|  |  |  |  |
| --- | --- | --- | --- |
| **Fall Semester Y1** | **CH** | **Spring Semester Y1** | **CH** |
| *MATH 1200: College Algebra* ***(FQR)*** | *4* | *ENG 1510: First Year Comp* ***(FWC)*** | *3* |
| *EXPH 1490: Intro Exercise Science* | *3* | *BIOS 1700 & 1705: Bio Sci I* ***(PNS)*** | *4* |
| *BIOS 1030: Human Bio\** ***(PNS)*** | *3* | *PSY 1010: Psychology* ***(PSBS)*** | *3* |
| *AT 1001: Intro to Sports Medicine* | *3* | *CHEM 1220: Principles of Chemistry II* ***(PNS)*** | *3* |
| *UC 1900: Learning Community* | *1* | *EXPH 1600: Foundations in Muscular Fitness* | 2 |
| *Chem 1210: Principles of Chemistry I* ***(PNS)*** | *2* |  |  |
| ***Total Credit Hours*** | **18** |  | **16** |
| ***Fall Semester Y2*** | **CH** | Spring Semester Y2 | **CH** |
| *BIOS 1710* ***(PNS)*** *& 1715: Bio Sci II* | **4** | *EXPH 2290/2295: Testing & Prescription* | **5** |
| *EXPH 2200: Kinesiology* | **3** | *PHYS 2001: Intro Physics 1 (PNS)* | **4** |
| *NUTR 1000: Human Nutrition* | **3** | *ANTH 1010: Anthropology (FIE or ACNW)* | **3** |
| *MATH 1350* ***(FQR)*** *or MATH 2301* ***(ACSW)*** | **2** | *PSY 2110: Behavioral Stats Or MATH 2500 (ACSW)* | **4** |
| *EXPH 2280: First Aid & CPR/AED* | **2** | *AT 2920: Clinical Training Exp. (BLD)* | **1** |
|  |  |  |  |
| ***Total Credit Hours*** | **16** |  | **17** |
| ***Fall Semester Y3*** | **CH** | Spring Semester Y3 | **CH** |
| *BIOS 3010 & 3015: Anatomy* | **4** | *BIOS 3450 & 3455: Physiology* | **5** |
| *EXPH 3300: Fitness Facility Standards and Guidelines* | **2** | *EXPH 3200 & 3205: Biomechanics* | **4** |
| *PHYS 2002: Intro Physics 2* ***(ANW)*** | **4** | *EXPH 2590: Physical Fitness* | **1** |
| *Bridges: Ethics and Reasoning* ***(BER)*** *(Suggest PHIL 2300)* | **1-3** | *Humanities Texts & Contexts (PHTC)* | **3** |
| *AT 3001: Clinical Skills in Sport Med* | **4** | *Foundation: Adv Writing (FAW)* | **3** |
|  |  |  |  |
| ***Total Credit Hours*** | **16** |  | **16** |
| ***Fall Semester Y4*** | **CH** | Spring Semester Y4 | **CH** |
| *EXPH 4140 & 4145: Physiology of Exercise* | **5** | *EXPH 4490: Cardio Assessment* | **3** |
| *EXPH 4160: Resistance Training* ***(BSL)*** | **4** | *EXPH 4495: Testing & Prescrip (BDP and CAP)* | **3** |
| *Pillar: Humanities and Arts* ***(PHA)*** | **3** | *Arch: Constructed World (unless MATH 2500) (ACSW)* | **3** |
| *HSP Interprofessional Education Course (IHS 2220 recommended, then it would be FIE)* | **3** | *HLTH 2300: Medical Terminology* | **3** |
|  |  | *EXPH 4900, 4610 or 4620* | **3** |
|  |  |  |  |
| ***Total Credit Hours*** | **15** |  | **15** |