Greetings!

The PreHealth Advising Center is here to support you as you work toward your career.

Scroll through this newsletter for FAQs and opportunities!

FAQs on COVID-19 and Applying to Health Professions Programs

What about taking classes this semester as "S" rather than a grade?

View the available policies of Health Professions Programs Below

- The documents at the above links are continually being updated.

- When given the option of taking the prerequisite science courses for grades, strongly consider maintaining the grade option.

- If you are not doing well in a pre-req course, you may need to take the S option and retake the course in a later semester.

How are health professions programs going to react to courses that are now online this semester?

This week the American Association of Colleges of Osteopathic Medicine (AACOM), sent a letter to applicants recognizing that these unprecedented times have impacted your path toward medical school. See the full letter [HERE](http://www.example.com).
What changes will there be to my application process?
The link below will take you to a clearinghouse to keep updated on policies/procedures for health professions programs and entrance exams [https://www.naahp.org/covid-19hplinks](https://www.naahp.org/covid-19hplinks)

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Should I take science prerequisite courses this summer if they are online?

It is not recommended, if you have the choice to take them at a later date in person...

- If you want to take a course online, we’d recommend taking an elective of gen ed, so that you can potentially lighten the load in the later term when you take the prerequisite courses.

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I can't shadow, so what else can I do?

Don't give up on learning outside the class! Check out how through:

- **OHIO Office of Community Service.**
- **Volunteermatch.org**
- **Idealist.org**
- **Good Works** --If you're in the Athens area in May, reach out to our local shelter to see how you can help.

Look around you—call or text to check on your neighbors (especially elderly neighbors). Help out a parent who needs childcare. Donate blood

While these may not be the experiences you planned or can even list on an application, we all need to pull together and you can make a difference.

Use this time to reflect on your thoughts, feelings, and actions in a crisis. Contemplate the **Core Competencies** that are sought after in any health profession, and see how you can respond in ways that further develop your strengths.

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Is there a silver lining to the COVID 19 experience?
Sometimes it's hard to imagine a good outcome when a situation seems bleakest. Just remember,

Resilience and Adaptability are characteristics applicants to health professions programs must possess. The AAMC defines these as the ability to...

- demonstrate tolerance of stressful or changing environments or situations and adapt effectively to them
- be persistent, even under difficult situations
- recover from setbacks

Does this sound like you right now? The unprecedented change that COVID-19 has brought to daily life gives us the opportunity to demonstrate these **competencies**.

Getting past this challenge, personally and academically, will be a testament to your resilience and adaptability.
Pre-Dentistry

The 2020-2021 ADEA AADSAS application cycle will open on May 12, 2020.

Click here for COVID-19 updates and FAQs related to applications.

2020 ADEA GoDental Virtual Fair
Date: Tuesday, May 19, 2020
Time: 2:00–9:00 p.m.
Venue: Online

The 2020 ADEA GoDental Virtual Fair is open from 2:00 – 9:00 p.m. Eastern Time.

The 2020 ADEA GoDental Virtual Fair, an event designed to help determine which schools are the best match, connects prospective dental students with dental school representatives. Gain insight into 50+ dental schools, their environment and curriculum, student experience and mission. Use this information to better determine which schools are the best fit for your goals. REGISTER HERE!

Pre-Med

Click here for MCAT Testing Updates

Got a little more time to prep for the MCAT? Check out this FREE MCAT Flashcards study app from Magoosh!

COVID-19 and Applying This Year:

For Osteopathic Programs (DO), click HERE.

For Allopathic Programs (MD), click HERE.

If you are applying this cycle...
It’s time to gather your Letters of Recommendation! Make the process simple by providing your writers with this Recommenders Guide 2020, containing eval info and instructions for submitting letters.

Upcoming Virtual Event:

The University of Queensland and Ochsner Health invites you to learn about the program that leverages the strengths and resources of two world class institutions, The University of Queensland and Ochsner Health, to graduate students with a global perspective on medicine and the ability to practice medicine in all 50 states of the U.S. and Australia.
To learn more about this program including global rankings, admissions requirements, USMLE support, and insights from our current students, visit our [website](#) or email your questions to [ochsner.med@enquire.uq.edu.au](mailto:ochsner.med@enquire.uq.edu.au).

### Pre-Optometry

Updates on the OAT and more can be found [HERE](#).

Information for applicants can be found at [HERE](#). DEADLINES: Many optometry schools/colleges have made changes to their application requirements and deadlines in light of current circumstances. For specific details about any changes in deadlines or application requirements, please see the web page for the individual schools/colleges.

The Virtual Fair is June 2. Meet Representatives from Schools & Colleges of Optometry in a Live Virtual Setting. Register [HERE](#).

### Pre-Pharmacy

The 2020-2021 PharmCAS application for the 2021 entering class is still scheduled to launch on time on July 14, 2020. PharmCAS has modified its 2019-2020 cycle dates to better accommodate applicants and schools during the crisis.

Applicants to Pharmacy programs will find info [HERE](#).

PCAT Info can be found [HERE](#).

Want to know more about this career? Check out [Pharmacy Is Right For Me](#).

### Pre-PA

The 2020–21 CASPA application cycle will open to applicants on April 30. However, many PA programs are still trying to determine how to adapt their admissions process to be accommodating in these unprecedented times.

Updated PA-CAT information can be found [HERE](#).

### Pre-Physical Therapy

Applying to PT this year? See this [important update on admission policy](#) from the Ohio University Physical Therapy Program!

Look here for [GRE Testing Updates](#).
Pre-Vet

COVID-19 Updates and information for this year's Vet Med Applicants [Here].

**Summer Veterinary Course Offered at the University of Florida**

Online classes for undergraduate students who want to pursue a career in veterinary medicine. Classes include 'The Dog,' 'The Horse,' and 'Aquatic Wildlife Health Issues.' For more information, contact Dr. Patrick Larkin via email.

Look here for [GRE Testing Updates]

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**Academic Help**

The Academic Advancement Center is offering Remote Tutoring

How to access remote tutoring:

- Use TutorTrac.
- Call the Academic Achievement Center at 740.593.2644.

Your tutor will send you an email including a link to your tutoring appointment, which will be a Teams meeting. You and your tutor will be able to use chat, audio and/or video features, share documents, and work together on the whiteboard.

For help with BIOLOGICAL SCIENCES:

The BARR will keep its normal weekly hours 1pm-5pm M-F online! BIOS Peer Advisors will be available to help you during these times with any intro BIOS work!

Instructions on how to continue utilizing this resource can be found [HERE].

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**Pre-Health Resources**

Visit Explorehealthcareers.org to learn more about any career in healthcare.

Let’s Talk About Your Plan

The PreHealth Advising Center is working remotely. You are able to schedule an appointment with Ann LaComb via Teams using the link below.

[Book PreHealth Advising Appointment]

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