



**Undergraduate**

## Bachelor of Science in ***Food and Nutrition Sciences*** School of Applied Health Sciences and Wellness

### **Program Benefits**

Fascinated by food? Ohio offers undergraduate and graduate coursework designed to immerse students in practical, academic, and research activities needed to step into nutrition-oriented careers. Students pursuing their undergraduate degree can choose from three unique tracks within the Applied Nutrition major: dietetics, culinary nutrition, or environmental nutrition or the Nutrition Science major which prepares students to go onto professional programs such as medical, physician assistant, or physical therapy schools.

### **Nutrition Science Major**

Interested in the medical field or nutrition research? Choose this major to gain practical nutrition knowledge and clinical assessment skills while meeting prerequisites for medical, physician assistant, physical therapy, veterinary medicine, dentistry, pharmacy, and other professional schools.

Graduates can pursue employment in food and nutrition research settings, community health agencies, or related areas. Graduates are well prepared for acceptance into health practitioner program and graduate programs.



**OHIO**  
UNIVERSITY

College of Health Sciences  
and Professions

Ohio University | College of Health Sciences and Professions | School of Applied Health Sciences and Wellness

740.593.2875 | [hovland@ohio.edu](mailto:hovland@ohio.edu)

[www.ohio.edu/chsp/ahsw](http://www.ohio.edu/chsp/ahsw)



# ***Applied Nutrition Major***

**The applied nutrition major has three concentrations: dietetics, culinary nutrition, and environmental nutrition.**

## **Dietetics Concentration**

The dietetics concentration is for those interested in dietetics, nutrition counseling, public health nutrition, community nutrition, wellness, food, and food service management careers. This concentration is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), the accrediting agency for the Academy of Nutrition and Dietetics. Completing the dietetics concentration of the applied nutrition major qualifies the student to sit for the examination to become a Nutrition and Dietetics Technician, Registered (NDTR), or as a first step to becoming a Registered Dietitian (RD)/Registered Dietitian Nutritionist (RDN). Effective January 1, 2024, the Commission on Dietetic Registration (CDR) will require a minimum of a master's degree to be eligible to take the credentialing exam to become a registered dietitian nutritionist (RDN). Graduates may apply to the combined Master of Science and Dietetic Internship program at Ohio University or other ACEND accredited supervised practice programs. Completion of the Master's degree and supervised practice program will enable you to apply to take the national credentialing exam administered by CDR to become an RDN.

## **Culinary Concentration**

The culinary nutrition concentration is for students interested in culinary nutrition, school nutrition, child nutrition, institutional wellness, and food service management careers. Completion of the culinary nutrition concentration allows the student to complete a variety of School Nutrition Association (SNA) certifications and partially fulfills the SNA credentialing program requirements to become a School Nutrition Specialist (SNS). Students must complete additional field experience hours to become eligible for the School Nutrition Specialist (SNS) credential.

## **Environmental Concentration**

The environmental nutrition concentration is for students interested in sustainability, agriculture, wellness, and food policy careers. Completion of the environmental nutrition concentration includes courses fulfilling the Environmental Studies, Sustainability, and Resilience Certificate (CTESRC). Graduates are prepared to pursue careers in community and government agencies, industry, and agriculture, especially in areas that focus on sustainability and the environment. Graduates are also prepared for graduate study in a wide range of fields. Ask about the accelerated graduate pathway.