REGISTRATION FORM

PLEASE REGISTER ME FOR:

___ Course #1201 Hitting Lessons
   9:30 - 11:30 a.m.

Name: ____________________________
Age: ___________ Grade: __________
Address: __________________________
City: ___________ State: _______ Zip: _______
Phone: _______________ Shirt size: _______
Email: ____________________________

PAYMENT OPTIONS:

___ Cash
___ Check/Money Order
___ PayPal

MAKE CHECKS PAYABLE TO:
Ohio University Chillicothe Softball
101 University Drive
Chillicothe, OH 45601

$45.00 per session registration fee (Please pre-register by contacting the Head Coach at 740.649.8804.)

CONTACT

SOFTBALL HEAD COACH
George Beck
740.649.8804
beckg@ohio.edu

OHIO UNIVERSITY
CHILlicothe

LADY HILlTOPPER SOFTBALL
CLINIC

DECEMBER 29, 2018
LADY HILLTOPPER SOFTBALL CLINIC

The Lady Hilltopper Softball Clinic is designed to teach and strengthen the fundamental skills, techniques, and mechanics required to excel in the game of softball. Each participant will receive training through drills and group instruction.

Techniques and concepts taught at the clinic are intended to broaden each person’s knowledge of the game and provide a solid foundation of fastpitch softball skills for safe, proper, and effective play. Emphasis will be given to the following:

- Bunting
- Hitting mechanics
- Slapping (Right-hand & left-hand)

WHAT YOU WILL LEARN

The hitting will cover fundamental mechanics of the proper grip, stance, and the linear and rotational aspects of the swing. Bunting and slapping will also be covered.

REGISTRATION INFO

TRAINING SITE:
Ohio University Chillicothe
Shoemaker Center Gymnasium
101 University Drive
Chillicothe, OH 45601

RETURN REGISTRATION FORM TO:
Lady Hilltopper Softball Clinic
Ohio University Chillicothe Athletics
101 University Drive
Chillicothe, OH 45601

REFUNDS:
All refunds are subject to a $20.00 processing fee and must be requested a minimum of three business days prior to the clinic. Fees for registrants canceling less than three working days in advance are non-refundable.

EQUIPMENT:
Attendees should wear appropriate softball attire for indoor play. Players will need to bring their own equipment including:

____ Bat (optional)
____ Batting helmet
____ Glove

*Please clearly mark all personal items you plan to bring to the training event.