From the President’s Pen

First and foremost, I would like to thank all of you for the opportunity to have served you these last two years as President. It has been my honor and pleasure. I hope you will grant the same consideration and support you offered me to our incoming President, Sara Worman. She has done an excellent job these last two years as Program Chair and I am certain she will continue as to do the same as your President.

If you haven’t yet signed up for our Annual Christmas Luncheon served by ‘Forever Special Catering’ Wednesday, December 2, you must call either Bob Dotson at 614-389-4799 or Sheri Scott at 740-879-3233, upon receiving this and definitely no later than Saturday November 29th. The cost remains at $12.00, and payment will be accepted at the door. However, reservations are required.

As always we will have table gifts and special treats, along with fellowship, fun, and Christmas caroling and, for those of you who wish to participate, a gift exchange not to exceed $5.00 please with red wrap for the ladies and green for the gents is planned.

For your convenience, you may also include your 2016 dues with your dinner reservation. They are due between now and the first of January. Unlike other items that seem to be continually rising in cost, they are still only $15.00.

I hope you had a wonderful Thanksgiving with family and friends, and didn’t eat too much.

I especially want to thank my board and those who helped make my term enjoyable and easier. Your support, encouragement, and talents, were, and remain, greatly appreciated. I couldn’t have done it without you.

Again, thank you for the experience and opportunity to serve all of you. You are a wonderful group of people with enormous gifts to offer.

If I don’t see you before 2016, I wish you a wonderful Christmas filled with love, joy, and God’s blessings, and healthy, happy New Year.

Daleen

Panera Bread Monday Morning Discussion Group

Dec. 07 ~ Carol O’Brien
Dec. 14 ~ Anne Kuntz

Reminder: There are no Panera Discussion Group programs scheduled after December 14.

The Panera Discussion group will resume in March, 2016.
(1T, 2F, 3F, 4F, 5T, 6F, 7F, 8F, 9F. hint: It’s a riddle pattern)

BIRTHDAYS!

Dec. 16~ Ben Hanhilammi
Dec. 20~ Marilyn Mallow
Dec. 22~ Dorothy Hall

May you always have joy in your heart, love in your life, and peace in your soul.
Upcoming Events

William Street Methodist Church:
December 4 and 5: William Street Methodist Church (in connection with the Common Ground Free Store) will be hosting their Annual Free Christmas Holiday Celebration with Santa, presents, food, fun, laughter, and most importantly, love, for all the disadvantaged families in Delaware.

Everything they give is freely given as is God’s love. It ensures all children ~ and families ~ have a present to give, a present receive, and the knowledge God’s love, and family love is shared with everyone.

Donations of new, unwrapped gifts for babies all the way through adults will be needed to fill the tables for shopping.

Many local Girl Scout Troops will be filling stockings to give to the children after their photo time with Santa, and Shanahan Middle School will deliver their coat & boot drive donations to help with cold winter necessities!

Please don’t forget to bring your holiday gift donation to our Christmas party. Sheri and Doug will take them to Williams Street Wednesday after our luncheon.

SourcePoint:
December 1: The Second Annual Tree of Lights program culminates Tuesday, December 1 with the Special Lighting Ceremony 6:30-7:30 to honor and remember those you love with a somber and moving program offering a pastoral message and light refreshments.

You may designate and purchase special lights that will shine brightly throughout the month of December by contacting the front desk at the SourcePoint Center or through MySourcePoint.org/treeoflights.

Your gift to the Tree of Lights Ceremony recognizing the special people in your life goes to support programs and services to people 55 and older in Delaware County.

December 16: The spectacular Christmas Holiday Buffet is available from 5 to 7 pm. Cost is $15.00 for adults, $7.00 for children 6 to 12, and free for children under 6.

Reservations are required. Contact the front desk or call (740) 203-2356.

Gift certificates are also available.
Proceeds benefit Meals on Wheels and other vital services in Delaware County.

Gillie Dance
December 5: The “Rockin the Holidays Dance Party” featuring the Gas Pump Jockeys & Michael Rose is guaranteed to be an evening filled with fun, fellowship, food, showmanship, and dancing. Doors open at 5:00 pm with line dancing available from 5:30 until the Ballroom Exhibition at 6:30.

The Gas Pump Jockeys & Michael Rose stage show starts @ 7:00 pm. Tickets cost $12.00. They can be purchased at 614-645-3106, www.MichaelRoseMusic.com

December 16: Join in the fun of an old fashioned Santa Sock Hop at the Gillie 50+ Center Dance Studio, 5100 Morse Center, Columbus, 43229 at 6pm. December 16.

Music you remember, memories of years past, and fellowship with your generation is guaranteed. Cost is $4.00 payable at door.

For more information Call (614) 645-3106.

A Place of Warmth:
December 3: Zion United Church of Christ, 51 West Central Avenue is having “A Place of Warmth” training session for volunteers who wish to help community organizations collectively solve the problem of no place for the homeless men of Delaware to go when temperatures drop below 20 degrees on Thursday, December 3, from 6:30-7:30. For more information, or to volunteer, call (740) 363-5000, www.connectionsvolunteercenter.org

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Oh Lord, Our lives have been blessed, dreams unfolded, and hearts filled with joy. You have given us so much. Help us share, willingly and abundantly our blessings and gifts with others still hurting, searching, and seeking, the love and promise your birth was sent to fulfill.
**Medically Speaking**

Have you had your flu shot for this year yet? Every year in the United States alone, there are more than a billion cases of the common cold medically reported, and more than 200,000 people hospitalized with the resulting flu complications...and the numbers are increasing yearly.

Our parents had many remedies for avoiding getting sick and catching colds. Below are nine remedies many people still believe and practice today.

Tis the season ~ the “sneezing” season! See how well you do on this true or false quiz about ways to avoid getting sick this winter.

1. You can avoid colds and flu by staying away from people who are coughing and sneezing.
2. You should feed a cold and starve a fever.
3. Going out in cold and/or icy weather leads to colds.
4. Getting the flu vaccine can give you the flu.
5. You are more susceptible to colds and flu if you are under stress.
6. If you get the flu the only treatment is fluids and bed rest.
7. If you were vaccinated late in the season, or had the flu last year you are still immune.
8. When you sneeze of cough, you should cover your nose and mouth with your hands.
9. Chicken soup can relieve cold symptoms.

(Answers appear in the newsletter. Clue: There are more false than true answers. )

**Food* for Thought**

**Coffee and friends make the perfect blend**

Editor’s note: As most of you know this is my last newsletter. I thank you for the honor, obligation, and privilege(?) of the last almost six years. I have learned to pace myself, multi-task, prioritize, work under stress, wake alert in the middle of night thinking of what I overlooked and taking care of it now~ even if it goes into the next day. I have also reinforced what I knew at 16 and 17. *I am not, nor can ever be, a typist of worth.*

Most importantly, I know what I do (did) is because of you. You have enriched and blessed my life. You’ve given me more than I’ll ever be able to give you. Please indulge me one last time as I leave you with this poem by Steven Michael Schumacher, and my favorite daily prayer. They express more what you are to me than I could ever say or show. Sheri )

**I Hope Life Treats you Kindly**

I hope life treats you kindly, Throughout your earthly days, And the sun is warm and bright, As you journey on your way. May you find true happiness, Contentment and peace of mind, By treasuring life’s blessings, Leaving its sorrows behind. May you look ahead with hope To the joy God has prepared, And know that He is with you, Both always and everywhere

I said a prayer for you today, I know God must have heard. I felt the answer in my heart, although He spoke no word. I didn’t ask for wealth or fame; I knew you wouldn’t mind. I asked Him to send treasures of a far more lasting kind. I asked that He’d be near you at the start of each new day, to grant you health and blessings and friends to share the way. I asked for happiness for you in all things great and small. But it was for His loving care I prayed the most of all.

**Merry Christmas!** May you always feel God’s love, know his promise, and have faith in his presence.
Officers for 2015

President ........... Daleen Dotson
Vice President ............ Sara Worman
Treasurer................... Bob Dotson
Secretary.................... Connie Kimmins

Committee Chairs for 2015

Program………………. Sara Worman
Newsletter ........ Sheri Scott
Cards………………… Carol Norman
Parliamentarian ………… Rebecca Deppe
Coordinator, Coffee & Punch…. Margaret Dronsfield
Prizes…………………… Roy Wilson