

Major:
Media Arts & Studies

Study Location:
Ireland

Program:
Screenwriting in Ireland

“This was one of the greatest experiences in my life.”

Kendall Camarata

Major:
Retail Merchandising & Fashion Product Development

Minor:
Business

Study Location:
Italy

Program:
WVU Disegno Italia

“Studying abroad was the best decision and experience of my life. I was given the opportunity to live in Italy for a month and was able to experience both the culture and the food of Italy, all while learning about fashion. Not to mention I studied in the fashion capital of the world - MILAN! Don’t let money be an issue that keeps you from going abroad - the OGO is an amazing place to talk to if you have any concerns. Just apply and go see the world! You will regret it if you don’t.”

Allison Cook

Major:
Journalism

Study Location:
Italy

Program:
Italian Language in Florence

“This was a great trip and more than amazing experience. For someone not good at a language, this trip is perfect. Dr. Morrison does an excellent job.”
Michael Grossi

Major: Marketing

Study Location: Italy

Program: Global Consulting Program

“Traveling abroad is an experience of a lifetime. The places you go, the people you will meet and the memories you will make are extraordinary.”

Kristen Ladd

Major: Communication Sciences & Disorders

Minor: Psychology

Study Location: Italy

Program: Summer in Florence

Abby Miller

Major: Journalism Strategic Communication

Study Location: Italy

Program: Summer in Florence

“Studying abroad in Italy was such a great experience! I wouldn’t trade those three weeks for anything and wish I could have stayed longer!”
Brooke Coleman
Major: Marketing
Minor: Business
Study Location: Spain
Program: Global Consulting Program
“It was an incredible cultural experience.”

Emily Griffin
Major: Management
Minor: Marketing
Study Location: Spain
Program: Global Consulting Program
“Life begins at the end of your comfort zone.”

Hannah Lorenz
Major: Nursing
Minor: Spanish
Study Location: Spain
Program: Spanish Language & Culture in Toledo
“Studying abroad was the best experience I've had as a college student.”
Sage Marquardt

Major: Global Studies

Study Location: Spain

Program: Spanish Language & Culture in Toledo

“No pasa nada’ in Spanish means no worries. It is important to have this mindset while traveling out of your comfort zone because it will make your trip much more memorable.”

Amanda Mikulski

Major: Marketing

Study Location: Spain

Program: Global Consulting Program

“Hands down the best opportunity I have taken since beginning my journey at Ohio University.”

Abby Reno

Major: Marketing & Business Analytics

Study Location: Spain

Program: Global Consulting Program
Noah Rich

Majors:
Spanish
Linguistics

Study Location: Program:
Spain   Summer in Toledo

“Study abroad provides you with the opportunity to learn something you’ll never learn in your home country or in school. It opens your mind up to a realm of possibilities which you never would consider otherwise.”

Kelley Stehura

Majors:
Spanish
Communication Sciences & Disorders

Study Location:
Spain

Program:
Summer in Toledo

“Siempre quiero tinto.”

Colin Vernon

Major:
Political Science

Study Location:
Spain

Program:
CIS Abroad – Summer in Barcelona

“It was one of the best experiences of my life.”
Rachel Weibel

Major: Psychology
Minor: Sociology

Study Location: Spain
Program: Global Consulting Program

“This was the greatest experience of my life – I wish it never had to come to an end. I met some of the most amazing people while in Barcelona (and everywhere else I traveled) and continue to stay in contact with them to this day. If you have the opportunity to study abroad, take it. You will not regret it, no matter how expensive it is. It is worth every penny, but the memories and the friends you make while abroad are priceless.”

Samantha Güt

Major: Publication Design & Infographics

Study Location: UK Scotland
Program: Visual Communications Scotland Field School

“Traveling abroad is an experience like none other. It not only helps you academically but changes your perspectives morally and culturally in the most amazing way.”

MacKenzie Colleen Merrick

Major: English: Literature & Writing
Minor: Studio Art

Study Location: United Kingdom
Program: Discovering the Fine Arts in GB

“If there is any way for you to afford the experience of studying abroad, please do it for yourself. You will make progress in your degree, cultivate new interests, connect with colleagues and locals, and develop traveling skills that you can use for the rest of your adult life. It is worth the expense, the flight anxiety, and the time spent away from your loved ones.”
Elisabeth Moughon

Majors:
Photojournalism
English

Study Location:
UK Scotland

Program:
Scotland Field School

“Scotland Field School confirmed that I want to be a photojournalist. Being put in a place to constantly meet new people made me even more excited to hear anyone’s story. This program taught me how to photograph more intentionally, but even on the days where I didn’t take any good photographs, if I’d formed a new friendship it was a day well spent.”
NORTH AMERICA
Megan Grigsby

Major: Wildlife & Conservation Biology
Minor: Environmental & Plant Biology

Study Locations: Canada, USA – Montana

Program: Waterton Glacier International Peace Park

“I am so glad that I had the opportunity to participate in this program and it further opened my eyes to the issues and injustices that are happening right now in our country as well as what we can do to help.”

Kathryn Hermanowski

Major: Environmental Biology
Minor: Biology

Study Location: Canada, USA – Montana

Program: Waterton Glacier International Peace Park

“My study abroad was better than I ever anticipated, and was the best week of my life.”

Alex Michael

Major: Environmental Geography
Minor: Geography

Study Location: Canada, USA – Montana

Program: Waterton Glacier International Peace Park
Lucas Rhyan

Major:
Environmental Geography

Minor:
Geography

Study Location:
Canada, USA – Montana

Program:
Waterton Glacier International Peace Park
SOUTH AMERICA
Emily Barcheski
Majors: International Business
Minor: Spanish Marketing
Study Location: Argentina
Program: Summer in Argentina

“Such an incredible experience. Not only did I love seeing the places I visited, but I loved meeting all of the different people. I lived in Buenos Aires for 6 weeks with an Argentinean family. Definitely recommended for people who are wanting to travel all over South America. I would go back in a heartbeat!”

Gloria Aidoo-Frimpong
Graduate Student – Public Health; International Studies
Study Location: Ecuador
Program: Community & Public Health in Ecuador

“Ama la vida: love life.”

Ben Vizy
Major: English - Literature & Writing
Study Location: Ecuador
Program: Teaching English as a Foreign Language in Ecuador
Rachel Woods
Major:
Community & Public Health
Study Location:
Ecuador
Program:
Community & Public Health in Ecuador

Ale’Ce Andrew
Graduate Student – Osteopathic Medicine
Study Location:
Peru
Program:
Peru Clinics
“This was the best experience I’ve had thus far!”

Macey Brandeberry
Graduate Student – Osteopathic Medicine
Study Location:
Peru
Program:
Peru Clinics
Matthew Johnson
Graduate Student – Osteopathic Medicine

Study Location:
Peru

Program:
Peru Clinics

Ale’Ce Andrew

Emily Barcheski