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Dr. Sara R. Helfrich holds the B.A. in Elementary Education/Moderate Special Needs and Psychology and the M.Ed. in Special Education from Boston College. She also holds the Ph.D. in Reading Education from the University of Pittsburgh. Dr. Helfrich is an assistant professor of Reading Education and currently serves as the coordinator of the Reading Education program in The Patton College. Her research interests relate to teacher preparation programs (literacy emphasis), in-service teacher self-efficacy, and K-3 literacy instruction.

Most Recent Publications:

Helfrich, S.R. & Smith, W.E. (2012). Transitioning online: Moving a graduate reading program online while continuing to maintain program rigor and meet standards. In L. Martin, M. Boggs, S. Szabo, & T. Morrison (Eds.), *Association of Literacy Educators and Researchers Yearbook: The joy of teaching literacy (Volume 34)*, (pp. 105-119). Association of Literacy Educators and Researchers: Texas A&M Commerce.

Helfrich, S.R. (2012). Incorporating tutoring experiences in teacher education: Benefits to pre-service teachers and suggestions for teacher educators. *Journal of Reading Education, 37(3)*, 40-48.

Helfrich, S.R. & Bosh, A.J. (2011). Teaching English language learners: Strategies for overcoming barriers. *The Educational Forum, 75(3)*, 260-270.

Helfrich, S.R. & Bean, R. (2011). Beginning teachers reflect on their experiences being prepared to teach literacy. *Teacher Education and Practice, 24(2)*, 201-222.

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