

Cincinnati State – Ohio University Plan

Integrated Healthcare Studies Pathway

The Integrated Healthcare Studies (IHS) major is designed as a completion degree for individuals who have completed at least 60 semester hours in an allied health-related discipline; or for those students who have started an undergraduate health related program and have decided a more general health degree better suits their educational goals. The IHS program provides students a pathway to continue their education, increase career possibilities, and creates a pathway to graduate education. The Integrated Healthcare Studies program responds to the need of an increasingly complex state of the American healthcare system by providing opportunities for students to acquire vital knowledge and skills that will be critical in practicing and navigating the healthcare system. Not only is the healthcare system becoming more complex; healthcare professions, and healthcare support, are among the fastest growing occupations with the increased expectation that higher levels of education will be required.

Online Convenience. Ohio University Quality.

- Review study materials and submit assignments online.
- Learn from distinguished professors with clinical experience.
- Progress through the degree in consultation with an Ohio University academic advisor.
- Flexibility to choose classes for your specific needs and most IHS courses are held in 7-week increments.

Admission Requirements

- Any associate degree or 60 semester (90 total quarter) hours in a health-related field from a regionally accredited college or university.
- Students must have completed at least one course in each of the following areas: 1) mathematics, logic, statistics, or quantitative reasoning 2) English composition 3) biological or natural sciences and 4) psychology, sociology, social work, or social sciences.
- Students must have completed at least 9 semester hours in additional courses with a health or medical focus such as: First Aid and CPR/AED, Medical Terminology, and courses with the Ohio University prefixes BIOS (Biological Sciences), HTCH (Health Technology), MAT (Medical Assisting Technology), HST (Human Services Technology) or HLTH (Health). Others will be considered.
- A minimum combined GPA of 2.67 (B-) from all prior college-level coursework.
- All official transcripts submitted to Ohio University at the time of application.

Application Information

Apply online ohio.edu/admissions/apply

Students can complete this program through OHIO Online or Athens campus.

Submit all college-level transcripts to:

Undergraduate Admissions
Ohio University
Chubb Hall 120
1 Ohio University Drive
Athens, OH 45701

Ohio University Contact Information

Undergraduate Admissions 740.593.4100

E-mail general questions to transfer@ohio.edu

For more information visit www.ohio.edu/cincinnatiastate





Degree Requirements

To qualify for the Bachelor of Science, Integrated Healthcare Studies major, a student must have completed all Ohio University graduation requirements: general education, College, major, and residency. Students must complete minimum of 30 semester credit hours of Ohio University credit and a minimum of 50% of the major course requirements at Ohio University.

Ohio University BRICKS General Education Requirements

BRICKS is Ohio University's general education program, and requirements must be fulfilled by all baccalaureate degree students. BRICKS includes a minimum of 38 credit hours across five categories: Foundations, Pillars, Arches, Bridges, and Capstone. Courses used to satisfy BRICKS requirements may be completed through Cincinnati State or OHIO Online. The table below lists Cincinnati State courses that have direct course equivalencies at Ohio University which meet BRICKS requirements. General education courses that may also satisfy program requirements are inside brackets. HIST courses marked with an asterisk (*) will automatically equate to fill Pillars Humanities Texts and Contexts, but may alternately equate to fill Pillars Social and Behavioral Sciences. Work with your academic advisor to make adjustments.

OHIO BRICKS Requirement	Cincinnati State Course Numbers
FOUNDATIONS	Take one course from each listed category
Written Communication	ENG 101, ENG 101A
Advanced Writing	ENG 102, ENG 103, ENG 104, ENG 105
Quantitative Reasoning	MAT 105, MAT 105A, MAT 131, MAT 131A, MAT 132, MAT 141, MAT 151, MAT 151A, MAT 152, MAT 153, MAT 161, MAT 215, MAT 252
Intercultural Explorations	GEO 105, GEO 110, HST 102*, HST 162*; THE 110
PILLARS	Take one course from each listed category (minimum 3 credits each)
Humanities: Texts and Contexts	HST 101*, HST 102*, HST 161*, HST 162*; LIT 200, LIT 220, LIT 251, LIT 252, LIT 261, LIT 262; PHI 105, PHI 110
Humanities: Arts	ART 111; MUS 102; THE 110
Natural Sciences	BIO 131, BIO 132, BIO 151, BIO 220; CHE 110, CHE 111, CHE 121 and CHE 131; EVS 110, EVS 120; PHY 151, PHY 201; PSC 110
Social or Behavioral Sciences	ECO 105, ECO 110; GEO 115; HST 102*, HST 111, HST 112, HST 162*; POL 101; [PSY 110]; SOC 105
ARCHES	Take one course from each listed category (minimum 3 credits each)
Constructed World	ART 112; COMM 130; MAT 251; MUS 110; THE 105
Natural World	BIO 152; CHE 115, CHE 122 and CHE 132; PHY 152, PHY 202; PSC 105
Connected World	CRJ 105; ECE 145; [GEO 105], [GEO 110]; [PSY 200], PSY 205, [PSY 210], [PSY 220]; SOC 110, SOC 115
BRIDGES	Take one course from each listed category (minimum 1 credit each)
Speaking and Listening	[COMM 110]
Ethics and Reasoning	[COMM 110]
Diversity and Practice	ART 112; [COMM 110], COMM 130; PSY 215; SOC 200
Learning and Doing	[SWK 200]
CAPSTONE	Minimum 2 credits (no current equivalencies)

BRICKS and the Ohio Transfer 36 or Prior Degree Completion

Students who complete the minimum requirements of the Ohio Transfer 36 (OT36, formerly the Ohio Transfer Module), an Associate of Arts (AA), Associate of Science (AS), or bachelor's degree from an accredited institution* prior to enrollment in a degree-seeking program at Ohio University will receive transfer credit equivalent to fulfilling Ohio University's BRICKS general education requirements in Foundations (excluding the Advanced Writing component, which requires completion of an equivalent course), Pillars, and Arches.



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Athens OH 45701-2979

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www.ohio.edu



Students who have not completed the OT36 or an approved degree will have their courses evaluated individually to determine appropriate general education requirement fulfillment. *Institutions must be accredited by regional accrediting commissions recognized by the Council on Higher Education Accreditation (CHEA) to qualify.

Integrated Healthcare Major Courses

Choose no more than 3 total courses at Cincinnati State

Foundational Courses

Complete all four courses with a minimum combined 2.0 GPA

Courses completed through Cincinnati State or OHIO Online.

OHIO Course Name	OHIO Course Number	Cincinnati State Course Number
Introduction to Public Health	HLTH 2000	
Survey of Human Disease	IHS 3020	
Overview of Healthcare Advocacy	IHS 3240	
Research and Evidence-based Practice in Healthcare	IHS 3520	

Healthcare Professions and Services Courses

Complete two courses. Courses completed through Cincinnati State or OHIO Online.

OHIO Course Name	OHIO Course Number	Cincinnati State Course Number
Introduction to Communication Disorders	CSD 1080	
Foundations of Health Education	HLTH 2030	HFT 130
Health System Organization, Financing, and Delivery	HLTH 2170	
Introduction to Nutrition	NUTR 1000	DT 120
Introduction to Social Work and Social Welfare	SW 1000	SWK 110

Professional Skills Development Courses

Complete one course in each area. Courses completed through Cincinnati State or OHIO Online.

General education courses that may also satisfy program requirements are inside brackets [].

OHIO Course Name	OHIO Course Number	Cincinnati State Course Number
Interprofessional Education and Practice in Healthcare (complete one of the following):	HDFS 4070, IHS 2112, [IHS 2220], IHS 2820, IHS 3250, [IHS 4430], IHS 4510, IHS 4518	
Leadership and Critical Thinking (complete one of the following):	[EH 4710], [IHS 2215], IHS 4200, IHS 4303, [IHS 4447], HLTH 3350, [HLTH 4445], [T3 4725]	
Communication (complete one of the following):	[HLTH 3400J], [IHS 3700], [NRSE 3700J]	
Additional Communication Requirement (complete one of the following):	[COMS 1030], COMS 2040, COMS 2050, COMS 2060, COMS 3060, COMS 3400, COMS 3410, COMS 4110, CSD 1110, CSD 1120, EH 4000, HLTH 2300	COMM 105, [COMM 110], COMM 205, MCH 101 or MCH 102 or MCH 104



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Healthcare Perspectives Courses

Complete all of the following courses through Cincinnati State or OHIO Online

OHIO Course Name	OHIO Course Number	Cincinnati State Course Number
Sociocultural (complete a minimum of four courses from the following):	[AAS 4693], HDFS 2710, HDFS 3800, HDFS 4640, HDFS 4670, HDFS 4760, [COMS 1100 or COMS 1100C], [CSD 2140], CSD 3000, HLTH 2020 or HLTH 2020C, HLTH 2040, HLTH 2050, HLTH 2100, HLTH 2901, [HLTH 2230], IHS 3403, [IHS 3600], IHS 4245, [IHS 4246], IHS 4400, IHS 4404, [IHS 4514], NUTR 4320, NUTR 4932, NUTR 4960, [SW 2601C], SW 3263, SW 3273, SW 3293, T3 4300	[SWK 200]
Global (complete a minimum of two courses from the following):	[BIOS 2250], BIOS 4440, [GEOG 1310], HLTH 2150, HLTH 4120, [IHS 2190], [IHS 2210], IHS 2235, [IHS 2290], [IHS 3010], IHS 3222, INST 2700, NRSE 2420	[GEO 105] or [GEO 110]

Additional Requirements

Complete the following courses to reach a total of 120 credit hours through Cincinnati State or OHIO Online

OHIO Course Name	OHIO Course Number	Cincinnati State Course Number
Electives (Complete at least 4 courses). Elective coursework provides students with opportunities to explore areas of interest, complete general education requirements, or earn credits toward a certificate or minor.	Work with Academic Advisor for appropriate course selection: [BIOS 1030], [BIOS 2210], EH 3200, HTCH 2000, HLTH 3400, HST 2980, IHS 3521, [IHS 3934], [PSY 1010], [PSY 1110], [PSY 2210], [PSY 2410], [PSY 2510], [PSY 2710], PSY 3250, [PSY 4720]	[DT 1231], [PSY 110], [PSY 210], [PSY 200], [PSY 220]
Capstone (BRICKS Capstone courses may also satisfy program requirements)	[AAS 4693], [EH 4710], [IHS 4430], [IHS 4447], [PSY 4720], [T3 4725]	

Disclaimer:

The information on this guide is based on the catalog requirements posted in the 2025-2026 Ohio University catalog and related Cincinnati State equivalents as of the Last Updated date. All information is subject to change without notice. Students must complete a minimum of 120 total semester hours, are responsible for tracking their degree completion on their DARS, and are encouraged to work with an Ohio University academic advisor in their degree planning. Courses are subject to availability at each institution. It is suggested that students meet with an advisor to discuss course selection based on offered options.

Last Updated: 6/20/2025