Hello UB, it is the last nine weeks of the school year and we hope you are all excited and finishing out the year as strong as you can. During the school year, some of you have been very active. We have had students in school plays, bowling teams, athletics, volunteering and many other great things.

Your grades have also reflected the efforts you have put into your school work. As we wind down the academic year, we at Upward Bound want to encourage you to finish it out in a strong fashion. For our seniors going on to college and other endeavors in life, this is the time to start taking stock and planning what you want to achieve the next four years of your lives.

To the juniors who are about to start or have started the college applications process, the process will be long and tedious but there is light at the end of the tunnel. For all other students, you know a lot more now, and it is time to start thinking about the activities that will help you become who you want to be.

Lastly, we want all of you to know nothing good comes easy. To gain anything worthy, there will be some failures along the way. According to an article in fastcompany.com, there were 5,126 prototype failures before James Dyson could create a working prototype for the first working vacuum. Before Steve Jobs created your iPhone or MAC and Oprah became Oprah, they all failed. We tell you this because courage is not the absence of fear, but the ability to overcome fear. Do not fear that algebra or pre-calc test, neither the history nor research paper you need to write. Take it one step at a time and know that whatever you want to do, we at UB are here to help. Let us finish the year on a strong note.

Kwabena Owusu-Kwarteng

Kwabena Owusu-Kwarteng
Interim Director, Ohio University Upward Bound.
To view Upward Bound’s March 2012 College Tours photo album, click here!

The Upward Bound Office Team

“Today you are you, that is truer than true, there is no one alive, who is youer than you!”
~Dr. Seuss

Kwabena Owusu-Kwarteng
Interim Director

Curt Plummer
Assistant Director

DC Moore
Academic Advisor

Jennifer Martin
Interim Admin. Associate

Katie Macys
Academic Advisor

Jahna Lydic
Office Manager
Mary Mitchell: Perseverance Pays Off

Mary Mitchell is the current principal at Coolville Elementary in Athens County. She is a 1970 graduate from Clermont North Eastern High School. She is a proud Upward Bound Alum. With the help of the Upward Bound Program, Mary was able to locate the proper funding to further her education. However, Mary’s parents were not in agreement with her attending college because of the widespread rioting that was in place on college campuses around the United States. At this time, the US was still involved in the Vietnam War. Protest, riots, and unsettling atmosphere was spreading throughout cities and campuses. For Mary, life would lead her in a different direction. Mary became married and joined partners in business with her husband. They have been successful business owners for the past twenty years.

During Mary’s mid 30’s, she decided to attend college. This was a first for her family, since no other family member had ever attended college. With courage and perseverance, Mary was the first in her family to further her education beyond high school. She graduated from Ohio University in Education and went on to receive her Masters degree from Muskingum College in New Concord, Ohio.

Mary has had an extensive teaching career. She has taught at River Valley Community School, a small private facility. She also taught at Trimble Elementary, Athens County. Mary was a principal at Trimble Elementary for 6 years. She is now in her first year at principal at Coolville Elementary and is also Curriculum Coordinator for Federal Hocking Local School District.

When you come to the end of your rope, tie a knot and hang on.
~Franklin D. Roosevelt
Happy Birthday!

April
Gina Casto
William Koppelkom
Andrea Swart

May
Clay Bishop
Denisha Call-Blair
Jude Tirpak
James Vicker

June
Tessa Byers
Mackenzie Call
TJ Carpenter
Jessica Sobers
Dallas Cordle
Jordan Harden
Hailey Hurst
Andrea Newman
Jessica Williams
Darean Williams
Urias Polly III
Jessica Sayre
College Graduates and Alumni

UB is an excellent introduction to college. I enjoyed my two summers in the program. It was an experience I’ll never forget. The time management and study skills I learned in UB prepared me well for my freshman year at OU. Thanks. Crystal Hatfield ‘unknown

Although I ended up taking a different path [Marines], than college, UB changed my life in high school. It still affects my life today. I will always cherish the time I was there and the friends I had made.

Jason T. Williams ‘97

The program helped me realize a lot about college, and what to look forward to. I’ve used a lot of speeches and projects that I did at UB for many classes. UB gave me the ability to better seek my education by allowing me to get a head start in giving me the opportunity to see what college is really about. Stacey Walker ’00

I loved the program when I was enrolled. I hope UB continues to do well in the future.

Carson Gilfillan ’93

ACT Test and Registration Dates

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<thead>
<tr>
<th>2012 Test Date</th>
<th>Registration</th>
<th>Late Reg.</th>
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<tbody>
<tr>
<td>Dec. 8, 2012</td>
<td>Nov. 2, 2012</td>
<td>Nov. 3 - 16, 2012</td>
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*Fee waivers are available in the UB office. Please call or stop by!*

SAT Test and Registration Dates

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<tr>
<th>Test Date</th>
<th>Registration</th>
<th>Late Reg.</th>
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</table>

Anticipated 2012 SAT test dates

| Oct. 6, 2012 |
| Nov. 3, 2012 |
| Dec. 1, 2012 |

*Fee waivers are available in the UB office. Please call or stop by!*
About UB Staff

Curt Plummer is currently the Assistant Director for the Upward Bound Program/Student Affairs for The Patton College of Education. He graduated from Marietta College with a B.A. in Radio/TV Production and also with a teaching certificate in Secondary Education. Curt played basketball for the Marietta College Pioneers. He has high school classroom experience with the J.O.G. (Jobs for Ohio’s Graduates) program. He enjoyed coaching JV Boys Basketball at Belpre High School.

Other areas of employment:
* Marietta College Admissions Counselors
* Washington State Community College
* Assistant Director of Admissions  OACHE (Ohio Appalachian Center of Higher Education) Project Coordinator
* Belpre High School Varsity Boys Basketball Coach
* Dean of Student Services, Shawnee State University
* TG Grant Coordinator, Shawnee State University

DC Moore is one of the current academic advisors for the Upward Bound Program at Ohio University. He is a Cultural Studies Masters student hailing from Sylacauga, Alabama by way of Cleveland, Ohio. DC’s role in Upward Bound is to regularly meet with students and to make sure that they are all staying on top of their grades. If a student is lacking in certain areas, DC helps to come up with solutions to try to help him/her meet their potential. In his spare time, he likes to watch horror

Katie Macys is a graduate student enrolled in the cultural studies program at Ohio University and is also a student academic advisor for Upward Bound. She completed her undergraduate at Ohio University in 2004. Katie completed her degree in Spanish education and has taught high school Spanish at Morgan High School and Miller High School. During her undergrad, Katie was a part of the OUM 110 and continues to participate as an alum at Homecoming. Before settling down in Southeast Ohio, Katie resided in the neighboring suburbs of Detroit, Chicago, and Cleveland.
Inspirational Quotes

Along with success comes a reputation for wisdom.

*Euripides*

They can because they think they can.

*Virgil*

The surest way not to fail is to determine to succeed.

*Richard Brinsley Sheridan*

Success is sweet: the sweeter if long delayed and attained through manifold struggles and defeats.

*A. Branson Alcott*

Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude.

*Thomas Jefferson*

Everyone has a fair turn to be as great as he pleases.

*Jeremy Collier*

Try not to become a man of success but a man of value.

*Albert Einstein*

To climb steep hills requires a slow pace at first.

*William Shakespeare*

The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack in will.

*Vince Lombardi*
**Upcoming Events**

**UP-COMING WORKSHOPS**

**MAY 5: SERVICE LEARNING**

**SUMMER PHASE**

**JUNE 24TH THROUGH JULY 28TH**

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Ohio University
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Toll Free Phone: 866-593-0728
E-mail: upwardbound@ohio.edu

**Connect with us online!**

You can find us by searching for “OhioUniversityUpwardBound.”

**Please note, the lack of spaces between “Ohio” and “University” as well as “Upward” and “Bound” are intentional.**

You can find us by searching for “OhioUB.”