Reflect on the Self-Assessment Cognitive Style

Instructions
This assessment is designed to get an impression of your cognitive style based on the work of psychologist Carl Jung. For each of the following 12 pairs, place a "1" next to the statement that best describes you. Do this for each pair, even though the description you choose may not be perfect.

1. (a) I prefer to learn from experience.
   (b) I prefer to find meanings in facts and how they fit together.
2. (a) I prefer to use my eyes, ears, and other senses to find out what is going on.
   (b) I prefer to use imagination to come up with new ways to do things.
3. (a) I prefer to use standard ways to deal with routine problems.
   (b) I prefer to use novel ways to deal with new problems.
4. (a) I prefer ideas and imagination.
   (b) I prefer methods and techniques.
5. (a) I am patient with details, but get impatient when they get complicated.
   (b) I am impatient and jump to conclusions, but I am also creative, imaginative, and inventive.
6. (a) I enjoy using skills already mastered more than learning new ones.
   (b) I like learning new skills more than practicing old ones.
7. (a) I prefer to decide things logically.
   (b) I prefer to decide things based on feelings and values.
8. (a) I like to be treated with justice and fairness.
   (b) I like to be praised and to please other people.
9. (a) I sometimes neglect or hurt other people's feelings without realizing it.
   (b) I am aware of other people's feelings.
10. (a) I give more attention to ideas and things than to human relationships.
    (b) I can predict how others will feel.
11. (a) I do not need harmony; arguments and conflicts don't bother me.
    (b) I value harmony and get upset by arguments and conflicts.
12. (a) I am often described as analytical, impersonal, unemotional, objective, critical, hardnosed, rational.
    (b) I am often described as sympathetic, people-oriented, unorganized, uncrirical, understanding, ethical.

Self-Assessment Scoring
Sum your scores as follows, and record them in the parentheses. (Note that the Sensing and Feeling scores will be recorded as negatives.)

(- ) Sensing (S Type) 5 1 2a 1 3a 1 4a 1 5a 1 6a
( ) Intuitive (N Type) 5 1b 1 2b 1 3b 1 4b 1 5b 1 6b
( ) Thinking (T Type) 5 7a 1 8a 1 9a 1 10a 1 11a 1 12a
(- ) Feeling (F Type) 5 7b 1 8b 1 9b 1 10b 1 11b 1 12b

Interpretation
This assessment contrasts personal tendencies toward information gathering (sensation vs. intuition) and information evaluation (feeling vs. thinking) in one's approach to problem solving. The result is a classification of four cognitive styles and their characteristics. Read the descriptions provided in the chapter text and consider the implications of your suggested style, including how well you might work with people whose styles are very different.