The PreHealth Advising Center is here to support Ohio University students and alumni working toward a career in healthcare.

FAQs on COVID-19 and Applying to Health Professions Programs

Is there a silver lining to the COVID-19 experience?  
Sometimes it's hard to imagine a good outcome when a situation seems bleakest. Just remember, Resilience and Adaptability are characteristics applicants to health professions programs must possess. The AAMC defines these as the ability to...

- demonstrate tolerance of stressful or changing environments or situations and adapt effectively to them
- be persistent, even under difficult situations
- recover from setbacks

Does this sound like you right now? The unprecedented changes that COVID-19 has brought to daily life gives us the opportunity to hone and demonstrate these core competencies.

Getting past this challenge, personally and academically, will be a testament to your resilience and adaptability.

What changes will there be to my application process?

- The COVID-19 precautions raise a lot of questions about preparing and applying for health professions programs. The link below will take you to a clearinghouse for updates on policies/procedures for health professions programs and entrance exams
  - **https://www.naahp.org/covid-19hplinks**

How are health professions programs going to react to courses that are now online this semester?  
Nothing about this transition from in-person to online is easy, and health professions programs understand that none of this was a choice! Everyone is trying to be flexible right now, professional school admissions included.

- This new style of learning may prove beneficial down the road, since many health professions programs are using online learning within their curricula
In medicine, you will often be required to perform under stress and in unexpected circumstances, as you are this semester, so navigating through this semester will provide a new level of experience for you.

What about taking classes this semester as Satisfactory/No Credit? Schools are being flexible and open minded in these unprecedented times. See the most updated info on individual programs below:

- Allopathic Medical Schools COVID-19 P/F Policies
- US Dental Schools - COVID-19 P/F Policies
- US Optometry Schools - COVID-19 P/F Policies
- US Physician Assistant Schools - COVID-19 P/F Policies
- US Veterinary Schools - COVID-19 P/F Policies
- Osteopathic Medical Schools COVID-19 P/F Policies

When given the option of taking the prerequisite science courses for grades, the PreHealth Advising Center recommends that you consider maintaining the grade option. Possibly S/NC other courses, which would allow for more time to focus on those science prereq courses. We understand that circumstances like illness, lack of access to appropriate resources, or other hardships could prevent you from performing at the level you wish. Contact the PreHealth Advisor if you would like to discuss your options.

Should I take science prerequisite courses this summer if they are online? It is not recommended, if you have the choice to take them at a later date in person...

- Many medical schools will not accept online prerequisites, and they're more likely to question the rigor of these courses
- If you want to take a course online, we'd recommend taking an elective of gen ed, so that you can potentially lighten the load in the later term when you take the prerequisite courses.

I can’t shadow, so what else can I do?

Don’t give up on learning outside the class! Volunteer virtually! Check out how through:

- OHIO Office of Community Service
- volunteermatch.org
- idealist.org
- Looking around you—call or text to check on your neighbors (especially elderly neighbors). Help out a parent who needs childcare. Donate blood

While these may not be the experiences you planned or can list on an application, we all need to pull together and you can make a difference. Use this time to reflect on your thoughts, feelings, and actions in a crisis. Contemplate the Core Competencies and see how you can respond in ways that further develop your strengths.
# Pre-Dentistry

The 2020-2021 ADEA AADSAS application cycle will open on May 12, 2020.  
[Click here](#) for COVID-19 updates and FAQs related to applications.

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# Pre-Med

[Click here for MCAT Testing Updates](#)  
For Applicants to Osteopathic Programs (DO), click [HERE](#) for info.  
For Applicants to Allopathic Programs (MD), click [HERE](#) for more info.

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# Pre-Optometry

- Updates on the OAT and more can be found [HERE](#).  
- Information for applicants can be found at [HERE](#).  
- **DEADLINES:** Many optometry schools/colleges have made changes to their application requirements and deadlines in light of current circumstances. For specific details about any changes in deadlines or application requirements, please see the web page for the individual schools/colleges.

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# Pre-Pharmacy

Applicants to Pharmacy programs will find info [HERE](#).  
PCAT Info can be found [HERE](#).

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# Pre-PA

[PAEA COVID-19 Updates for Applicants](#)  
Look here for [GRE Testing Updates](#).

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# Pre-Physical Therapy

[PTCAS COVID-19 Updates](#)  
Look here for [GRE Testing Updates](#).

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# Pre-Vet

COVID-19 Updates and information for this year's Vet Med Applicants [Here](#).

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# Academic Help
The Academic Advancement Center is offering Remote Tutoring

How to access remote tutoring:
- Use TutorTrac.
- Call the Academic Achievement Center at 740.593.2644.

Your tutor will send you an email including a link to your tutoring appointment, which will be a Teams meeting. You and your tutor will be able to use chat, audio and/or video features, share documents, and work together on the whiteboard.

Biological Sciences Help:
The BARR will keep its normal weekly hours 1pm-5pm M-F online!
BIOS Peer Advisors will be available to help you during these times with any intro BIOS work!

Instructions on how to continue utilizing this resource can be found HERE.

Get Connected

Let's Talk About Your Plans
The PreHealth Advising Center is working remotely. Schedule an appointment with Ann LaComb via Teams using the link below.

Book Appointment

OHIO UNIVERSITY
Athens, Ohio 45701
740.593.1000