

**OHIO UNIVERSITY**  
**OhioHealth Sports Medicine**  
**ATHLETIC TRAINING RESIDENCY**  
**IN PEDIATRICS**  
**2023-2024**  
**PROCEDURAL HANDBOOK**



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# ATHLETIC TRAINING RESIDENCY

## MISSION and VISION

### OHIO UNIVERSITY (OHIO) SCHOOL OF APPLIED HEALTH SCIENCES AND WELLNESS (AHSW)

MISSION: To provide distinctive programs that integrate theory, research, and practice. Our programs foster the development of successful graduates that enhance health, wellness, and quality of life through prevention, assessment, treatment, and rehabilitation.

VISION: To optimize the health and wellness solutions for rural and underserved communities.

### OHIOHEALTH

MISSION: To improve the health of those we serve.

VISION: To provide exceptional care for all through experiences that earn a lifetime of trust.

### OHIO - OHIOHEALTH ATHLETIC TRAINING RESIDENCY

MISSION: To educate and cultivate future leaders in the profession of athletic training to provide innovative and evidence-based healthcare for pediatric and adolescent sports medicine populations.

VISION: To provide early career athletic trainers an innovative program consisting of advanced study and mentored clinical practice focusing on the management and care of pediatric and adolescent patients. The residency aims to become a program where athletic trainers desire to transition their knowledge, skills and abilities into leadership roles and advanced clinical practice within youth sports medicine settings.

### NONDISCRIMINATORY STATEMENT

OhioHealth is an equal opportunity employer and fully supports and maintains compliance with all state, federal, and local regulations. OhioHealth does not discriminate against associates or candidates because of race, color, religion, sex, sexual orientation, age, ancestry, national origin, veteran status, pregnancy, disability, marital status, or other characteristics protected by law. Equal employment opportunity is extended to all persons in all aspects of the associate-employer relationship including recruitment, hiring, training,

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promotion, transfer, compensation, discipline, reduction in staff, termination, assignment of benefits, and any other term or condition of employment.

Ohio University does not discriminate against any person in employment or educational opportunities because of race, color, religion, age, national origin, ethnicity, national ancestry, sex, pregnancy, gender, gender identity or expression, sexual orientation, military service or veteran status, mental or physical disability, or genetic information. The website, <https://www.ohio.edu/equity-civil-rights/non-discrimination>, lists information for inquiries regarding the University's non-discriminatory policies, to receive discrimination / harassment complaints, and to monitor the institution's compliance with state and federal non-discrimination law and regulations.

## PROGRAM OUTCOMES

### PROGRAM LEARNING OUTCOMES

1. Residents will be able to use patient and clinician-rated outcomes to develop a quality improvement plan.
2. Residents will be able to provide compassionate and high-quality healthcare efficiently and consistently.
3. Residents will be able to apply medical knowledge to improve pediatric and adolescent patient outcomes.
4. Residents will be able to demonstrate the ability to self-assess and implement feedback to promote personal and professional growth.
5. Residents will be able to function as a patient advocate through interprofessional collaboration and consideration of patient and family values.
6. Residents will be able to exhibit citizenship and professional engagement within the local or professional community.
7. Residents will be able to develop professional and collaborative relationships with members of the pediatric and adolescent healthcare team.

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## PROGRAM REPORTED OUTCOMES

The first residency class completed the program in the summer of 2022. The tables below reports program outcomes associated with the Athletic Training Residency Cohort spanning 2022-2023.

Table 1. Program Outcomes

<b>Graduating Class</b>	<b># Admitted</b>	<b>Retention Rate<sup>1</sup> (%)</b>	<b>Completion Rate<sup>2</sup> (%)</b>	<b>#Placed in AT Jobs<sup>3</sup> (%)</b>	<b>Readiness for Practice<sup>4</sup> (%)</b>
2022	5	5/5 (100%)	5/5 (100%)	3/5 (60%)	5/5 (100%)
2023	8	8/8 (100%)	8/8 (100%)	7/8 (88%)	8/8 (100%)
<b>TOTAL</b>	<b>13</b>	<b>13/13 (100%)</b>	<b>13/13 (100%)</b>	<b>10/13 (77%)</b>	<b>13/13 (100%)</b>

<sup>1</sup>Retention rate is defined as those who remained for the entire term of the residency program.

<sup>2</sup>Completion rate is defined as those who successfully completed the residency program requirements.

<sup>3</sup>Placed in AT Jobs represents those who were hired in a job working with a pediatric or adolescent population within 6 months of program completion.

<sup>4</sup>Readiness for practice represents those who successfully completed the residency program's summative assessments indicating the acquisition of advanced knowledge, skills, and abilities.

Table 2. Program Outcomes Continued

<b>Graduating Class</b>	<b># Admitted</b>	<b>#Hired by OHSM<sup>1</sup> (%)</b>	<b>#Advancing Education<sup>2</sup> (%)</b>
2022	5	0/5 (0%)	1/5 (20%)
2023	8	4/8 (50%)	1/8 (13%)
<b>TOTAL</b>	<b>13</b>	<b>4/13 (31%)</b>	<b>2/13 (15%)</b>

<sup>1</sup>Hired by OHSM represents those who accepted a job with OHSM working with a pediatric or adolescent population within 6 months of residency completion.

<sup>2</sup>Advancing education represents those who elected to pursue an advanced degree in athletic training or another healthcare profession instead of seeking employment within 6 months of residency completion.

## RESIDENCY PROGRAM PERSONNEL

Residency program personnel are composed of directors (Table 2), managers (Tables 3 and 4), associate managers (Table 5) as well as residency core (Table 6) and affiliate faculty (Tables 7 and 8). Residency core faculty are dedicated to the development, implementation, and evaluation of the program. Residency affiliate faculty serve as the collaborating and supervising athletic trainers at the resident's clinical sites of practice.

In the event of an emergency that interferes with resident work responsibilities, the first contact should be your affiliate faculty at the affected clinical site(s) of practice (Tables 7 and 8). The second contact is Laura Harris, who serves as the residency director. When time permits, all conversations regarding personal emergencies must be followed with an email addressed to your residency affiliate faculty with carbon copies to (1) Laura Harris, (2)

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your OHSM manager and/or OhioHealth Physician Group (OPG) manager listed in Tables 3 and 4, and (3) your OHSM associate manager listed in Table 5 (if applicable).

The chain of command becomes more imminent when the resident needs to express concerns of harassment or report unethical or dangerous behavior. In sensitive situations, residency affiliate faculty (Tables 7 and 8) at the clinical site(s) of practice should be the immediate report. It is the duty of the residency affiliate faculty to report information to Laura Harris and their OPG Manager (Table 4) or OHSM Associate Manager (Table 5), whichever is appropriate. It is Laura Harris' responsibility to communicate information to OHIO's Office of Equity and Civil Rights Compliance. In the event the resident's concerns involve behavior exhibited by the residency affiliate faculty, the initial report should be made to Laura Harris and the resident's OPG Manager (Table 4) or OHSM Associate Manager (Table 5), whichever is appropriate.

Table 2. Athletic Training Residency Directors

<b>Name</b>	<b>Email</b>	<b>Title</b>
Dick, Natalie	natalie.dick@ohiohealth.com	AT Residency Medical Director
Davis, Bill	bill.davis@ohiohealth.com	OhioHealth Sports Medicine Director
Harris, Laura	harrisL2@ohio.edu	AT Residency Program Director
Stibel, Katrina*	katrina.stibel@ohiohealth.com	AT Residency Associate Program Director

\*Core Faculty

Table 3. OhioHealth Sports Medicine Managers

<b>Name</b>	<b>Email</b>	<b>Cell Phone</b>
Hite, Chris	christopher.hite@ohiohealth.com	540-538-6557
Neville, Eddie	eddie.neville@ohiohealth.com	614-284-0012
Stibel, Katrina*	katrina.stibel@ohiohealth.com	614-557-2084
Wolshire, Jayson	jayson.wolshire@ohiohealth.com	937-572-9910

\*Core Faculty

Table 4. OhioHealth Physician Group Practice Managers / Administrators

<b>Name</b>	<b>Email</b>	<b>Cell Phone</b>
Bright, Jeff	jeffrey.bright@ohiohealth.com	614-595-5945
Davis, Nicole	nicole.davis2@ohiohealth.com	614-499-5085
Johnson, Michelle	michelle.johnson2@ohiohealth.com	614-301-7473
Peppel, Scott*	scott.peppel@ohiohealth.com	614-905-6511
Rygalski, Chad	chad.rygalski@ohiohealth.com	614-205-9894

\*Core Faculty

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Table 5. OhioHealth Sports Medicine Associate Managers

<b>Name</b>	<b>Email</b>	<b>Cell Phone</b>
Betz, Caleb	caleb.betz@ohiohealth.com	740-601-7227
Conley, Alexis	alexis.conley@ohiohealth.com	614-432-4535
Damschroder, Kelly	kelly.damschroder@ohiohealth.com	567-204-0723
McHenry, Sean	sean.mchenry@ohiohealth.com	614-657-4247
Parker, Lisa	lisa.parker2@ohiohealth.com	419-565-7866
Sczpanski, Jeff*	jeff.sczpanski@ohiohealth.com	740-816-4798
Summanen, Tom	tom.summanen@ohiohealth.com	440-670-4634
Weible, Ryan*	ryan.weible@ohiohealth.com	614-506-2743

\*Core Faculty

Table 6. Residency Core Faculty

<b>Name</b>	<b>Email</b>	<b>Cell Phone</b>
Harris, Laura	harrisl2@ohio.edu	614-419-0148
Peppel, Scott	scott.peppel@ohiohealth.com	614-905-6511
Sczpanski, Jeff	jeff.sczpanski@ohiohealth.com	740-816-4798
Stibel, Katrina	katrina.stibel@ohiohealth.com	614-557-2084
Weible, Ryan	ryan.weible@ohiohealth.com	614-506-2743

Table 7. Middle or High School Residency Affiliate Faculty

<b>Name</b>	<b>Clinical Site</b>	<b>Email</b>	<b>Cell Phone</b>
Budd, Justin	Hilliard Bradley HS	justin.budd@ohiohealth.com	402-515-5280
Huffer, Zach	Buckeye Valley HS	zach.huffer@ohiohealth.com	740-803-0249
Kitchen, Addam	Central Crossing HS	addam.kitchen@ohiohealth.com	440-752-2937
Orth, Lauren	Westerville North HS	lauren.orth@ohiohealth.com	740-815-0238
Powell, Kylie	Pickerington Central HS	kylie.powell@ohiohealth.com	215-264-8993
Sampsel, Amanda	Worthington Kilbourne HS	amanda.sampsel@ohiohealth.com	330-690-1724
VanHorn, Jennifer	Thomas Worthington HS	jennifer.vanhorn@ohiohealth.com	614-975-1659
Waltenberger, Boston	Worthington Kilbourne HS	boston.waltenberger@ohiohealth.com	419-605-8884

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Table 8. Physician Practice Residency Affiliate Faculty

<b>Name</b>	<b>Physician(s)</b>	<b>Email</b>	<b>Cell Phone</b>
Estes, Tiffany	Austin Musick, DO Benjamin Ahrens, DO	tiffany.estes@ohiohealth.com	614-582-5859
Freeman, Kaitlin	Monique Brady, MD Donald Lemay, DO Ryan Siegel, DO	kaitlin.freeman@ohiohealth.com	740-815-2284
Hammer-Phillips, Kari	Doug DiOrio, MD John Hedge, DO Vismai Sinha, MD	kari.hammer- phillips@ohiohealth.com	740-412-6788
Ashton, Kyler	Justin Stumph, DO	kyler.ashton@ohiohealth.com	
Eddington, Mike	Jason Foster, MD	mike.eddington@ohiohealth.com	614-352-3541
Harvey, Michael	Jason Diehl, MD Thomas Hospel, MD Kristen Lafferty, DO	michael.harvey@ohiohealth.com	614-286-6192
Richardson, Kate	Ben Burkham, MD Joseph Ruane, DO Jason Dapore, DO	kate.richardson@ohiohealth.com	440-655-6566
Snyder, Grace	Craig Fortman, DO Justin Stumph, DO	grace.snyder@ohiohealth.com	614-736-0560

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Figure 1. OhioHealth Sports Medicine Organizational Flow Chart for High and Middle Schools

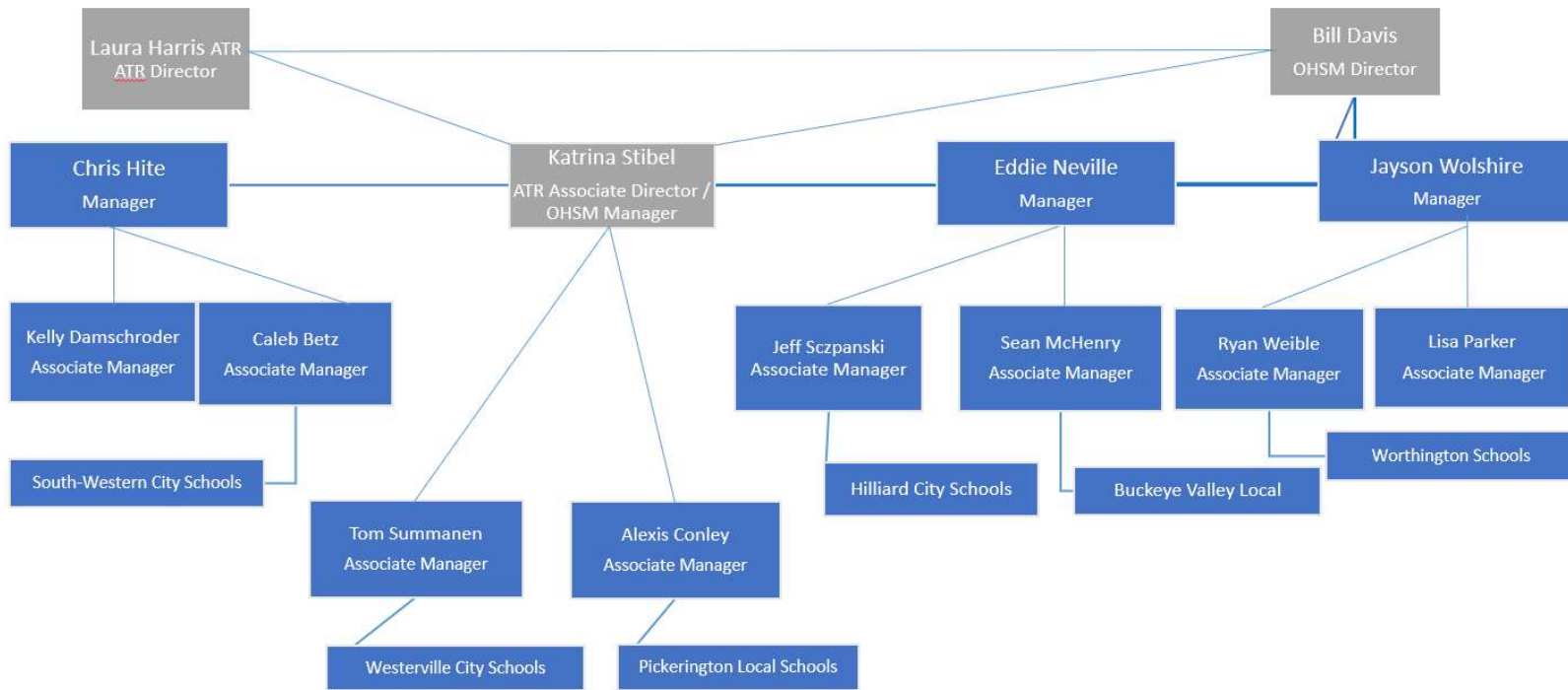
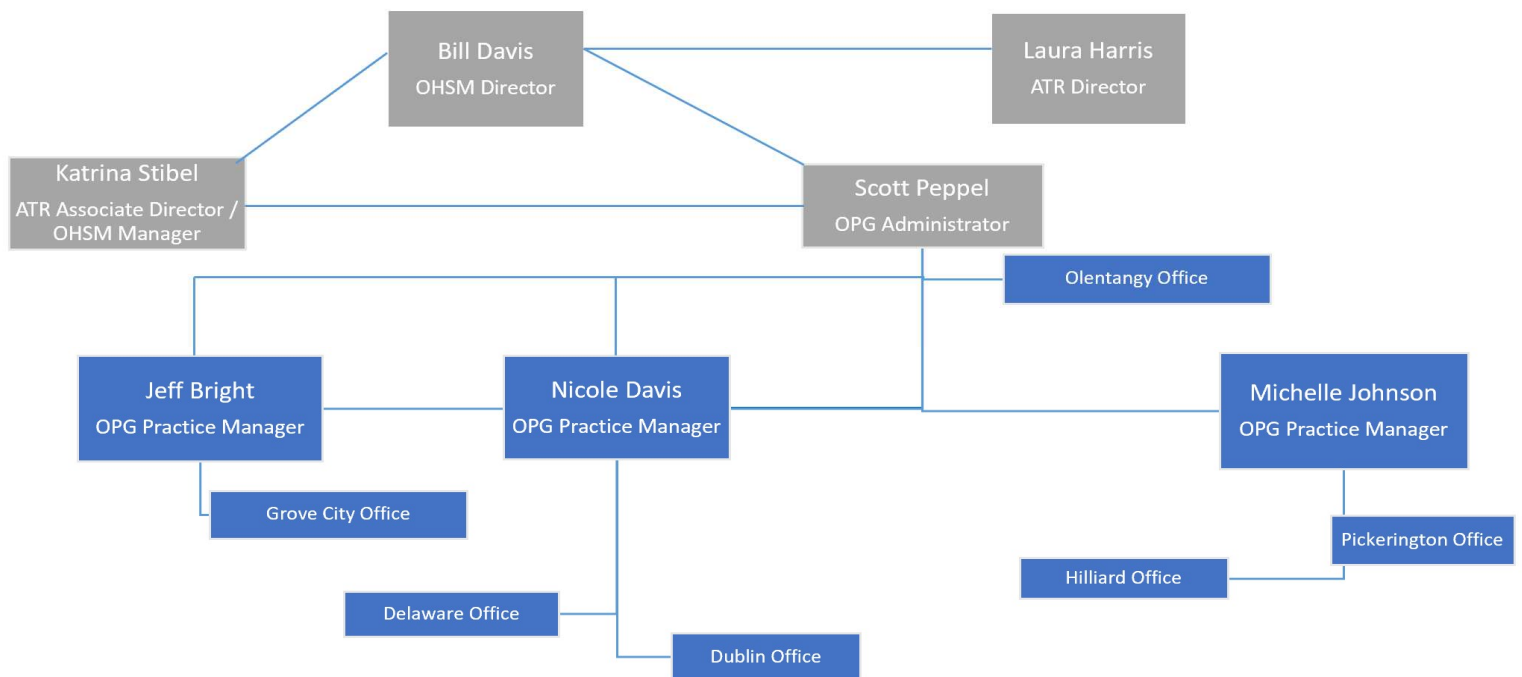


Figure 2. OhioHealth Physician Group Flow Chart



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## TERMS OF EMPLOYMENT

Resident appointment contracts are offered by OhioHealth as a “C-2 level athletic trainer, resident.” These contracts are non-renewable and span a 12-month period beginning in July. Initial employment is contingent upon (1) obtaining an Ohio license from the Ohio Occupational Therapy, Physical Therapy, Athletic Trainers (OTPTAT) Board prior to July 1 of the contract year, and (2) successful completion of the new associate orientation (NAO) process, which includes a background check, drug screen, and health assessment (see Appendix A and B). These NAO screens are conducted free-of-charge by OhioHealth Associate Health and Wellness. Failure to meet the terms of employment will result in termination of the offer of employment, resulting in dismissal from the Athletic Training Residency Program.

Ongoing employment is contingent upon (1) acceptable grades in residency course work and (2) acceptable clinical performance. Please refer to the sections, “Termination of Suspension of Employment” and “Resident Behavioral Expectations” for more details. Failure to meet either of these two contingencies will result in termination of employment. Termination will result in dismissal from the Athletic Training Residency Program.

Residents are provided an extensive onboarding program throughout the month of July. This onboarding coincides with summer courses (i.e., Athletic Training Administration and Psychosocial Issues in Athletic Training). Direct patient care officially begins on the first day of fall sport activities (i.e., typically August 1) and ends on a Friday corresponding with the week of June 30.

### CARDIOPULMONARY RESUSCITATION CERTIFICATION (CPR)

CPR certification must be valid while residents are under an employment contract with OhioHealth. A lapse in certification may result in immediate suspension from clinical duties until rectified. This may result in a reduction in pay depending upon the length of suspension from duties.

Upon enrollment, the Program accepts CPR certification from all providers as defined by the NATA BOC; however, within 30 days of the initial date of employment with OhioHealth, CPR certification must be obtained through the American Heart Association, which is offered to employees through OhioHealth. This certification must include Automated External Defibrillator (AED) training. Documentation (scan or screenshot both sides of the certificate) must be provided to the residency director.

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## BOARD OF CERTIFICATION (BOC) CREDENTIAL

Prior to completing new associate orientation and entering an employment contract, each residency candidate is required to obtain BOC certification. Proof of BOC certification is required in the form of scanning or screenshotting a copy of the BOC certificate, which should indicate the resident's name, date of certification, and certification number.

## OHIO OTPTAT ATHLETIC TRAINERS' LICENSE

Prior to completing new associate orientation and entering an employment contract, the residency candidate is required to obtain Ohio licensure as a practicing athletic trainer. Proof of Ohio licensure is required in the form of downloading a copy of the Ohio OTPTAT online verification, which should indicate the resident's name, date of expiration, and the license number.

Ohio licensure must be valid while residents are under an employment contract with OhioHealth. A lapse in licensure will result in immediate suspension from clinical duties until rectified. This may result in a reduction in pay depending upon the length of suspension from duties.

## NPI REGISTRATION

Residents are required to obtain an NPI registration number as a practicing clinician. A registered NPI number must be provided to the residency director.

## NATIONAL ATHLETIC TRAINERS' ASSOCIATION (NATA) MEMBERSHIP

Residents are required to be members of the NATA. The resident's NATA membership number should be provided to the residency director.

## LIABILITY INSURANCE

OhioHealth will provide professional liability coverage (1 million per incident/3 million aggregate) while working under an employment contract as a resident. However, residents are also required to obtain their own professional liability insurance to work at various tournaments, such as those hosted by the Ohio High School Athletic Association (OHSAA).

## BACKGROUND CHECK

Because pediatric and adolescent populations are considered a vulnerable population, school systems in the state of Ohio require school personnel to submit to a criminal background check prior to engaging in activities sponsored by the school. As such background checks are a condition of employment with OhioHealth; the background check

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will be processed at no cost to the residency candidate. For more information on the new associate health and wellness screen, visit Appendix A and B of this handbook.

If results indicate the residency candidate has been convicted of a disqualifying crime, the candidate may no longer be considered for employment, which will also result in dismissal from the Athletic Training Residency Program.

## DRUG SCREEN

Any medication bottles prescribed to the residency candidate should be presented at the time of the drug screen. For more information on the new associate health and wellness screen, visit Appendix A and B of this handbook.

All non-negative results are determined by a Medical Review Officer (MRO) representing OhioHealth. Drugs, chemicals, or conditions that will result in a non-negative test include the following: (1) illegal drugs, (2) prescription drugs for which the candidate does not have a prescription, (3) dilute samples, (4) nonbiologic samples, (5) adulterated samples, and (6) samples that are outside the body temperature range at point of collection.

If a candidate's drug screen results are determined to be non-negative due to illegal drugs, prescription drugs for which the candidate does not have a prescription, nonbiologic samples, and/or adulterated samples, the candidate may no longer be considered for employment, which may also result in dismissal from the Athletic Training Residency Program.

If a candidate's drug screen results are determined to be non-negative dilute samples, a second test is required. The second sample must be submitted within 24 hours of notification of the original test results. In the event the candidate fails to resubmit within the specified timeline, the candidate may no longer be considered for employment, which may also result in dismissal from the Athletic Training Residency Program.

Samples which fall outside the temperature range of 90-100 degrees at point of collection will require a second sample, submitted under direct supervision on the same day as the original sample. In the event the candidate fails to resubmit on the same day as the original sample, the candidate may no longer be considered for employment, which may also result in dismissal from the Athletic Training Residency Program.

## HEALTH ASSESSMENT

During the health assessment, OhioHealth will provide needed vaccinations, tests, and titers listed below at no cost to the residency candidate. Religious and medical exemptions may be granted to those who meet the exemption criteria. For more information on the new associate health and wellness screen, visit Appendix A and B of this handbook.

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Table 9. Health History and Vaccinations

	<b>INSTRUCTIONS</b>
<b>Annual Flu</b>	The resident is required to obtain an annual flu vaccination by December 1. Residents can receive the vaccination at any OhioHealth healthcare location at no cost. The resident may also obtain an annual flu vaccination from a healthcare provider of their choice; however, documentation must be submitted to OhioHealth Associate Health and Wellness.
<b>Tuberculosis (TB) Skin Testing (TST)</b>	One-step TB Skin Testing (TST) will be completed at OhioHealth Associate Health and Wellness. The intradermal PPD test must be placed and read within 2-3 days at Associate Health and Wellness. If you have previously tested positive for TB, please bring all health records to your scheduled appointment.  For residents who may find it difficult to return for the intradermal PPD reading within 2-3 days, you may request a blood draw instead.
<b>MMR (Measles - Mumps - Rubella)</b>	Evidence of the two-dose series MMR (i.e., Rubeola IgG Titer, Mumps IgG Titer, Rubella IgG Titer) will be required.
<b>Varicella (chickenpox)</b>	Evidence of varicella immunity will be required.
<b>COVID-19</b>	Residents must provide evidence of a COVID-19 vaccine; boosters are recommended. For those who have not previously received the COVID-19 vaccine, the vaccine is available at OhioHealth Associate Health and Wellness. If you elect to use an outside agency, your medical benefits as an employee of OhioHealth (if enrolled) will cover the cost of the vaccine. Documentation must be submitted to OhioHealth Associate Health and Wellness.
<b>Hep B (Hepatitis B)</b>	Residents who have previously received a Hep B vaccination 10 or more years ago are strongly encouraged to obtain a titer at OhioHealth Associate Health and Wellness to determine the status of your immunity.  For those who have not previously received a Hep B vaccination, it is highly recommended that you request the vaccine from OhioHealth Associate Health and Wellness.

The Athletic Training Residency recognizes that if immunity is not established to MMR and/or Varicella, a new vaccination series may be required and repeated over time. If the resident remains on schedule, there will be no risk of termination. However, failure to remain on the recommended vaccination schedule may result in suspension or termination

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of the employment contract, including suspension or dismissal from the Athletic Training Residency Program.

## RESIDENT PAYMENT

Residents are provided a 12-month appointment, which includes a full-time salary that is based upon an hourly rate of \$21.84, with the option to choose medical and health benefits, retirement, flexible spending, and/or a health savings account. Clothing, medical supplies, tuition reimbursement and \$1000 in continuing education funds are also available. Salary payments are dispersed every two weeks on Fridays. The first payment will be provided after you have successfully completed (1) new associate orientation and (2) associate health and wellness screens (ie., background check, drug screen and health assessment).

## REQUEST FOR TIME AWAY PAY (TAP)

Time off benefits are offered to residents. Time Away Pay (TAP) is a single bank of hours that can be used for personal and family needs such as vacation, personal time, short-term illnesses, and bereavement leave. A formal request for planned time off should begin with a conversation with the residency affiliate faculty. If verbally approved by the residency affiliate faculty, a formal request should be made through Kronos at least ten business days in advance. Residents who report an illness during their clinical work must report their illness to their residency affiliate faculty and OHSM associate manager and OPG practice manager (if applicable) as soon as possible.

The TAP bank balance is displayed in Kronos and on pay slips. The number of accumulated TAP hours is based upon your initial date of employment and the number of hours worked in a pay period. More information on specific types of leave can be found at: <https://www.ohiohealthrewards.com/myrewards/mylife/time-off>. At the end of the employment contract, residents who do not continue their employment with OhioHealth may elect to have unused TAP time paid out. Those who remain employed with OhioHealth will have any unused TAP rolled over into their new contract.

Residents are also awarded six-paid holidays (New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, and Christmas Day).

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## TERMINATION OR SUSPENSION OF EMPLOYMENT

No later than the last day of employment, residents are expected to return all facility keys and their OhioHealth issued iPad to their residency affiliate faculty. Failure to comply with this will result in an academic hold being placed on the University academic account, resulting in an inability to schedule future courses, obtain grades, transcripts and/or certificates of completion.

Usernames and passwords issued by OhioHealth to access Healthy Roster, EPIC, OhioHealth email, or any other database will be deactivated within 24 hours of the last day of employment. The University email will remain active for as long as you maintain it.

### TERMINATION BY OHIOHEALTH

Residents are bound by OhioHealth's Human Resources Policy for Performance Management (702.100) as well the rules and regulations established by the Ohio OTPTAT Board and the NATA BOC. Thus, residents are expected to conduct themselves in a professional manner. Examples of unprofessional behaviors include, but are not limited to, a failure to submit the documentation listed under "Terms of Employment," failure to produce adequate patient medical documentation upon site visits and audits, patterns of tardiness or absenteeism, misconduct that impacts your ability to fulfill job-related duties, attitude or behavior that distracts from patient care and program expectations, and poor clinical performance (eg., incompetence, inefficient or negligent practice, inability to practice independently, harassment, intimidation, exploitation, breaches of confidentiality, insubordination, etc.).

In the event concerns are identified or expressed by program personnel concerning resident behavior or performance, the Program Disciplinary Committee will meet to discuss the concerns and determine the future status of the resident's employment contract and ultimate status in the program. A decision by the Program Disciplinary Committee that indicates a resident's failure to comply with any rules or regulations established by the aforementioned organizations or the program may result in termination of the employment contract, leading to dismissal from the Athletic Training Residency Program.

### PROGRAM DISMISSAL BY OHIO UNIVERSITY

Residents must maintain a cumulative GPA of 3.0 (on a 4.0 scale) throughout the program. A resident earning less than 3.0 is considered in violation of the program expectations and will be placed on probation. Probation status indicates that the resident has the next semester to improve their cumulative GPA to at least 3.0. A second semester that results in a cumulative GPA below 3.0 will result in dismissal from the Athletic Training Residency Program, which will include termination of the employment contract with OhioHealth.

**ALL RESIDENTS ARE SUBJECT TO THE EXPECTATIONS OUTLINED IN THE ATHLETIC TRAINING RESIDENCY PROCEDURAL HANDBOOK AND THE OHIO GRADUATE COLLEGE HANDBOOK.**

Residents will be unable to earn a certificate of completion without a minimum cumulative GPA of 3.0.

### AT RESIDENT RESIGNATION

Residents may resign prior to the expiration of their employment contract with a formal letter of resignation, specifying the last date of employment and salary disbursement. This letter should be submitted to the Athletic Training Residency Director and OHSM Director.

Resignation means that the terms of the previously agreed upon employment contract have not been fulfilled, which ceases salary disbursement. Depending upon the indicated last date of employment, enrollment in the academic semester and program may also be withdrawn. Refunds of tuition are contingent upon drop dates. For information regarding drop deadlines and refunds, residents are referred to:

<https://www.ohio.edu/registrar/register>.

### LEAVE OF ABSENCE

When circumstances prohibit the ability to fulfill academic and/or clinical responsibilities, residents may request a leave of absence from their academic and/or clinical responsibilities if they are in good standing with the program at the time of the request. All foreseeable leaves of absence must be requested and approved prior to leaving the program. To be reinstated following a granted leave of absence, the resident must notify the residency director in writing so that the reentry process can be initiated.

A resident who does not return to clinical work and enroll in residency courses within the proposed timeline established in the request for academic leave of absence will be considered dropped from the program, resulting in a permanent suspension of the employment contract with OhioHealth.

CLINICAL LEAVE PROCESS: Residents should be aware that a leave of absence from clinical responsibilities may result in a suspension of payment throughout the leave. If a leave of absence is desired from OhioHealth, the resident must work with their respective OHSM Manager(s) and Associate Health and Wellness.

ACADEMIC LEAVE PROCESS: To request an academic leave of absence, the resident must submit a written request to the residency director stating (1) the reason for the leave and (2) the expected duration of the leave. Approved leaves will be documented for the resident in writing, with a copy forwarded to the University Graduate College for recording in the resident's file. It is the responsibility of the resident to resolve all issues pertaining to financial support, financial aid, and any outstanding debt to the University prior to a leave of absence.

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In the event the requested leave of absence occurs during an academic semester, the resident may seek the assignment of "PR" or "I" instead of dropping the courses. The granting of a "PR" is available for all courses, except AT 5300 and 6210, for which an "I" is the only option. A "PR" must be granted by the course instructor and requires that the course requirements be resolved before a certificate of completion can be awarded. The granting of an "I" offers a temporary extension to complete course work; this extension expires at the conclusion of the following semester's second week. In the event "I" course work is not completed by the University's deadline; the grade will automatically revert to an "F." This will result in dismissal from the program and permanent suspension of the employment contract with OhioHealth.

### SUSPECTED SUBSTANCE USE

Residents must comply with the University's Drug and Alcohol Policy (<https://www.ohio.edu/policy/41-133>), OhioHealth's expectations for fitness for duty, and all other applicable policies and procedures concerning the use of drugs and alcohol. Ohio licensed athletic trainers, by law, are prohibited from practicing while under the influence of alcohol or any drug that may affect performance or judgment.

At any time during clinical work, the resident may be required to undergo "for-cause" drug and/or alcohol testing when concerns are raised regarding performance, behavior, or actions which (1) indicate a reasonable suspicion for impairment with drugs and/or alcohol, or (2) indicate a potential threat to patient and community safety. A non-negative test as indicated by the Medical Review Officer representing OhioHealth (refer to Drug Screen Section for details on what constitutes a non-negative test) or failure to complete testing within the specified time will result in immediate suspension from clinical duties. Pending review by the Program Disciplinary Committee, additional penalties up to and including termination of the employment contract and program dismissal may also apply.

Those who self-report a substance abuse issue may invoke safe harbor through the OhioHealth Employee Assistance Program. Those invoking safe harbor will not be disciplined for disclosing a dependency and seeking treatment. In this case safe harbor means the resident approaches their residency affiliate faculty and expresses the need to seek treatment independent of "for-cause" drug and/or alcohol testing and completes the process outlined by OhioHealth's Employee Assistance Program. Admitting to substance abuse after being identified to undergo "for-cause" drug and/or alcohol testing does not qualify for safe harbor.

A resident who enters safe harbor with OhioHealth may take an academic leave of absence if the resident is in good academic standing at the time of invoking safe harbor. Please refer to the section, "Leave of Absence" for more details. During a clinical leave of absence, no salary may be awarded; however, following successful completion of a treatment

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program coordinated by OhioHealth's Employee Assistance Program, the resident may resume clinical duties with OhioHealth. While a reasonable attempt will be made to return the resident to their original clinical practice site(s), depending upon the timing, the original site(s) of practice may no longer be available. In this case, new practice site(s) will be assigned.

## REPORTING OF ARRESTS OR CONVICTIONS

Any arrests, charges, or convictions that a resident may incur during their enrollment in the program must be reported to the Athletic Training Residency Director within 48 hours of infraction. Depending upon the infraction, established disciplinary procedures may include termination of employment and program dismissal. Failure to self-report will result in immediate program dismissal leading to termination of the employment contract.

## RESIDENCY REPORTS AND EVALUATIONS

### MONTHLY HOUR LOGS

A Qualtrics questionnaire will be generated and sent to residents at the end of each month throughout the residency. This hour log will require the resident to document clinical work hours, mentored hours, physician experience hours, and academic study hours.

### CLINICAL EVALUATIONS

The Professionalism Assessment Tool is a self-assessment instrument completed by the resident upon program entry and exit.

Three comprehensive instruments designed to assess the resident's summative clinical performance must be completed: (1) Athletic Training Resident Self-Evaluation in August and April, (2) Affiliate Faculty's Evaluation of Athletic Training Resident in September and May, and (3) Physician's Evaluation of Athletic Training Resident in June. An abbreviated mid-year evaluation will also be completed by the resident's affiliate faculty member and residency director in January; this process will include a collaborative goal setting meeting between the resident and residency director.

In June, residents must complete an exit questionnaire.

In cases where a residency affiliate faculty member or director rates the resident's performance as poor (ie., item ratings are consistently at or below 50%), the Program Disciplinary Committee will meet to discuss the resident's clinical performance and determine the future status of the resident's employment contract and ultimate status in

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the program. For specific expectations, rules and regulations governing conditions of employment, refer to the section, "Termination by OhioHealth."

## SITE VISITS

Residents will be formatively evaluated each semester by the residency director through site visits, audits, and regular communications with the residency affiliate faculty. To be determined as meeting clinical performance expectations, site visits conducted by the residency director or a designated OHSM Associate Manager or OPG Manager must indicate that the resident is "meeting" or "exceeding" expectations. In cases where residents are assessed as "needs improvement," the Program Disciplinary Committee will meet to establish an action plan.

## RESIDENCY CURRICULUM

### CLINICAL WORK

Residents are expected to produce a minimum of 40 hours of clinical work per week. Weeks that include one of the six-paid holidays (ie., New Year's Day, Memorial Day, July 4<sup>th</sup>, Labor Day, Thanksgiving, and Christmas) or any combination of the approximate three-weeks of TAP (Time Away Pay) are exempt from the 40-hour expectation. For each day off, residents should subtract eight-hours from the 40-hour minimum.

Clinical work includes athletic training services provided at the resident's assigned school, physician practice, and required tournaments and substitute coverage sites. Athletic training services include patient care, clinical administrative duties, meetings, medical documentation, data collection and analysis for your capstone project, and creation of continuing education presentations as assigned by OHSM.

Of the required 1760 minimum hours (ie.  $52-8 = 44$  weeks;  $44 \text{ weeks} * 40 \text{ hours} = 1760$ ), no less than 500 of the hours must be mentored experiences include those experiences where the affiliate faculty, associate manager, manager, collaborating physician, residency director, or other senior-athletic training is collaborating with the resident (eg., within the same clinic, site, tournament, field, etc.). Mentored experiences will also include times where goals, problems, issues, challenges, and successes are discussed with the resident. This will include journal clubs, meetings amongst providers, and Program or OHSM hosted continuing education.

### DUTY HOURS

According to The Accreditation Council for Graduate Medical Education (ACGME), residents are prohibited from completing more than 80 duty hours per week. Duty hours are defined  
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as clinical and academic activities, including didactic hours, related to the program. This encompasses all clinical work and independent study hours completed away from the clinical site and classroom.

Residents must be scheduled for a minimum of one day in seven free of clinical work and required education (when averaged over 4 weeks). Additionally, residents are prohibited from exceeding 24 hours of continuous clinical and academic activities.

### PEDIATRIC AND ADOLESCENT CLINICAL PRACTICE FOCUS

Of the required 1760 minimum hours, 80% (ie., 1408 hours) must be spent providing athletic training services to a pediatric and adolescent population.

### PHYSICIAN PRACTICE EXPERIENCE

Residents are required to complete a minimum of 315-hours within their assigned OhioHealth Physician Group (OPG). These assignments will be shared with residents no later than August. The exact start date will be scheduled based upon the practice's need. To determine their physician practice schedule, residents are required to email their primary contact at the physician practice and copy the physician practice manager / administrator.

Residents will complete a total of two different trainings prior to beginning their physician practice experience. The first training will be completed in October and/or November and will be scheduled by the program. This training will prepare residents to use EPIC, the electronic medical record system used by OPG offices and include a cluster of self-paced online modules through OhioHealth University. These modules include the following topics but are not limited to: (1) medical chaperone, (2) minus the bias, and (3) stand by me. These must be completed prior to the first clinical day at the assigned OPG office. The second training is in-person and will be scheduled by the program. This final training will provide the resident with the knowledge and procedural skills to administer EKGs, immunizations and perform phlebotomy.

### TOURNAMENT AND SUBSTITUTE COVERAGE

OHSM requires each resident to work at least one shift during the following events. More may be assigned if additional tournament contracts are obtained throughout the year. In the event of conflict with tournaments or events hosted at your assigned school, the school's clinical responsibilities will remain the priority.

- OhioHealth Grandview Yard Half & Quarter Marathon – August 6, 2023 (Sun)
- US Figure Skating National Championships – January 22-28, 2024 (Mon-Sun)
- US Figure Skating Developmental Camp – January 29-31, 2024 (Mon-Weds)
- The Arnold Festival – February 29 – March 3, 2024 (Th-Sun)
- Cap City Marathon – April 27, 2024 (Sat)

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## RESIDENCY COURSE SCHEDULE

Table 10. Residency Course Schedule

Summer	Fall	Spring
AT 6110 (3) – AT Administration AT 6360 (2) – Psych in AT	AT 6210 (3) – Human Anatomy AT 6400** (3) – EBP I	AT 5300 (3) – Manual Therapy AT 6410** (3) – EBP II

\*\*Capstone project will be part of the EBP courses.

The Athletic Training Residency Program consists of 17-credit hours. Only courses passed with a grade of C or better may count towards completion of the residency certificate. No courses listed above may be taken as a credit “CR” option.

## COURSE ATTENDANCE

Attendance is expected in all classes. Situations where a resident must miss class should be resolved beforehand with the class instructor. Class times and clinical responsibilities must be balanced and prioritized. Excessive absences (even University-excused absences) as determined by the instructor may inhibit a student’s ability to complete a course and the program successfully.

## CAPSTONE PROJECT

Residents will complete a capstone project that is related to their clinical settings as part of the requirements for successful completion of the program. The first step of the capstone involves proposing a quality improvement project as part of AT 6400. This proposal will then be executed and analyzed as part of AT 6410. The analysis should be based upon data including, but not limited to patient and/or clinician outcomes collected during clinical work. The final quality improvement project is expected to be suitable for a conference presentation as an abstract or poster as well as to provide a measure of quality improvement for OHSM clinical sites and programs.

## KNOWLEDGE-BASED EXAM FOCUSED ON PEDIATRICS

Residents will take a knowledge-based exam focused on the specific needs of the pediatric and adolescent patient in June following completion of course work. This exam reflects the breadth and depth of the didactic and clinical components of the residency. Residents must pass the exam with a grade of 70% or better.

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## PROGRAM POLICIES

### ACADEMIC BREAKS (WINTER, SPRING, SUMMER)

The University academic calendar governs the schedule of courses taken by the resident. This schedule is independent of the responsibilities of the employment contract. Each clinical practice site will vary in its designated work responsibilities throughout the times that coincide with traditional winter, spring, and summer academic breaks.

It is highly recommended that the resident and the residency affiliate faculty discuss medical coverage that coincides with winter, spring, and summer academic breaks. This discussion should occur on or near the first day of each sport season so that holiday travel and medical coverage are balanced effectively considering requested TAP (Time Away Pay). Failure to follow these recommendations will result in denial of requested TAP.

### ACADEMIC DISHONESTY

Academic integrity and honesty are basic values of Ohio University. Residents are expected to follow standards of academic integrity and honesty. Academic misconduct is a violation of the Ohio University Student Conduct subject to a maximum sanction of disciplinary suspension or expulsion as well as a grade penalty in the course.

The term “academic misconduct” includes all forms of student academic misconduct wherever committed; illustrated by, but not limited to, cases of plagiarism, collaboration on assignments assigned to be independent, using the same work for more than one course, and dishonest practices in connection with writing assignments, examinations, and quizzes. Furthermore, the use of artificial intelligence (e.g., ChatGPT) to generate, copy, and plagiarize is considered a dishonest practice. While using these technologies as part of the search for resources is acceptable, submitting words and prose that are not the intellectual property of the student is considered a violation of the Ohio University Student Conduct. For this course, any suspected infractions will be referred via a Formal Student Conduct Referral to The Office of Community Standards and Student Responsibility for procedural review and hearing.

### GRADE AND DISCIPLINARY APPEALS

A resident may file a formal appeal in the event they have concerns with a corrective action that they believe has not been resolved in a prudent manner. The appeal may be filed in response to a decision made by the program faculty that adversely affects their standing in the program or negatively affects their ability to complete the program successfully.

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- The resident shall write a formal statement summarizing the incident and rationale for appeal. This statement should include new information and/or, a clarification of something that was not understood at the time of the corrective action or assigned grade.
- The written documentation must be presented to the Athletic Training Residency Director and OHSM Director within three business days (ie., Monday-Friday) after notification of the corrective action or grade which is in dispute.
- The Athletic Training Residency Director and OHSM Director will have five business days following the submission of the written documentation to review the appeal and inform the resident of their decision regarding the outcome. This decision will be provided in writing.
- If the resident is not satisfied with the directors' decision, they may appeal to OhioHealth's Advice and Counsel Center (ACC) regarding issues related to employment with OhioHealth and to the Director of the Division of Athletic Training at Ohio University for issues related to academic performance. These appeals must be made within 15 business days of the original appeal filing.

## BLOODBORNE PATHOGEN POST-EXPOSURE

Athletic Trainers are an OSHA (Occupational Safety and Health Administration) Category 1 risk for exposure to potentially infectious materials. This requires employers to offer no-cost training addressing bloodborne pathogens prior to potential exposure. This training occurs remotely through modules available online through OhioHealth University. Successful completion of the online bloodborne pathogen training is required as a condition of OhioHealth employment.

Category 1 risk for exposure to potentially infectious materials also mandates employers provide a route to report exposure and receive cost-free testing and counseling if needed to determine if exposure has resulted in disease. The steps outlined below must be followed in the event the resident is exposed to blood or other potentially infectious materials.

1. Resident must wash hands and any other potentially exposed skin with soap and water, or flush mucous membranes with water immediately or as soon as feasible following contact with blood or other potentially infectious materials.
2. The exposed resident should report to an OhioHealth Emergency Department as soon as possible after the exposure.
3. Reporting includes completion of the Exposure Documentation form, which can be obtained from the resident's OhioHealth associate manager or OPG manager. Documentation items include but are not limited to the route(s) of exposure, the circumstances surrounding the exposure, instrument/device type and brand, identification of the source individual and identification number if known and the source's physician.

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4. The source individual's blood will be tested as soon as feasible and after consent is obtained to determine Hepatitis B virus (HBV), Human Immunodeficiency Virus (HIV), and Hepatitis C virus (HCV) infectivity. If consent is obtained, blood will be tested as prescribed in the appropriate facility's policy governing such tests. If consent cannot be obtained from the source, immediately contact OhioHealth Infection Prevention and Control to initiate timely review of the case and determination of significant exposure. Upon concluding its review of the case, Infection Prevention and Control shall contact the Office of the General Counsel to evaluate the next steps.
5. Results of the source individual's testing shall be made available to the exposed resident, provided that no information as to the source individual's identity may be provided. These results must be provided in writing and shall be accompanied by a written statement that reads, "This information has been disclosed to you from confidential records protected from disclosure by state law. You shall make no further disclosure of this information without the specific, written, and informed release of the individual to whom it pertains, or as otherwise permitted by state law. A general authorization for the release of medical or other information is not sufficient for the purpose of the release of HIV test results for diagnosis."
6. The resident is counseled on bloodborne pathogen exposure and a copy of the evaluating coordinator's written opinion will be given to the resident within 15 days of the evaluation. This evaluation includes whether Hepatitis B vaccination is indicated, and if the resident has received such vaccination; that the resident has been informed of the results of the evaluation; and that the resident has been told about any medical conditions resulting from exposure to blood or other potentially infectious materials which require future evaluation and treatment.
7. If the resident consents to baseline blood collection but does not give consent at the time for HIV serologic testing, the sample shall be preserved for at least 90 days upon notification to a laboratory supervisor. If, within 90 days of the exposure incident, the resident elects to have the baseline sample tested, such testing shall be done as soon as feasible.

## INCLEMENT WEATHER

If OHIO's Dublin Campus closes due to inclement weather or other unforeseen issues, classes will be cancelled. Notifications will come from Laura Harris or a representative of the College of Health Sciences and Professions' (CHSP) Dean's Office. Please be aware that the OHIO alert system (<https://www.ohio.edu/facilities/emergency-management/notification-system>) may include Athens campus closures as well as Dublin. Notifications indicating a closure of "main," or "Athens" campus, do not represent the status of the Dublin campus.

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The decision to cancel classes is independent of decisions regarding resident's clinical practice sites. It is the responsibility of the resident to access information regarding clinical practice site closures and the impact such closures will have on scheduled athletic activities or physician office business. Such notifications will not come from the Athletic Training Residency Director.

## MOONLIGHTING

Moonlighting refers to employment as an independent athletic trainer or other employment that is outside the scope of the residency. Residents are prohibited from moonlighting without the prior written approval of Athletic Training Residency Director and OHSM Director. Residents will never be required to engage in moonlighting.

## ACADEMIC PROCESSES

### PROGRAM COST

The anticipated total cost of tuition and fees associated with the residency is approximately \$10,000 for residents of Ohio and \$10,400 for non-residents. There is also an approximate \$150 course fee associated with AT 6210 (Human Anatomy).

Table 11. Residency Tuition Schedule

Charge Description	Per Credit Hour Cost
Instructional Fee	505
General Fee	78
Student Info System / Network Fee	4
Technology Fee	6
<b>Ohio Resident Total</b>	<b>593</b>
Out-of-State Resident Fee	19
<b>Out-of-State Resident Total</b>	<b>612</b>

\*\*Costs may vary based upon Board of Trustee votes and amendments.

### COURSE REGISTRATION

Course offerings can be located at: <https://webapps.ohio.edu/classes/search.htm>, or through the GoOHIO app. You can download the app and find tutorial videos at: <https://www.ohio.edu/go-ohio>. Once course and section numbers have been identified, residents may use the web registration system My OHIO Student Center at <https://sis.ohio.edu/student> to register for courses.

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All residents have access to the Degree Audit Reporting System (DARS) prior to registration. The DARS indicates what courses have been completed and which requirements have yet to be fulfilled. DARS can also be accessed through the GoOHIO app.

## SUCCESSFUL COMPLETION

### TERMS OF SUCCESSFUL COMPLETION

To successfully complete the Athletic Training Residency Program and obtain a certificate of completion, the resident must demonstrate the following:

- A grade of no less than a “C” in all residency courses
- A cumulative GPA of at least 3.0
- Item ratings on clinical evaluation instruments consistently at or above 75% as completed by the residency affiliate faculty or residency director
- A score of no less than 70% on the capstone quality improvement project
- A score of no less than 70% on the knowledge-based exam focused on pediatrics

### APPLICATION TO GRADUATE

Following the completion of the spring academic semester, each resident must apply for “graduation” and pay the application fee (~ \$25). The application deadline is usually mid-July. Residents can expect a reminder through email from the Athletic Training Residency Director as well as notification through their My OHIO Student Center at the beginning of summer semester.

## RESIDENT BEHAVIORAL EXPECTATIONS

### CONDUCT

Resident conduct must be conducive to a collaborative work environment that prioritizes patient needs. Behaviors that impact the ability to fulfill job-related duties, attitudes or actions that distract from patient care and program expectations, and poor clinical performance as noted through incompetence, inefficient or negligent practice, inability to practice independently, harassment, intimidation, exploitation, insubordination, or other transgressions will be regarded as serious offenses and may result in termination of employment contract leading to dismissal from the Athletic Training Residency.

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## CONFIDENTIALITY

Residents must hold all patient information in strict confidence. The sharing of medical information is to be limited to patient care or legitimate medical education purposes. A breach of patient confidentiality will be regarded as a serious offense and may result in termination of the employment contract leading to dismissal from the Athletic Training Residency.

## PUNCTUALITY

Residents shall be punctual in attending their clinical sites of practice. Tardiness and absenteeism are not acceptable for practicing professionals. Residents who will be late or absent due to unforeseen circumstances must immediately contact their impacted residency affiliate faculty and the Athletic Training Residency Director. Any instance of tardiness or absenteeism should be accompanied by an appropriate excuse. Ongoing issues may result in termination of the employment contract leading to dismissal from the Athletic Training Residency.

## DRESS CODE

Residents should clarify the enforced dress code with their residency affiliate faculty before the first day of clinical work. At all times, OhioHealth and Athletic Training Residency branded clothing is acceptable. At no time shall residents wear the logos of competing medical centers or the logos of other institutions of higher education.

- Residents are encouraged to wear a watch with a second hand or digital timer during clinical work. This will assist in assessing heart and respiratory rates.
- Clothing should be clean, wrinkle-free and in good repair.
- Clothing should not interfere with mobility or clinical duties and should fit well, not be overly tight, or revealing.
- In accordance with SHEA (Society for Healthcare Epidemiology of America), all shirts must have sleeves.
- Skirts and shorts should not be shorter than where the fingertips touch the legs when the arms are held in anatomical position; alternatively, shorts should have a 6-inch or greater inseam.
- Shoes and socks / hosiery must always be worn to prevent shoe slipping during patient transfers in emergent situations.
- In accordance with SHEA (Society for Healthcare Epidemiology of America), sandals, canvas shoes and open toed shoes are prohibited. Closed toed flats are preferred so to decrease the risk of sharps injury and permit mobility during patient care, transfers, and transport.

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A pattern of behavior that fails to comply with the items listed above may result in termination of the employment contract leading to program dismissal.

## GROOMING

Good grooming is essential to enable healthcare providers to perform their professional duties as well as create a professional appearance.

- Long fingernails are prohibited. Nails should be no more than  $\frac{1}{4}$  inch long to decrease bacterial load and allow proper hand sanitation. Artificial fingernails or items affixed to fingernails have been shown to be an infection hazard and are prohibited in patient care activities.
- Hair should be pulled back or otherwise kept out of the face so that it does not interfere with vision, communication, or the performance of clinical skills. Facial hair must be kept neat and well-trimmed.
- Jewelry should be minimal, professionally tasteful, and not interfere with performance of clinical procedures (eg., jewelry has been shown to increase bacterial load on clinician's hands and interfere with proper hand sanitation).
  - Jewelry that cannot be decontaminated daily should not be worn.
  - Visible piercings are limited to the ears. One pair is preferred.
  - Exceptions for religious or medical alert jewelry will be considered.

A pattern of behavior that fails to comply with the items listed above may result in termination of the employment contract leading to program dismissal.

## HYGIENE

Proper hygiene is critical for controlling disease transmission and creating a professional appearance. Residents are required to maintain impeccable personal hygiene. Daily hygiene includes clean skin and hair, regular use of deodorant/antiperspirants, and regular dental hygiene. Makeup and cologne/perfume should be minimal and not distracting. Frequent hand washing or alcohol-based hand sanitizer application prior to patient contact is expected.

Ongoing issues may result in termination of the employment contract leading to program dismissal.

## TRANFERRING INTO A GRADUATE DEGREE

### OHIO UNIVERSITY DOCTOR OF ATHLETIC TRAINING DEGREE

Following completion of the residency, students who have a master's degree can stack the residency course work onto the Doctor of Athletic Training (DAT) degree offered online through OHIO. Three of the proposed residency courses are required courses within the DAT clinical track (AT 6360, AT 6400, AT 6410); the other three courses (AT 6110, AT 6210, AT 5300) fulfill nine of the twelve required elective credit hours within the DAT. An example of the DAT curriculum is illustrated below, with residency courses in red.

Table 10. Doctor of Athletic Training: Clinical Track

Year	Fall	Spring
1	AT 6160 (3) – Patient-Oriented Outcomes IHS 5513 (3) – Health Informatics Elective (3) – AT Administration	AT 6222 (3) – Stats for AT Practice AT 6400 (3) – Evidence Based Practice I PT 7150 (2) – Imaging in Rehabilitation Elective (3) – Human Anatomy
2	AT 6350 (3) – Sport Injury Risk Assessment AT 6410 (3) – Evidence Based Practice II HLTH 6100 (3) – Quality Improvement Elective (3) – Manual Therapy	AT 6360 (3) – Psychosocial Issues in AT AT 6120 (2) – Leadership in AT AT 6310 (3) – Neuromechanics Elective (3)

Information about the DAT can be located at: <https://www.ohio.edu/chsp/ahsw/athletic-training/doctor-athletic-training>. Residents interested in applying to the DAT can find information about program requirements and the application process at: <https://www.ohio.edu/chsp/ahsw/athletic-training/apply>. Those residents who elect to stack their residency course work onto the DAT have up to six calendar years (18 semesters) to complete the remaining 25 credit hours. Fall or spring admission is an option.

### OTTERBEIN UNIVERSITY MASTER OF SCIENCE IN ALLIED HEALTH DEGREE

Following completion of the residency, an online master's degree in allied health is available through Otterbein University; this program has two tracks: (1) Healthcare Administration for 30 total credit hours, and (2) Exercise and Health Science for 36 total credit hours. For those residents who have a bachelor's degree, the OHIO-OhioHealth Athletic Training Residency has developed a pathway that allows up to 12 of the 17 earned credit hours to transfer directly into Otterbein's Master of Science in Allied Health. More information about the master's program is available at: <https://www.otterbein.edu/gradschool/allied-health/>.

ALL RESIDENTS ARE SUBJECT TO THE EXPECTATIONS OUTLINED IN THE ATHLETIC TRAINING RESIDENCY PROCEDURAL HANDBOOK AND THE OHIO GRADUATE COLLEGE HANDBOOK.

## **APPENDIX A: HEALTH ASSESSMENT INSTRUCTIONS**

ALL RESIDENTS ARE SUBJECT TO THE EXPECTATIONS OUTLINED IN THE ATHLETIC TRAINING RESIDENCY PROCEDURAL HANDBOOK AND THE OHIO GRADUATE COLLEGE HANDBOOK.





## Associate Health and Wellness

### Pre-Employment Health Assessment and Drug Screen

- **Please schedule your appointment no later than Tuesday before your start date. If an appointment is not available prior to Tuesday, please call WorkHealth Central Scheduling 614-566-WORK (9675).**
- Your health assessment will be held in Associate Health and Wellness (locations below).
  - Please allow at least 60 minutes for this appointment. You will need to stay in the department until you can provide a sample for drug screening. Additionally, a blood draw may be required.
- Important - If you are late for your appointment, you may need to reschedule. **Rescheduling may delay the start of your employment.**
- All employment offers are contingent upon the successful completion of the health assessment, required immunizations, drug and nicotine screen.

### **Please bring the following to your health assessment appointment:**

- A photo ID (valid driver's license, passport or state ID)
- Completed health history form and respirator fit form, if a direct care provider (enclosed in packet)
- Vaccination / Immunization and TB testing records
- Prescription medication bottles

### **Information about Health Requirements at OhioHealth:**

Everyone at OhioHealth is responsible for keeping our patients safe. This means that all OhioHealth associates must meet certain health requirements to prevent spreading communicable diseases and provide safe care.

- You must be physically able to do the job you have been offered. If you have a disability and need accommodations, please discuss your needs with the nurse.
- You cannot take substances that may impair your judgement at work. If you take prescription medications, please bring your prescription bottles with you, to your health assessment appointment. Certain medications, even if they are prescribed to you, cannot be taken while you are at work.
- **You must have completed TB testing prior to working at OhioHealth.** You may be required to complete TB testing on a periodic basis once you have started working. If you have previously tested positive for TB, please bring all of your records with you, to your health assessment appointment.
- **Certain vaccines / immunizations are required for all associates, regardless of patient contact.** These include:
  - Measles, Mumps and German Measles (MMR)
  - Chickenpox (Varicella)
  - Influenza
  - Other vaccines / immunizations depending on the needs of the areaThe nurse will assess for immunity during your health assessment appointment. If you are not immune, you will receive vaccines / immunizations. **If you are unwilling or unable to take the required vaccines / immunizations, you may not be able to work at OhioHealth.**

### **At your appointment, you will meet with a Registered Nurse to complete the following:**

- Vaccination / Immunization and Health History review
- Vital signs and vision testing
- Urine sample for drug and nicotine screening
- TB testing
- Respiratory Fit Testing for candidates who will be working in patient care areas
- Blood testing may be required

**After your appointment you may need to follow up at an Associate Health and Wellness office for further TB testing or vaccine requirements. Failure to comply may delay the start of your employment.**

If you have questions prior to your scheduled appointment, please feel free to call Associate Health and Wellness (locations listed below).

Sincerely,

*Associate Health and Wellness*

**David P. Blom Administrative Campus**

3430 OhioHealth Parkway

Columbus, OH 43214

614-955-2502

(1<sup>st</sup> floor immediately to the left of the main entrance)

**OhioHealth Marion General Hospital**

1000 McKinley Park Drive

Marion, OH 43302

740-383-8959

(Basement)

**OhioHealth Mansfield Hospital**

335 Glessner Ave.

Mansfield, OH 44903

419-526-8119

(1<sup>st</sup> floor near ER)

**OhioHealth O'Bleness Memorial Hospital**

Athens WorkHealth

Castrop Center

75 Hospital Drive, Suite 370

Athens, Ohio 45701

740-331-7063

## **APPENDIX B: HEALTH HISTORY FORM**

ALL RESIDENTS ARE SUBJECT TO THE EXPECTATIONS OUTLINED IN THE ATHLETIC TRAINING RESIDENCY PROCEDURAL HANDBOOK AND THE OHIO GRADUATE COLLEGE HANDBOOK.



**HEALTH HISTORY**

NAME (LAST, FIRST, MIDDLE INITIAL)	DATE OF BIRTH
STREET ADDRESS	SSN#
CITY, STATE, ZIP	PHONE
EMERGENCY CONTACT	PHONE

**PERSONAL HISTORY AND REVIEW OF SYSTEMS: X if yes.**

PERSONAL HISTORY:	(continue comments, if any)	ANXIETY/NERVOUSNESS
MEASLES		NUMBNESS
GERMAN MEASLES		SMOKING
MUMPS		# PACKS A DAY
CHICKEN POX		UNUSUAL FATIGUE
WHOOPIING COUGH		UNUSUAL WEAKNESS
EPILEPSY	<b>REVIEW OF SYSTEMS:</b>	UNABLE TO SLEEP
BONE OR JOINT DISEASE	FREQUENT HEADACHES	SKIN TROUBLE
ARTHRITIS	BLURRY VISION	BACK PAIN
JAUNDICE	EYE PAIN	LATEX ALLERGY
TUBERCULOSIS	HEARING LOSS	BROKEN BONES
DIABETES	FREQUENT INFECTIONS	HEAD INJURIES
CANCER	RINGING IN EARS	BLOOD
HIGH OR LOW BLOOD PRESSURE	CHRONIC COUGH	<b>SURGERY (If YES, LIST)</b>
ASTHMA	COUGHING BLOOD	1.
HIVES/RASHES	SHORTNESS OF BREATH	2.
STROKE	CHEST PAIN	3.
HEART ATTACK	SWOLLEN ANKLES	4.
LIVER DISEASE	IRREGULAR HEART BEAT	<b>HOSPITALIZATION (If YES, LIST)</b>
KIDNEY DISEASE	LOSS OF APPETITE	1.
HERNIA	TROUBLE SWALLOWING	2.
ALCOHOL/DRUG PROBLEM (If YES, COMMENT)	NAUSEA OR VOMITING	3.
	ABDOMINAL PAIN	<b>ALLERGIES (If YES, LIST)</b>
	FAINTING SPELLS	1.
	DIZZINESS	2.
	TREMORS	3.

List all Medications presently taking including non-prescription drugs and herbal remedies(optional)

1.	3.	5.	7.
2.	4.	6.	8.

Do you have any limitations that would keep you from performing the duties of your job?  No  Yes, if yes explain.

Are there any accommodations that you need our company to make to perform this job?  No  Yes, if yes explain.

Any other information that might be useful?  No  Yes, if yes explain.

*(for office use only)*

Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

Comments \_\_\_\_\_

## **APPENDIX C: ATHLETIC TRAINING RESIDENCY COMPLIANCE & ACKNOWLEDGMENT FORM**

ALL RESIDENTS ARE SUBJECT TO THE EXPECTATIONS OUTLINED IN THE ATHLETIC TRAINING RESIDENCY PROCEDURAL HANDBOOK AND THE OHIO GRADUATE COLLEGE HANDBOOK.

# ATHLETIC TRAINING RESIDENCY COMPLIANCE AND ACKNOWLEDGMENT FORM

By signing below, I, \_\_\_\_\_, indicate that I have read, understand, and agree to abide by all of the policies and requirements of the Ohio University – OhioHealth Athletic Training Residency in Pediatrics, which are outlined in this procedural handbook. My questions about these policies and requirements have been answered, and I understand that the Athletic Training Residency Director and OhioHealth Sports Medicine Director and Managers can answer additional questions should they arise. This agreement is in effect for the duration of the program, or until updated by program personnel.

Furthermore, I am aware that I will be provided extensive onboarding and training throughout the month of July in preparation for working at my primary site. This onboarding mostly occurs in conjunction with the summer courses, AT 6110 (Administration & Clinical Instruction in AT) and AT 6360 (Psychosocial Issues in AT). Additional trainings will occur in October and/or November in preparation for clinical work at my assigned physician practice.

I am specifically aware of the requirements to maintain employment with OhioHealth and what may lead to termination and program dismissal:

- Maintenance of certifications (CPR, BOC) and licensure (Ohio OTPTAT) [pg. 11-12]
- Maintenance of NATA membership, NPI registration, and liability insurance [pg. 12]
- Approved background check, drug screen, and health assessment [pg. 12-13]
- Substance abuse [pg. 18]
- Failure to report convictions or arrests [pg. 19]

I am specifically aware of the program's required documents and assessments, which will be used in part to determine my standing throughout the program:

- Monthly hour logs [pg. 19]
- Clinical evaluations (PAT, AT Resident Self-Evaluation, Affiliate Faculty's Evaluation of AT Resident, Physician's Evaluation of AT Resident, etc.) [pg. 19]
- Site visit audits and evaluations [pg. 20]
- Terms of successful completion GPA [pg. 27]

I am specifically aware of the program's required curricular components:

- Clinical work [pg. 20]
- Pediatric and adolescent clinical practice focus [pg. 21]
- Physician practice experience [pg. 21]
- Tournament and substitute coverages [pg. 21]
- Residency course schedule and attendance [pg. 22]
- Capstone project [pg. 22]
- Knowledge-based exam focused on pediatrics [pg. 22]

I am specifically aware of the requirements and behavioral expectations to successfully complete the AT Residency:

- Conduct [pg. 27]
- Confidentiality [pg. 28]
- Punctuality [pg. 28]
- Dress code [pg. 28]
- Grooming [pg. 29]
- Hygiene [pg. 29]

I understand that any violation of the Ohio University – OhioHealth Athletic Training Residency in Pediatrics policies or requirements carries consequences such as suspension up to and including termination of the employment contract and program dismissal. I also understand that the Athletic Training Residency carries a professional responsibility to report student and programmatic outcomes to Ohio University and its regional (Higher Learning Commission) and professional (Commission on Accreditation of Athletic Training Education) accrediting organizations. I, thereby, authorize the residency to provide information about me including my name, likeness, demographic, and educational information to such accrediting agencies as part of program reporting requirements and to future credentialing agencies, such as the National Athletic Trainers' Association Board of Certification, to establish eligibility for future specialty certifications.

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Printed Name

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Signature

Date