Summer Recap

This summer was filled with hard work, new experiences, and fun activities. UB students lived in one of the dorms on Ohio University’s campus, ate at the dining halls, and took classes. Classes were taken through UB or through the Honors Academy/Bridge Program. Those who took classes through Honors Academy or Bridge received college credit!

This summer’s theme, “Narrating Your Story” was meant to describe the college-relative elements of planning college and life endeavors. Students participated in several activities pertaining to the popular young adult series Hunger Games, Harry Potter, and Divergent. The UB students and staff partook in other awesome events like going to see Shakespeare in the Park, attending a Copperheads baseball game, and volunteering at the Southeastern Ohio Food Bank. At the end of the summer, students who were eligible got an amazing opportunity to spend a few days in New York City!

Andrew Johnson won the “Future TM” Award!

At first Andrew was shocked, but he is happy that the TMs believe in him and think he is capable handling the job that they hold. After Morgan Duncan spoke about the good deeds Andrew has done all summer he said, “I didn’t even realize how much I truly helped the students of UB. This award gave me another reason to be proud of myself.” Congratulations, Andrew!
GET IN THE UB GAME
The September workshop was split into 3 categories for sophomores, juniors, and seniors.

**Sophomores** set goals, discussed interests and activities that could relate to college majors or careers, and planned their high school curriculum to fit what is required to get into college.

**Juniors** reflected on prior goals and accomplishments, discussed how their interests and activities could influence their major or career, and also planned their curriculum for next year.

**Seniors** reflected on prior goals and accomplishments, discussed the college application process, researched colleges/universities, and began their college applications.

All of the students got to play an awesome game of Mafia!

CONNECTING TO THE PROFESSIONAL NETWORK
At the October workshop, special guest speaker Rocky Brunty, from the Athens County Work Station, discussed with UB students how to build a great resume.

**Strengths** - all students outlined their academic and personal strengths and practiced confidently stating them during an interview.

**Interviews** - students discussed prior knowledge on interviews, which interview questions they would want and not want to answer, and then went over proper interview etiquette.

**Social Media** - students brainstormed ways in which social media can be helpful or harmful, and then planned ways to use social media in a positive way.

CAREER EXPLORATION
Upward Bound’s November workshop gave students the opportunity to learn more about various career fields while figuring out what was most interesting to them.

**Professional experience**— Four professionals from different career fields spoke with the UB students about their career experience. The speakers were Tom Duncan—Contractor, Laura Meyers—Lawyer, Ashley Crow—Physical Therapist, and John Hutchinson—Teacher.

**Career Aptitude Test**—Students also took an online personality quiz to reflect on their interests and to find out what major best fits them.

“Choose a job you love and you will never have to work a day in your life.” - Confucius
workshop memories

TENTATIVE WORKSHOP SCHEDULE:

December 6, 2014  New Student Orientation & College Experience
January 17, 2015  College Fair
February 14, 2015  Financial Aid
March 14, 2015  Service Learning
April 11, 2015  Education Around the World
May 8, 2015  College Tours
June 6, 2015  Summer Orientation
Meet the Class of 2015

Makayla Allison
Hannah Cochran
Tannis Cydrus
Lauren Dunn
K'Tayona Garnes
Michael Hamilton
Haley Hurst
Shayla Kibble
Autumn Lawless
Keely Mankin
Noelle Mash
Marybeth Pancoast
Jennifer Rayburn
Austin Rice

Chillicothe
Southern
Chillicothe
Southern
Meigs
River Valley
Miller
Eastern
Logan
Meigs
Alexander
Alexander
Logan
Jackson

Casey Ridenour
Troy Rivera
Donovan Ross
Brooke Russell
Emily Selanders
Meghan Surbella
Kelli Taylor
Jessica Thompson
Lisa Tilley
Sierra Todd
Andrew Tracy
Alex VanBibber
Daniel Williams Jr.

Eastern
Jackson
Nelsonville
Alexander
Logan
Alexander
Logan
Crooksville
Logan
Alexander
Morgan
Logan
Miller

Michael Hamilton
Plans to go to OHIO for the pre-veterinarian program and then possibly to Ohio State after that!

Keely Mankin
Plans to pursue a career in nursing. She has already been accepted into Hocking College, but is still searching. Keely is also the first in her family to graduate high school and move on to college!

Autumn Lawless
Is planning to attend Hocking College for nursing!

Troy Rivera
Enlisted in the army and will be leaving for basic training on June 9, 2015. His jobs include infantryman, airborne, and ranger!
Have questions and need answers? We are here to help. Ask UB is a new advice column where we will provide brief advice on the topics of your choice. To get more in-depth answers, check out our blog at ohiouniversityupwardbound.blogspot.com! We update it regularly with posts on everything from study tips to choosing a major.

Email any questions to UBOU67@gmail.com or message us on Facebook!

Where do I start looking for schools to visit and apply to?

Collegeboard.org is a great place to begin. Start by organizing what is important to you. Think about curriculum—which schools offer your major, location—far away or close to home, size—number of students, cost—tuition, financial aid and scholarship, and culture—campus vibe; these can all weigh heavily on your college decision. Once you’ve found schools that fit your criteria, then you can make a chart comparing each one.

I’m really interested in marketing, but I’m not sure if I should select that as my major or stay undecided. Any advice?

If you’re dead set on marketing, go for it! If your mind changes down the road, that’s fine too. Students often change their major in college. It’s natural to find something that you are more interested in later down the road. With that being said, it isn’t a bad idea to stay undecided until you find the perfect fit for you. As an undecided major, you can take your general classes and narrow your decision once you find what you love!

How do I go about applying for college and when should I begin?

First things first: START EARLY! You don’t want to be stressed out filling out applications the week before they are due. Give yourself some time to make your applications thorough and accurate. Applications are different for each school. Most applications are done online, so just follow what the school website says. If the school requires an essay and they don’t give you a prompt, write about something you are passionate about!
We have 3 new additions to our Upward Bound team. Here are some fun facts about them below. They are excited to now be working with Upward Bound and can’t wait to get to know all of you!

**Hadley Savoldi — Multi-Media Assistant**

Hadley is a sophomore from Columbus, Ohio. She is majoring in Interactive Multimedia and plans to graduate a year early. Along with being the Multimedia Assistant at UB, she is also a Multimedia Specialist at Alden Library. She is in Alpha Lambda Delta, Ohio University’s honors society. In her free time she loves photography and cooking. She is also a Eucharistic Minister at her church!

**Alexis Apparicio — Data Info Assistant**

Alexis is a sophomore from Columbus, OH pursuing a double major in Political Science and African American Studies with a Diversity Studies Certificate. She serves as a peer mentor to the LINKS program as well as Vice President of the NAACP chapter and a member of the Ohio University Recruiting Society. Alexis loves to write and perform poetry. She is interested in a career in educational policy — which inspired her to become apart of the Upward Bound team.

**Emma Jenkins — Blog & News Writer**

Emma is a sophomore from Cincinnati, OH. She is majoring in Journalism with a Political Science minor and a certificate in Law, Justice, and Culture. Aside from writing the UB blog and newsletter, Emma also writes for Ohio University’s main newspaper — *The Post*. She is a summer camp counselor and loves to work with kids and make crafts. Her favorite food combination is an everything bagel with cream cheese, spinach, and onions (with a smoothie on the side).

*Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.*—Harriet Tubman
**Meet the UB Staff**

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<thead>
<tr>
<th>Kwabena Owusu-Kwarteng: Director</th>
<th>Morgan Duncan: Academic Advisor</th>
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<tr>
<td><a href="mailto:owusu-kk@ohio.edu">owusu-kk@ohio.edu</a></td>
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<td>740-593-4432</td>
<td>740-593-4405</td>
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<tr>
<td><strong>Curt Plummer: Assistant Director</strong></td>
<td><strong>Chloe Musick: Office Manager</strong></td>
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<tr>
<td><strong>Garratt Weber: Program Coordinator</strong></td>
<td><strong>Alexis Apparicio: Data Information Assistant</strong></td>
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<td>740-593-4405</td>
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<td><strong>Ariana Bovell: Academic Advisor</strong></td>
<td><strong>Emma Jenkins: Blog and News Writer</strong></td>
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**Educating the mind without educating the heart is no education at all.** - Aristotle

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**fall birthdays**

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<tr>
<th>September</th>
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<tr>
<td>Joseph Billingsley 9/3</td>
<td>Andrew Tracy 10/2</td>
<td>Destiny Jewell 11/3</td>
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<td>Jessica Cundiff 9/3</td>
<td>Emily Selanders 10/3</td>
<td>Andrew Johnson 11/4</td>
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<td>K’Tayona Garnes 9/21</td>
<td>Mason Loudner 10/8</td>
<td>Sierra Todd 11/5</td>
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<td>Makayla Allison 9/22</td>
<td>Meghan Surbella 10/9</td>
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<td>Autumn Lawless 9/22</td>
<td>Holly Cochran 10/13</td>
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<td>Olivia Barker 10/18</td>
<td>Benjamin Ours 11/24</td>
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<td>Troy Rivera 10/21</td>
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<td>Hannah Cochran 10/27</td>
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<td>Katelyn Mohler 10/29</td>
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Get Connected

Upward Bound is connected to you! Have you ever thought about staying updated through the Upward Bound blog? Have you considered retweeting a funny or informative tweet from Upward Bound? Browse through our Facebook, Twitter, YouTube, Tumblr, Blogger and Pinterest, and check out the new Instagram while you are at it! The Upward Bound social media sites are an excellent way to quickly gather information about ACT dates, upcoming workshops, tutoring services, and more. Stay connected and contribute to Upward Bound’s social media websites!

Social Media

Click each icon to connect!

Contact Us

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Summer 2014 family

Garratt Weber and Destiny Gooslin