PSY 3510—Motivation
Three Semester Hours

PREREQUISITES:
University Requisite: 9 Hours in PSY including 101D or 1010

COURSE OVERVIEW:
Survey of theories of motivation, with emphasis on human motivation.

METHODS OF COURSE INSTRUCTION:
All material for this course is print-based. Instructor and students communicate and exchange materials through postal mail. You may submit your assignments as e-mail attachments, but your graded assignments will be returned to you by postal mail.

TEXTBOOKS AND SUPPLIES:

NUMBER OF LESSONS:
The course has eight lessons, including a midcourse examination, and a final examination. These lessons include:
- Lesson 1: Introduction, History, Evolution
- Lesson 2: Addiction and Homeostasis
- Lesson 3: Arousal States, Stress and Coping
- Lesson 4: Midcourse Examination Information
- Lesson 5: Drives, Needs and Personality Factors
- Lesson 6: The Means and Ends of Motivation
- Lesson 7: Emotions, Moods and Motives
- Lesson 8: Final Examination Information

TYPES OF WRITING ASSIGNMENTS:
Each lesson will ask you to answer five questions from the readings. In all, your answers to the main questions for each lesson should be between 10–15 double-spaced pages long, although you are free to write more if you choose. In other words, you should be writing at least 2–3 pages per question. Some of the questions may require longer answers than others. In theory, the quality of an answer should not depend solely on its length. In practice, however, I have tended to find that longer answers are almost always of higher quality than shorter ones. I will give you a single grade for the lesson. Thus, if one answer is a little short, you can compensate by giving a longer answer to another question. Of course, your best bet is to give a thoughtful and complete answer to each question you choose to answer.
Your answers should demonstrate that you have given a lot of thought to the question. There are two components to an answer that receives an “A” grade: first, it should demonstrate that you have carefully read and understood the material, and second, it should include your own opinion or point of view. You can go even one step further by doing a little research on your own outside of the assigned readings.

GRADING CRITERIA:

Your grade for the course will be based entirely on your performance on the eight lessons. No extra credit opportunities will be available. The midcourse and final exams will each compose 20% of your grade, and the other six lessons will be worth 10% each.