

## Ohio University Upward Bound Program



# The Drum



The Drum Empowers; The Drum Communicates; The Drum Unifies

Summer Quarter 2005

### Upward Bound Staff

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### Quick Facts

[www.collegeview.com](http://www.collegeview.com)

Information about careers, colleges, and financial aid.

[www.princetonreview.com](http://www.princetonreview.com)

A website designed to assist you in your search for undergraduate and graduate colleges, careers/majors, and scholarships.

[www.financialaid.com](http://www.financialaid.com)

Provides parents and students with information regarding scholarships and loans.

## A Note From The Director



Upward Bound

It has been a very educationally enriching and fun-filled summer residential phase 2005. The students have blossomed academically and socially because of their participation in the six-week component.

Many of them will of course return to participate in another residential phase and unfortunately some may not; whatever their decision, we are confident that they have been

given opportunities and gained skills that will last a lifetime.

The upcoming school year will definitely be a time for Upward Bound students to reflect on what they've learned from the staff and their peers, as well as examine how diverse residence life, leadership seminars, and weekend activities have helped them to broaden their perspective on people, places, and ideas, but more importantly, how the overall experience has helped them to reach a new level of self-development and maturity.

We are extremely proud of their accomplishments. And encourage them to use what they've learned over the six

weeks to start the new school year with confidence.

There is strength in knowing that their participation in the Upward Bound summer residential phase 2005 has brought them closer to realizing their dream of admission to and graduation from college!

Lastly, a sincere and special thanks to the residential and instructional staff for their commitment to academic excellence and dedication to challenging our students to step out of their comfort zone so that they could reach the goals they'd set for themselves. Their efforts have been instrumental in making our summer program a tremendous success!

## Process And Timeline For Applying For Financial Aid

1. Start applying for scholarships and grants the summer before your senior year in high school and continue to apply throughout the course of the school year.
2. Research the cost of tuition, room, and board of the colleges that you are interested in to see if the cost of attendance will be affordable for you and your family. Begin this process during the summer before your senior year.
3. Apply for admission to the colleges of your choice beginning in the late summer and fall of your senior year.
4. File the Free Application for Student Aid (FAFSA) in January of your senior year.
5. Receive your Expected Family Contribution (EFC) form from the results of your FAFSA.
6. Receive financial aid award letter from the colleges that you have applied to in the spring of your senior year.
7. Gather received scholarships and grants and subtract the total amount received from the tuition or your college of choice.
8. Apply for student loans with the amount pending in the early to mid summer before fall quarter of your freshman year begins.
9. Continue to apply for scholarships and grants during the entire academic years in college and WATCH FOR DEADLINES!



## UB Bridge Students Speak!

### Fear and Loathing: “The U. B. Experience”

Michael B. La Torre, UB Bridge Student

*“The two basic processes of education are knowing and valuing.”*

*Robert J. Hainghurst*

#### Financial Aid Websites

[www.finaid.org](http://www.finaid.org)

[www.iefa.org](http://www.iefa.org)

[www.ed.gov/finaid.html](http://www.ed.gov/finaid.html)

[www.act.org/fane](http://www.act.org/fane)

[www.salliemae.com](http://www.salliemae.com)

[www.fau.edu/finaid](http://www.fau.edu/finaid)

[www.10scholarship.com](http://www.10scholarship.com)

[www.educaid.com](http://www.educaid.com)

[www.students.gov](http://www.students.gov)

[www.scholarships.com](http://www.scholarships.com)

[www.financialaidofficer.com](http://www.financialaidofficer.com)



It's that time of the year again, where you all say goodbye to your mommies and daddies and you peel yourself off the couch. That's right my friends, no more Saturday morning cartoons for you. Now you get to do something productive. I know what you're thinking, "classes in the summer, are you serious?"

Yeah, I'm serious, these six weeks will be unlike anything you'll ever experience. Not all of it will be good though. There will be homesickness, and you'll miss your significant other. There might be a little drama, but here at UB we like to keep it on the down low. You might find

yourself, wanting to go home before the first week is through. I guarantee if you stick with it you'll come to find that by the end of the six weeks our group will seem more like a family rather than a group of nervous strangers.

Many things are to be gained from this experience. Why I remember just two short years ago, when I was the nervous stranger, but then again I was living in the shadow of the honorable Nick La Torre (my brother), that time seems like an eternity behind me now. Now is the time, this program will push you to you're academic limit and

you'll feel like giving up, but if you don't give up and you work hard, you'll have nothing to lose and everything to gain.

### My Experience with the Upward Bound Program

Jessi Merriman, UB Bridge Student

I am currently a bridge student in the Upward Bound program, which means that I am a third year Upward Bound student. I had originally joined Upward Bound because I thought that it would look good on a college application. Now that my third year is coming to a close, I think that I feel more comfortable adjusting to college life at Ohio University in the fall.

During the course of the first year that I was in the program, I learned how to adapt in a college environment and how to explore, and how to navigate around a real college campus comfortably. During my second year in

the Upward Bound program I made better use of the time management skills that I had acquired during my experience with the program. Upward Bound helped me to develop better study skills not only during the six weeks in the summer, but also during the academic year. The program helped me raise my grades in my high school courses, too.

As a third year student, I am able to take a college course while also working with the work study program on campus. Upward Bound has helped me to work up to taking a college course the summer before my freshman

year by helping me to develop study habits and time management skills. I have to balance my college course with my work study job. Without Upward Bound, I would feel lost this fall at Ohio University. I greatly appreciate being able to have the opportunity to be a part of this program. I have no doubts about this upcoming academic year!



## Meet Some of Upward Bound's Finest

*"In order to succeed, we must first believe that we can.."*

-Michael Korda

### Safari Facts Did you know?

- It is the American black bear that is said to be the original "teddy bear"!
- Some types of turtle can live to be over 200 years old.
- The Bongo is an extremely rare and endangered form of antelope.
- The word rhinoceros means 'nose-horn'. This is appropriate as rhinos are the only animals with horns on their noses. All other horned animals have their horns on their heads.
- A wolf pack can be heard howling 10km away.
- Even though Black and White Ruffed Lemurs do not come from the same part of Madagascar as Red Ruffed Lemurs, they can understand their alarm calls and can even join in.



**Name:** Ashlee Davis

**School:** Nelsonville-York

**Favorite Quote:** "Good for you, would you like a cookie?"

**Extracurricular activities:** Softball

**Academic Achievements:** She didn't write down any

**What she likes to do in her free time:** Write, read, and listen to music

**What she wants to achieve while in Upward Bound:** "Get through classes and achieve good grades."



**Name:** Rachel Gulley

**School:** River Valley High School

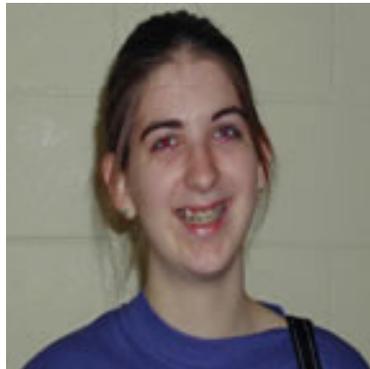
**Favorite Quote:** "Anything is possible with a little effort"-Unknown

**Extracurricular Activities:** Pride, S.A.D.D., Art Club, French Club, and Key Club

**Academic Achievements:** "I passed chemistry. Last year was the first year that I have missed any days of school since I've been in high school. I also got second place in the school art show."

**What she likes to do in her free time:** "I like to run, play on the computer, hang out with my friends, play sports, and dance."

**What she wants to achieve while in Upward Bound:** "I would like to get more friendships, be more organized, and learn to be on time for everything."



**Name:** Laura Kate Hartl

**School:** Morgan High School

**Favorite Quote:** "Kindness is the language the deaf can hear and the blind can see." -Mark Twain

**Extracurricular Activities:** Drama, Soccer, Special Olympics Volunteer, Art Club, French Club

**Academic Achievements:** Honor Roll, HOBY, Presidential Classroom

**What she likes to do in her free time:** Hang out with my friends, watch movies, and go on road trips.

**What she wants to achieve while in Upward Bound:** To experience college life and to prepare for my future.



**Name:** India Moody

**School:** Chillicothe High School

**Favorite Quote:** "This game is ugly, the inner circle is ugly, and I don't want to be a part of it. I'm not. Peace." -Rachel Robinbon,

Road Rules: Campus Crawl

**Extracurricular Activities:** Basketball and Softball

**Academic Achievements:** Self-manager, Merit Roll, and perfect attendance

**What she likes to do in her free time:** Play basketball and hang out with friends.

**What she wants to achieve while in Upward Bound:** How to study.



## Upward Bound's Finest... Continued

*"There is only one quality that one must possess to win, and that is definiteness of purpose, the knowledge of what one wants and a burning desire to possess it."*

- Napoleon Hill

### Facts about Washington, DC

- The Union Station was opened on October 27, 1907 and completed in 1908.
- Frederick Douglas became U.S. marshal of the District of Columbia in 1877.
- The Bethune Memorial was the first statue of an African American or a woman or any race on public park land in Washington.
- On May 25, 1993, President Clinton authorized the establishment of the World War II Memorial, which is the first national memorial dedicated to all who served during World War II.



**Name:** Chaz Saunders

**School:** River Valley High School

**Favorite Quote:** "Git er' done"

**Extracurricular Activities:** Beta Club, Pride, French Club

**Academic Achievements:** He won the Spelling Bee and went to County. He was chosen to attend the Upward Bound program.

**What he does in his free time:** "I like to play video games and listen to music."

**What he wants to achieve while in Upward Bound:** "I want to be a more responsible person, a better leader, and role model for those around me."



**Name:** Simone Savannah

**School:** Columbus Africentric Secondary School

**Favorite Quote:** "Never frown because you never know who's falling in love with your smile!"

**Extracurricular Activities:** Softball, Dance, French

**Academic Achievements:** Honor Roll, #1 class ranking, and National Honors Society

**What she does in her free time:** Instant message, write, dance, talk on the phone, and hang out with friends

**What she wants to achieve while in Upward Bound:** "I would like to gain friendships, time management, and organizational skills."



**Name:** Carter Smith

**School:** River Valley High School

**Favorite Quote:** "Use the force" -Star Wars

**Extracurricular Activities:** Demolition Derby

**Academic Achievements:** Upward Bound and Honor Roll

**What he likes to do in his free time:** Go to derbies

**What he wants to achieve while in Upward Bound:** "I want to be a more responsible person and a better leader and role model for those around me."



**Name:** Danielle Timms

**School:** Vinton County High School

**Favorite Quote:** "You think you know who I am?" "I don't even know who I am."-Butterfly Effect

**Extracurricular Activities:** None

**Academic Achievements:** None

**What she likes to do in her free time:** Draw, write, and videotape

**What she wants to achieve while in Upward Bound:** "I want to gain organizational skills and social skills."



## The Necessary Steps for Preparing for College

Sagan Wallace, UB Bridge Student

*“The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.”*

*-Helen Keller*

### Upward Bound Weekend Activities

*Friday, July 24*  
Upward Bound BBQ and Talent Show

*Saturday, July 25*  
Tecumseh!

*Friday, July 8*  
Copperheads Baseball Game

*Saturday, July 9*  
Hocking Valley Canoe Livery

*Friday, July 22*  
“I Can Fly” Performance & Open MIC

*Saturday, July 23*  
UB Obstacle Course & Ohio Valley Summer Theatre “The Sound of Music” Performance

*Friday, July 29*  
Ice Cream Social

*Saturday, July 30*  
Awards Ceremony

Preparing for college can be very difficult. You may feel overwhelmed, stressed, anxious and mad. Luckily these symptoms are perfectly normal. Most, if not every, senior in high school goes through all of these emotions.

Thank goodness there are people here like Jessi, Mike and I who have taken all the following steps to help take some of the stress off your hands.

The steps go as follows:

1. Take the ACT/SAT starting in the end of your junior year.
2. Monitor your grades during your junior/senior years.
3. Pick the colleges of your choice (always choose one safety school, one private school, and one top ranked school).
4. Apply to the schools you choose.
5. Fill out the FAFSA.
6. Start researching about the scholarships, grants and loans you qualify for.
7. Apply for all types of financial aid.
8. After you receive your acceptance/denial letters, choose a college.
9. Send your confirmation letter and fee to the university that you have chosen to attend.

### Upward Bound’s Summer Fun Weekend Activities



Behind the stage scenes at Tecumseh!



Bethany and Ashley are posing in their Safari masks at the Upward Bound BBQ.



Residential Staff members and students alike enjoy the driving range at the Family Fun Center.



The UB staff and students pose for a picture before they head for their adventure on the mighty Hocking River.



Students enjoy the Copperheads Baseball game.



## Creative Writing From The Staff And Students

### Piu avanti!

*"It takes 72 muscles to frown and only 14 to smile."*

-Unknown

Upward Bound is a successful pre-college program of rigorous academic instruction, tutoring, and counseling. The program provides high school students with the opportunity to enhance the academic skills necessary to successfully complete high school and enter college.

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[jenkinsd@ohio.edu](mailto:jenkinsd@ohio.edu)

Do not give up, even defeated,  
do not feel a slave, even enslaved;  
trembling with fright, think yourself brave,  
and assault fiercely, when badly hurt.  
Have the tenacity of the rusted nail  
that old and ruined, is nail again;  
not the coward stupidity of the turkey  
that shrinks its feathers at the first noise.  
Do like God who never cries;  
or like Lucifer, who never prays;  
or like the oak grove, that in its greatness  
needs water but does not plea...  
May it bite and clamor vengeful,  
rolling in the dust, your head!

Strongsoul

**Almafuerte**

Pedro Bonifacio Palacios  
(1854-1917)

Buenos Aires, Argentina.

*Favorite poem submitted by  
Dolores Cambambia, Algebra/Geometry Instructor*

### Cactus

OUCH!

It hurts to touch.  
A small drop of red  
Starts to come out,  
Tears start to fall  
to the ground.  
A little scorpion  
runs away,  
As a small child's foot  
comes it's way.  
A caring mother  
kisses the pain away  
And puts a band-aid  
on the wound.  
A small child  
Smiles and walks away.

by *Joshua Ray Riley,*  
*Upward Bound Junior*



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