Why add a Coaching minor?

The coaching education minor will provide all students interested in athletic coaching (e.g., youth, interscholastic or intercollegiate) with the opportunity to gain applied experiences and knowledge in the profession. Students with a coaching minor will strengthen their skills and knowledge to be able to assist head coaches and increase their potential for a master’s degree in coaching education.

The minor is open to any student regardless of their chosen major. Education majors are especially encouraged to consider the option.

For more information about the Coaching Education Minor, contact:
Kim McKimmy
kellyk@ohio.edu
(740) 774-7222
About the Minor
The Coaching Education Minor is open to any Ohio University student who has an interest in coaching, whether at the volunteer youth level or varsity-sport level. It is available regardless of Major, although Education majors are especially encouraged. The curriculum focuses on a games approach to coaching; by putting the athlete development first.

Through the use of face-to-face, blended and on-line instruction, all requirements for the Minor may be fulfilled at OUC. Sport specific COED course options may require travel to a different regional campus. To Add the minor, complete an “Application for Update of Academic Program,” which is available from the Hilltopper Advising Center.

Course Information
The following is the curriculum for the Coaching minor. Check the OUC schedule for upcoming courses. For more information contact Kim McKimmy (kellyk@ohio.edu) or Bennett Hall at OUC, Dean’s Office

Core Requirements: 16 hours total; minimum of 2.0 GPA

Part 1: Complete each of the following courses
- COED 2120: Introduction to Coaching (3.0HR)
- COED 2130: Youth and Sports (3.0HR)
- COED 3130: Human Dynamics in Sport (3.0HR)

Part 2: Complete one course
- COED 2920: Practicum in Coaching (1.0-4.0HR)

Part 3: Elective Choices: Students will elect one of the following courses.
- NUTR 1000: Introduction to Nutrition (3.0HR)
- EXPH 1490: Introduction to Exercise Science (3.0HR)
- EDEC 1600: Introduction to Child Development (3.0HR)
- AT 1001: Introduction to Athletic Training (3.0HR)
- PETE 4050: Motor Learning (3.0HR)
- SASM 1010: Introduction to Sport Management (3.0HR)
- SOC 2330: Sociology of Sport (3.0HR)

Part 4: Sport Specific
Complete one Technique and Tactics course (1 hr each). Note: This course is a prerequisite to (or may be taken concurrent with) a “Coaching Of” course.
- COED 2510, 2511, 2512, 2513, 2514, 2515, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618

Part 5: Sport Specific
Complete corresponding “Coaching of” course (2 hr each) to “Techniques and Tactics” Course completed above.
- COED 3510, 3511, 3512, 3513, 3514, 3515, 3610, 3611, 3612, 3613, 3614, 3615, 3616, 3617, 3618

Check the other Regional Campuses for OULN, online and additional offerings.