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If you would like to receive our newsletter electronically, please send an e-mail to csdclinic@ohio.edu. Please include your name and e-mail address.

Audiological Services
- Comprehensive Hearing Evaluations
- Balance Assessments
- Auditory Processing Evaluations
- Hearing Aid Selection and Fitting
- Hearing Aid Verification
- Tinnitus Services
- Aural Rehabilitation Services
- Custom Earpieces

Speech-Language Pathology Services
- Articulation
- Language Disorders/Delays
- Voice
- Stuttering
- Accent Modification
- Swallowing
- Infant Feeding
- Aural Rehabilitation
- School-aged Language

According to the National Poll on Hearing Health:
“Almost half (47 percent) said they had untreated hearing issues. Of those who self-reported a hearing loss, 58 percent felt that “minor hearing difficulties are easy enough to live with untreated.” Over a third (37 percent) agreed that “unless my hearing difficulty is severe, I am unlikely to want to be treated for it.”

Although it seems that many individuals don’t see a compelling reason to be treated for hearing loss, it is still important. Several studies have revealed that individuals who wear hearing aids noticed a significant improvement in their quality of life.

In addition, those who have difficulty hearing tend to avoid social activities and visiting people, which causes loneliness and negative affects on overall health and fitness.

Overall, it is important to treat hearing related issues. Hearing aids can better improve communication abilities, improve one’s quality of life as well as allow individuals to live healthier and active lifestyles.

Dysphagia is a term referring to the difficulty to swallow. It has many possible causes and happens more frequently in older adults.

Swallowing happens in three stages:
1. Oral phase
2. Pharyngeal phase
3. Esophageal phase

Any condition that weakens or damages the muscles and nerves used for swallowing may cause dysphagia. For some people, this requires treatment which may involve muscle exercises to strengthen weak facial muscles or to improve coordination. For others, treatment may involve learning to eat in a special way.

If you or any of your patients experience dysphagia, please contact our clinic for an evaluation and treatment.

8 Tips for Communicating with Someone with a Hearing Loss

Those individuals with hearing loss understand the constant struggle of communication. It is important to remember that even if the individual has hearing aids, it doesn’t mean all sounds become crisp and clear to them again. In order to better improve communication with individuals with hearing loss, keep in mind the following tips:

1. Provide context before and while speaking
2. Get their attention before speaking
3. Make sure they can see your lips when you speak
4. Enunciate clearly and speak at a steady rate
5. Be aware of the surroundings
6. Take turns speaking
7. Be prepared to repeat or rephrase
8. Keep your sense of humor

Hearing Health Magazine, Spring 2015
http://online.qmags.com/HH0415#pg23&mode2