



Central Ohio Technical College – Ohio University Plan

Integrated Healthcare Studies Pathway

The Integrated Healthcare Studies (IHS) major is designed as a completion degree for individuals who have completed at least 60 semester hours in an allied health-related discipline; or for those students who have started an undergraduate health related program and have decided a more general health degree better suits their educational goals. The IHS program provides students a pathway to continue their education, increase career possibilities, and creates a pathway to graduate education. The Integrated Healthcare Studies program responds to the need of an increasingly complex state of the American healthcare system by providing opportunities for students to acquire vital knowledge and skills that will be critical in practicing and navigating the healthcare system. Not only is the healthcare system becoming more complex; healthcare professions, and healthcare support, are among the fastest growing occupations with the increased expectation that higher levels of education will be required.

Online Convenience. Ohio University Quality.

- Review study materials and submit assignments online.
- Learn from distinguished professors with clinical experience.
- Progress through the degree in consultation with an Ohio University academic advisor.
- Flexibility to choose classes for your specific needs and most IHS courses are held in 7-week increments.

Admission Requirements

- Any associate degree or 60 semester (90 total quarter) hours in a health-related field from a regionally accredited college or university.
- Students must have completed at least one course in each of the following areas: 1) mathematics, logic, statistics, or quantitative reasoning 2) English composition 3) biological or natural sciences and 4) psychology, sociology, social work, or social sciences.
- Students must have completed at least 9 semester hours in additional courses with a health or medical focus such as: First Aid and CPR/AED, Medical Terminology, and courses with the Ohio University prefixes BIOS (Biological Sciences), HTCH (Health Technology), MAT (Medical Assisting Technology), HST (Human Services Technology) or HLTH (Health). Others will be considered.
- A minimum combined GPA of 2.67 (B-) from all prior college-level coursework.
- All official transcripts submitted to Ohio University at the time of application.

Application Information

Apply online ohio.edu/admissions/apply

Students can complete this program through OHIO Online or Athens campus.

Submit all college-level transcripts to:

Undergraduate Admissions

Ohio University

Chubb Hall 120

1 Ohio University Drive

Athens, OH 45701

Ohio University Contact Information

Undergraduate Admissions 740.593.4100

E-mail general questions to transfer@ohio.edu

For more information visit www.ohio.edu/cotc



OHIO
UNIVERSITY

Undergraduate Admissions
Chubb Hall 120
1 Ohio University Drive
Athens OH 45701-2979

T: 740.593.4100
www.ohio.edu



Degree Requirements

To qualify for the Bachelor of Science, Integrated Healthcare Studies major, a student must have completed all Ohio University graduation requirements: general education, College, major, and residency. Students must complete minimum of 30 semester credit hours of Ohio University credit and a minimum of 50% of the major course requirements at Ohio University.

Ohio University BRICKS General Education Requirements

BRICKS is Ohio University's general education program, and requirements must be fulfilled by all baccalaureate degree students. BRICKS includes a minimum of 38 credit hours across five categories: Foundations, Pillars, Arches, Bridges, and Capstone. Courses used to satisfy BRICKS requirements may be completed through Central Ohio Technical College or OHIO Online. The table below lists Central Ohio Technical College courses that have direct course equivalencies at Ohio University which meet BRICKS requirements. General education courses that may also satisfy program requirements are inside brackets. HIST courses marked with an asterisk (*) will automatically equate to HIST 1320 and/or HIST 1330, but may instead equate to HIST 1210 and/or HIST 1220. Work with your academic advisor to make adjustments as necessary.

OHIO BRICKS Requirement	COTC Course Numbers
FOUNDATIONS	Take one course from each listed category
Written Communication	ENGL 100, ENGL 112, ENGL 112C
Advanced Writing	BUS 207; ENGL 101, ENGL 113
Quantitative Reasoning	MATH 123, MATH 123C, MATH 130, MATH 130C, MATH 140, MATH 140C, MATH 150, MAT 161; PHIL 105
Intercultural Explorations	No current equivalencies
PILLARS	Take one course from each listed category (minimum 3 credits each)
Humanities: Texts and Contexts	ENGL 211, ENGL 212, ENGL 221, ENGL 222; PHIL 150
Humanities: Arts	No current equivalencies
Natural Sciences	BIO 120, BIO 121, BIO 130, BIO 160, BIO 161, BIO 200; CHEM 101, CHEM 110; PHYS 112
Social or Behavioral Sciences	BHS 100; ECON 105, ECON 110; HIST 100, HIST 112, HIST 150, HIST 151, HIST 162; [PSY 100]; SOC 100
ARCHES	Take one course from each listed category (minimum 3 credits each)
Constructed World	MATH 200
Natural World	BIO 131; CHEM 111; PHYS 105
Connected World	ECE 141; LET 100; [PSY 200], [PSY 210], [PSY 220]; SWA 200
BRIDGES	Take one course from each listed category (minimum 1 credit each)
Speaking and Listening	[SPCH 100], [SPCH 205]
Ethics and Reasoning	BUS 106; LET 105; [SPCH 100], [SPCH 205]
Diversity and Practice	SOC 110; [SPCH 100], [SPCH 205]
Learning and Doing	SWA 150
CAPSTONE	Minimum 2 credits (no current equivalencies)

BRICKS and the Ohio Transfer 36 or Prior Degree Completion

Students who complete the minimum requirements of the Ohio Transfer 36 (OT36, formerly the Ohio Transfer Module), an Associate of Arts (AA), Associate of Science (AS), or bachelor's degree from an accredited institution* prior to enrollment in a degree-seeking program at Ohio University will receive transfer credit equivalent to fulfilling Ohio University's BRICKS general education requirements in Foundations (excluding the Advanced Writing component, which requires completion of an equivalent course), Pillars, and Arches. Students who have not completed the OT36 or an approved degree will have their courses evaluated individually to determine appropriate general education requirement fulfillment. *Institutions must be accredited by regional accrediting commissions recognized by the Council on Higher Education Accreditation (CHEA) to qualify.





Integrated Healthcare Major Courses

Choose no more than 3 total courses at Central Ohio Technical College

Foundational Courses

Complete all four courses with a minimum combined 2.0 GPA

Courses completed through Central Ohio Technical College or OHIO Online.

OHIO Course Name	OHIO Course Number	COTC Course Number
Introduction to Public Health	HLTH 2000	
Survey of Human Disease	IHS 3020	
Overview of Healthcare Advocacy	IHS 3240	
Research and Evidence-based Practice in Healthcare	IHS 3520	

Healthcare Professions and Services Courses

Complete two courses. Courses completed through Central Ohio Technical College or OHIO Online.

OHIO Course Name	OHIO Course Number	COTC Course Number
Introduction to Communication Disorders	CSD 1080	
Foundations of Health Education	HLTH 2030	
Health System Organization, Financing, and Delivery	HLTH 2170	
Introduction to Nutrition	NUTR 1000	HLT 115
Introduction to Social Work and Social Welfare	SW 1000	HSV 100

Professional Skills Development Courses

Complete one course in each area. Courses completed through Central Ohio Technical College or OHIO Online.

General education courses that may also satisfy program requirements are inside brackets [].

OHIO Course Name	OHIO Course Number	COTC Course Number
Interprofessional Education and Practice in Healthcare (complete one of the following):	HDFS 4070, IHS 2112, [IHS 2220], IHS 2820, IHS 3250, [IHS 4430], IHS 4510, IHS 4518	
Leadership and Critical Thinking (complete one of the following):	[EH 4710], [IHS 2215], IHS 4200, IHS 4303, [IHS 4447], HLTH 3350, [HLTH 4445], [T3 4725]	
Communication (complete one of the following):	[HLTH 3400J], [IHS 3700], [NRSE 3700J]	
Additional Communication Requirement (complete one of the following):	[COMS 1030], COMS 2040, COMS 2050, COMS 2060, COMS 3060, COMS 3400, COMS 3410, COMS 4110, CSD 1110, CSD 1120, EH 4000, HLTH 2300	[SPCH 100 or SPCH 205], SPCH 210, HLT 110, ASL 104





Healthcare Perspectives Courses

Complete all of the following courses through Central Ohio Technical College or OHIO Online

OHIO Course Name	OHIO Course Number	COTC Course Number
Sociocultural (complete a minimum of four courses from the following):	[AAS 4693], HDFS 2710, HDFS 3800, HDFS 4640, HDFS 4670, HDFS 4760, [COMS 1100 or COMS 1100C], [CSD 2140], CSD 3000, HLTH 2020 or HLTH 2020C, HLTH 2040, HLTH 2050, HLTH 2100, HLTH 2901, [HLTH 2230], IHS 3403, [IHS 3600], IHS 4245, [IHS 4246], IHS 4400, IHS 4404, [IHS 4514], NUTR 4320, NUTR 4932, NUTR 4960, [SW 2601C], SW 3263, SW 3273, SW 3293, T3 4300	[SWA 150]
Global (complete a minimum of two courses from the following):	[BIOS 2250], BIOS 4440, [GEOG 1310], HLTH 2150, HLTH 4120, [IHS 2190], [IHS 2210], IHS 2235, [IHS 2290], [IHS 3010], IHS 3222, INST 2700, NRSE 2420	

Additional Requirements

Complete the following courses to reach a total of 120 credit hours through Central Ohio Technical College or OHIO Online

OHIO Course Name	OHIO Course Number	COTC Course Number
Electives (Complete at least 4 courses). Elective coursework provides students with opportunities to explore areas of interest, complete general education requirements, or earn credits toward a certificate or minor. Work with Academic Advisor for appropriate course selection	Potential Course Options: [BIOS 1030], [BIOS 2210], [BIOS 2210], EH 3200, HTCH 2000, HLTH 3400, HST 2980, IHS 3521, [IHS 3934], [PSY 1010], [PSY 1110], [PSY 2210], [PSY 2410], [PSY 2510], [PSY 2710], PSY 3250, [PSY 4720]	[PSY 100], [PSY 200], [PSY 210], [PSY 220]
Capstone (BRICKS Capstone courses may also satisfy program requirements)	[AAS 4693], [EH 4710], [IHS 4430], [IHS 4447], [PSY 4720], [T3 4725]	

Disclaimer:

The information on this guide is based on the catalog requirements posted in the 2025-2026 Ohio University catalog and related Central Ohio Technical College equivalents as of the Last Updated date. All information is subject to change without notice. Students must complete a minimum of 120 total semester hours, are responsible for tracking their degree completion on their DARS, and are encouraged to work with an Ohio University academic advisor in their degree planning. Courses are subject to availability at each institution. It is suggested that students meet with an advisor to discuss course selection based on offered options.

Last Updated: 6/30/2025

