PSY 3420—Psychology of Adulthood and Aging
Three Semester Hours

PREREQUISITES:

University Requisite: 6 hours of PSY including 101D or 1010 (2410 is recommended).

COURSE DESCRIPTION:

Behavioral change and continuity over adult years through old age. Emphasis on interaction of psychological, sociocultural, and biological variables as they contribute to behaviors of aging individuals from the perspective of developmental framework.

METHODS OF COURSE INSTRUCTION:

All material for this course is print-based. Instructor and students communicate and exchange materials through postal mail.

E-PRINT OPTION:

In this course, an option exists to use e-mail to submit your lesson assignments. Your assignment will be returned to you either as an e-mail attachment or as a hard copy sent through the postal mail, depending on the preferences of the instructor and/or program.

TEXTBOOKS AND SUPPLIES:


NUMBER OF LESSONS:

Lessons 1, 3, and 5 contain the chapters (and pages) to read for the three exams that follow each unit. Each chapter contains two assignments. The lessons include:

- Lesson 1
  Part A—Themes and Issues in Adult Development and Aging
  Part B—Models of Development: Nature and Nurture in Adulthood
  Part C—The Study of Adult Development and Aging: Research Methods
  Part D—Physical Changes
  Part E—Health and Prevention
- Lesson 2: First Midcourse Examination
- Lesson 3
  Part A—Basic Cognitive Function: Professing, Attention, and Memory
  Part B—Higher-Order Cognitive Functions
  Part C—Personality
  Part D—Relationships
• Lesson 4: Second Midcourse Examination
• Lesson 5
  Part A—Work, Retirement, and Leisure Patterns
  Part B—Mental Health Issues and Treatment
  Part C—Death and Dying
  Part D—Successful Aging
• Lesson 6: Final Examination

TYPES OF WRITING ASSIGNMENTS:
The first assignment (A) contains questions related to the required reading material that you are expected to complete and submit to the eLearning OHIO offices as part of the written assignments required for this course. The written assignments must be submitted and reviewed by me before the examination for that unit can be taken.

The second assignment (B) of each chapter contains a thorough list of words (key terms, self-study glossary) for you to define and study as you prepare for each exam (assignment B DOES NOT get submitted). Each assignment (A and B) is intended to help you study and prepare for each exam.

GRADING CRITERIA:
Your final grade for the course will be weighted on the following:

  Written Assignments    25%
  Unit I Exam            25%
  Unit II Exam           25%
  Unit III (Final) Exam  25%