

Columbus State Community College – OHIO University Plan

Bachelor of Science: Recreation and Sport Services Pathway

The Recreation and Sport Services degree is offered through Ohio University's Department of Recreation, Sport Pedagogy, and Consumer Sciences on the Eastern campus, Lancaster campus, and Zanesville campus. This major provides a broad background in the recreation sports professions preparing graduates for meaningful employment in the field of sports and recreation. Courses emphasize practical skills in leadership, critical thinking, and creative problem solving within the Liberal Arts tradition, which are also transferrable to a wide range of non-recreation employment opportunities. The flexibility in course selection, along with the requirement for a minor or certificate, allows students to tailor the degree towards their personal needs and interests, thus enhancing their potential to meet community job market demands. Students who follow advising guidelines may be able to complete two minors or a double major. The Bachelor of Science: Recreation and Sport Services major, may also serve as a degree completion program for transfer students with an associate degree with an emphasis in sport, recreation, or fitness.

Admission Requirements

- No additional requirements beyond University admission requirements for freshman or transfer admission.
- Transfer applicants must have a cumulative grade-point average of 2.0 or higher from all institutions previously attended to be considered for admission. If you have completed fewer than 20 semester hours of 30 quarter hours of university or college coursework, you must also submit your high school transcript for evaluation.
- Official transcripts sent directly to Ohio University from all colleges and universities you have attended.

Application Information

Apply online ohio.edu/admissions/apply

Students can complete this program through OHIO regional campus

Submit all college-level transcripts to:

Undergraduate Admissions
Ohio University
Chubb Hall 120
1 Ohio University Drive
Athens, OH 45701

Ohio University Contact Information

Undergraduate Admissions

740.593.4100

E-mail general questions to

transfer@ohio.edu

For more information visit www.ohio.edu/csc



OHIO
UNIVERSITY

Undergraduate Admissions
Chubb Hall 120
1 Ohio University Drive
Athens OH 45701-2979

T: 740.593.4100
www.ohio.edu

Graduation Pathway: CSCC Associate of Applied Science (AAS) Sports and Exercise Studies- Exercise Science track to Ohio University Bachelor of Science: Recreation and Sport Services (BS)

Columbus State Community College Courses

An asterisk (*) designates a course substitution, not a course equivalent.

A tilde sign (~) designates a requirement waiver, not a course equivalent.

OHIO courses that may satisfy Ohio University BRICKS General education requirements are inside brackets.

Semester 1

Semester 1 Columbus State Community College	Semester Hours	OHIO Equivalent
SES 1104, 1105, 1106, 1108, 1109, 1110, or 1112 (select 1)	1.0	PAW 1XXL*
ENG 1100 Composition I	3.0	[ENG 1510]
MATH 1148 College Algebra	4.0	[MATH 1200]
COLS 1100 First Year Experience Seminar	1.0	UC 1XXL
BIO 1121 Anatomy & Physiology I	4.0	[BIOS 1300]
Total	13.0	

Semester 2

Semester 2 Columbus State Community College	Semester Hours	OHIO Equivalent
SES 1100 Personal Fitness Concepts	3.0	EXPH 1490
SES 1101 Introduction to Sport & Exercise Science	3.0	EXPH 1490
SES 1104, 1105, 1106, 1108, 1109, 1110, or 1112 (select 1)	1.0	PAW 1XXL*
HNTR 1153 Nutrition for a Healthy Lifestyle	3.0	NUTR 1000
PSY 1100 Introduction to Psychology	3.0	[PSY 1010]
Total	13.0	

Semester 3

Semester 3 Columbus State Community College	Semester Hours	OHIO Equivalent
SES 2415 Advanced Strength & Resistance Training Concepts	4.0	PAW 1XXL*
SES 2440 Exercise Physiology	4.0	SASM 2XXL
BIO 1122 Anatomy & Physiology II	4.0	[BIOS 1310]
COMM 1105 Oral Communication (meets OHIO BRICKS Bridges Speaking & Listening, Ethics & Reasoning, and Diversity & Practice requirements)	3.0	[COMS 1030]
Total	15.0	

Semester 4

Semester 4 Columbus State Community College	Semester Hours	OHIO Equivalent
SES 2426 Athletic Injury Control & First Aid	3.0	SASM 2XXL
SES 2437 Health Promotion or SES 2438 Fitness Concepts Across the Lifespan	3.0	SASM 2XXL
SES 2535 Sport Law	3.0	PAW 2XXL
Social or Behavioral Science Elective. Choose one: ANTH 2202, ECON 2200, GEOG 2400, POLS 1100, SOC 1101. (ANTH 2202 recommended to meet OHIO BRICKS Arches: Connected World.)	3.0	
English Composition II. Choose one: COMM2200, ENG 2367, ENG 2567, ENG 2667 or ENG 2767 (OHIO BRICKS Foundations: Advanced Writing)	3.0	[BA 1500] or [ENG 2800]
Total	15.0	



Semester 5

Semester 5 Columbus State Community College	Semester Hours	OHIO Equivalent
SES 2441 Kinesiology	4.0	
SES 2442 Exercise Prescription & Quantitative Analysis	3.0	
SES 2950 SES Practicum/Seminar	2.0	SASM 2XXL
Arts or Humanities Elective. Choose one from the list of approved GE-Arts/Humanities courses. (Recommended: select a course that will meet either the OHIO BRICKS Pillars Humanities: Arts or Pillars Humanities: Texts and Contexts requirement. Consult with your academic advisor for course selection.)	3.0	Work with Academic Advisor for appropriate course selection
Total	12.0	

Bachelor of Science: Recreation and Sport Services Degree Requirements

To qualify for the Bachelor of Science: Recreation and Sport Services major degree, a student must complete all Ohio University graduation requirements: general education, College, major, and residency. Students must earn a minimum of 30 semester hours of Ohio University credit, complete a minimum of 50% of the major course requirements at Ohio University, and complete a minimum of 120 total semester hours for graduation (elective hours may be required) with a 2.0 GPA. Students are responsible for tracking their degree completion on their DARS, and are encouraged to work with an Ohio University academic advisor in their degree planning.

Ohio University Bachelor of Science: Recreation and Sport Services Courses

Recreation Core Requirements

Complete the following courses with an average GPA of 2.0:

OHIO Course Name	OHIO Course Number	CSCC Course Number
Intro to Parks, Recreation, and Leisure	[REC 2010]	
Outdoor Recreation & Education	REC 2150	
Inclusive Recreation OR Principles of Aging, Physical Activity, and Recreation	[RSP 2750] OR [REC 4210]	
Festival & Special Event Operations	REC 3630	

Sport and Physical Activity Core Requirements

Complete the following courses with an average GPA of 2.0:

OHIO Course Name	OHIO Course Number	CSCC Course Number
Cultural Perspectives of Physical Activity	[PETE 2000]	
Youth and Sports	COED 2130	
Sport and Physical Activity Skill Development	RSS 2000	
Ethics and Risk Management in Recreation and Sport	RSS 3010	

Consumer Awareness Core Requirements

Complete the following courses with an average GPA of 2.0:

OHIO Course Name	OHIO Course Number	CSCC Course Number
Families as Consumers in Global Communities	[CONS 2500]	
Career Development for Service Professionals	CONS 3890	
Marketing Principles	MKT 2020	
Introduction to Management	MGT 2000	BMGT 1111



Experiential Learning in Recreation and Sport Services Requirements

Complete the following courses with an average GPA of 2.0:

OHIO Course Name	OHIO Course Number	CSCC Course Number
Any 2 one-credit hour REC 1000-Level courses	REC 1XXX	
Practicum in Recreation	[REC 4920]	
Capstone in Recreation and Sport Services	[RSS 4500]	

Additional Requirements

Complete the following courses:

OHIO Course Name	OHIO Course Number	CSCC Course Number
General Elective (optional)		View General education Guide for course options

Minor or Certificate Requirement

All RSS majors are required to complete a minor or certificate program in consultation with their advisor. Students transferring to Ohio University with an associate or baccalaureate degree may apply in writing to the Program Coordinator to have the minor/certificate requirement waived. The following minors and certificates are relevant and feasible for RHE students to pursue. Those minors and certificates listed below can further enhance students' marketability for prospective jobs post-graduation. Minors and certificates vary in delivery modality (In-person or online). Students are free to choose an alternative minor or certificate in consultation with their academic advisor.

- Communication Studies
- English
- Global Health
- Human Resource Management
- Health Service Administration
- Marketing
- Psychology
- Sociology
- Technical Project Management

Electives

Complete additional courses to fulfill the University's 120 credit hour graduation requirement. Selection of elective courses should be done in consultation with a student's academic advisor to help meet students' professional and academic goals.

Ohio University BRICKS General Education Requirements

BRICKS is Ohio University's general education program, and requirements must be fulfilled by all baccalaureate degree students. BRICKS includes a minimum of 38 credit hours across five categories: Foundations, Pillars, Arches, Bridges, and Capstone. Courses used to satisfy BRICKS requirements may be completed through Columbus State Community College or OHIO Online. The table below lists Columbus State Community College courses that have direct course equivalencies at Ohio University which meet BRICKS requirements. General education courses that may also satisfy program requirements are inside brackets HIST courses marked with an asterisk (*) will automatically equate to HIST 1320 and/or HIST 1330, but may instead equate to HIST 1210 and/or HIST 1220. Work with your academic advisor to make adjustments as necessary.



BRICKS and the Ohio Transfer 36 or Prior Degree Completion

Students who complete the minimum requirements of the Ohio Transfer 36 (OT36, formerly the Ohio Transfer Module), an Associate of Arts (AA), Associate of Science (AS), or bachelor's degree from an accredited institution* prior to enrollment in a degree-seeking program at Ohio University will receive transfer credit equivalent to fulfilling Ohio University's BRICKS general education requirements in Foundations (excluding the Advanced Writing component, which requires completion of an equivalent course), Pillars, and Arches. Students who have not completed the OT36 or an approved degree will have their courses evaluated individually to determine appropriate general education requirement fulfillment. *Institutions must be accredited by regional accrediting commissions recognized by the Council on Higher Education Accreditation (CHEA) to qualify.

Disclaimer:

The information on this guide is based on the catalog requirements posted in the 2025-2026 Ohio University catalog and related Columbus State Community College equivalents as of the Last Updated date. All information is subject to change without notice. Students must complete a minimum of 120 total semester hours, are responsible for tracking their degree completion on their DARS, and are encouraged to work with an Ohio University academic advisor in their degree planning. Courses are subject to availability at each institution. It is suggested that students meet with an advisor to discuss course selection based on offered options.

Last Updated: 6/30/2025



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