RUN and WALK AWARDS
First three overall male/female.
First masters male/female.
Top three of the following age groups:

- 14 & under: 30-34, 50-54
- 20-24: 40-44, 60-64
- 25-29: 45-49, 65-69
- 70+

TEAM COMPETITION
Awards for the top 3 overall teams based on the following guidelines:

1. Teams should consist of a minimum of 3 members, with no maximum limit.
2. Teams can be a combination of runners, walkers, men and women.
3. Team members will be awarded points based on placement in age groups. Winning teams will be based on the best overall score. Ties will be broken by draw.

RIVER CITY KID’S RACES
AGE DISTANCE
3 and Under—50 Meters
4 and 5—100 Meters
6, 7—200 Meters
8, 9—400 Meters
10, 11—400 Meters*

All participants receive a ribbon and patch for Kid’s Series shirt.
NO FEE FOR KID’s RACES!

Isaiah 40:31
But those who wait for the Lord (who expect, look for, and hope in Him) shall change and renew their strength and power; they shall lift their wings and mount up (close to God) as eagles (mount up to the sun); they shall run and not be weary, they shall walk and not faint or become tired. (Amplified Bible)

~~~One of Chuck’s favorite scriptures~~~

Caretakers All
We are here but little time
Poets like me will make their rhyme
The world’s a spinning, devious orb
And this the message to absorb.

That we are part of the glorious plan
To recognize the good in man
To love our neighbors as ourselves
And dust the trophies on our shelves.

Because we’re here to get along
To run, to dance, to sing our song
Helping defuse hot conflicts raging
And running, gosh, combats our aging.

We take each day and with it run
And radiate love, toil, and fun
Whate’er we do we do it well
Our time in now to catch the spell!

Poem from Chuck’s book
A Runner’s Heart
(Used by permission)

CHUCK CORNELIUS MEMORIAL CROSS COUNTRY SCHOLARSHIP RACE
5K RUN & WALK—8:00 AM
SATURDAY JUNE 11, 2011 Vincent, OH
SPONSORED BY

FREE KIDS RACES
RIVER CITY KID’S RACES
To Follow 5K

PART OF THE RUNNING AND WALKING SERIES
and THE RIVER CITY RUNNERS KID’S SERIES
Sponsored by RIVER CITY RUNNERS & WALKERS CLUB

Proceeds go to Warren High School Cross Country Scholarship Fund
DRIVING
DIRECTIONS TO
WARREN HIGH SCHOOL
130 Warrior Dr, Vincent, OH

From Parkersburg, WV: take Memorial Bridge to Belpre, then US-50 W (4.6 miles) to OH-339 ramp toward Beverly. Turn right onto OH-339 North and continue 7.3 miles. Warren High School is on the right.

The race uses the Cross Country trail at Warren High School.

CHUCK CORNELIUS MEMORIAL CROSS COUNTRY SCHOLARSHIP RACE

DATE & TIME: June 11, 2011 8:00 A.M.

$12.00 pre-registrants (postmarked by June 3

$15.00 after June 3 and race day

REGISTRATION: 7:00-7:45 AM Warren High

INFORMATION: contact Tom Kramer at kram37@suddenlink.net or (304) 482-1737

Make check payable to:
River City Runners & Walkers Club
P.O. Box 4496, Parkersburg, WV 26104

There will be a $20 Service Charge on all returned checks.

________________________ MALE    FEMALE
Name (circle one)
_____________________________________________________
Address (circle one)
_____________________________________________________
City, State, Zip
_____________________________________________________
Phone __________________________ Date of Birth __________________________ Age on Race Day __________________________

Team Name (If in team competition)

SHIRT SIZE:

        ☐ S ☐ M ☐ L ☐ XL

Shirt guaranteed to pre-registrants only

WAIVER: In consideration of acceptance, this entry to the Chuck Cornelius Memorial CC Scholarship Race and the River City Kids races, I waive all claims for myself, my heirs and assigns against the River City Runners & Walkers Club, Warren Local School District, Highmark Blue Cross and Blue Shield WV, Gilmore Orthodontics, and race sponsors and promoters for injury or illness which may result from my participation. I attest and verify that I have full knowledge of the risk involved in these events, that I am physically fit and sufficiently trained to participate. I have read the above statement, I understand it and my signature confirms its full acceptance.

_________________________________________/___________
Signature Of Parent or Guardian

M L S XL

DRIVING
DIRECTIONS TO
WARREN HIGH SCHOOL
130 Warrior Dr, Vincent, OH

From Parkersburg, WV: take Memorial Bridge to Belpre, then US-50 W (4.6 miles) to OH-339 ramp toward Beverly. Turn right onto OH-339 North and continue 7.3 miles. Warren High School is on the right.

The race uses the Cross Country trail at Warren High School.

River City Kid’s Races

Free Entry!

DATE & TIME: JUNE 11, 2011 After 5K run/walk at approximately 9:00 A.M.

REGISTRATION: 7:00-8:45 AM Warren High

ALL KIDS RACES ARE FREE!

INFORMATION: contact Tom Kramer at kram37@suddenlink.net or (304) 482-1737

Mail entry to:
River City Runners & Walkers Club
P.O. Box 4496, Parkersburg, WV 26104

________________________ GIRL BOY
Name (circle one)
________________________________________________________
Address ______________________________________________________
City, State, Zip ________________/______________/___________
Phone __________________________ Date of Birth __________________________ Age on Race Day __________________________

E-mail

_____________________________________________________
SHIRT SIZE YOUTH

        ☐ XS ☐ S ☐ M ☐ L ☐ XL

WAIVER: In consideration of acceptance this entry to the Chuck Cornelius Memorial CC Scholarship Race and the River City Kids races, I waive all claims for myself, my heirs and assigns against the River City Runners & Walkers Club, Warren Local School District, Highmark Blue Cross and Blue Shield WV, Gilmore Orthodontics, and race sponsors and promoters for injury or illness which may result from my participation. I attest and verify that I have full knowledge of the risk involved in these events, that I am physically fit and sufficiently trained to participate. I have read the above statement, I understand it and my signature confirms its full acceptance.

_________________________________________/___________
Signature Of Parent or Guardian

Date