I AM RIGHT. YOU ARE WRONG. Understanding Ethics & Values

Knowing how your values and ethics can influence your actions is the key to self awareness. By working in small groups, while taking time to assess personal values, participants in this workshop will get a chance to delve more deeply into the gray of ethical leadership. Through facilitated discussion and interactive group activities, participants will learn the power values can have in decision making and the ethics that drive their multidimensional community.

BUILDING AN AWESOME TEAM Understanding Team Development

Have you ever been a part of an awesome team, and do you know what made it awesome? Learning the foundational knowledge of the natural life cycle of a team can benefit anyone at any level, especially those who have a desire to be part of an awesome team. This interactive workshop will empower participants to improve the functionality of any group or organization with whom they work by helping them understand how teams function and why they succeed and fail.

GET IT TOGETHER Understanding Emotional Intelligence

Have you ever overreacted to a situation or hurt someone’s feelings unintentionally? Emotional Intelligence describes the ability, capacity and skill to identify, assess, and manage your emotions in any given situation. During this workshop, participants will understand ways to better lead and contribute to groups in an emotionally intelligent way, while becoming more self-aware through pair and share active listening activities.